

ANNUAL REPORT 2014



Dear Friends:

Welcome to the AHM Youth and Family Services Annual Report. This document is produced each year to provide a snapshot of our Youth Service Bureau and Family Resource Center departments.

If you are interested in learning more about AHM, please visit us online at www.ahmyouth.org. To stay up to date on special events, please "Friend" us on [Facebook](#).

For the past thirty one years, our organization has served thousands of local children, teens, and adults through a comprehensive system of locally based mental health, juvenile justice, youth and family development programs. AHM is a regional non-profit organization that serves the communities of Andover, Columbia, Hebron and Marlborough. We have many community partners from municipal governments to the local schools, to the Connecticut State Police, Faith, Civic and Business communities. If you would like to learn more about AHM or to simply talk about ways you might get involved as a volunteer or supporter, please give us a call at 860-228-9488.

Joel I. Rosenberg

AHM's Executive Director, 1984-Present

6,109 visits

466

Intervention

Individual and Family Therapy	<u>113</u>
Juvenile Review Board	<u>24</u>
Psychiatric Evaluations	<u>15</u>
School Based Group Counseling	<u>65</u>
School Based Individual Counseling	<u>249</u>

3,725

Prevention

FRC Play and Learn**	<u>124</u>
FRC KinderRHAMA	<u>22</u>
FRC Home Visits**	<u>54</u>
FRC Field Trips and Family Events**	<u>629</u>
FRC Mentoring**	<u>66</u>
FRC Home Alone	<u>31</u>
Internet Safety Presentations	<u>459</u>
Parent /Community Presentations	<u>962</u>
Social Skills Classes	<u>773</u>
Sulicide Prevention Presentation	<u>403</u>
Take Back Event	<u>202</u>

** represents programs serving children and adults together

1,918

Positive Youth Development

CHORES and TASKS Work Programs	<u>79</u>
Elementary Leadership Programs	<u>76</u>
Freshman Orientation	<u>267</u>
Girl Power Camp	<u>16</u>
Peer Helpers	<u>44</u>
Power of Words	<u>662</u>
Project Graduation	<u>173</u>
7 th Grade Team Building Day	<u>274</u>
Summer Youth Theater	<u>60</u>
Teen Center	<u>267</u>

What We Did

Exceeded Fund Development Goals

- AHM's financial stability is the direct result of a "rock solid" base of support from our partnerships with local municipalities, service to our local schools and the contributions of the local business, faith and civic communities combined with investments from private and corporate foundations, (our organization has never been stronger).
- The AHM staff and board always have maintained the highest ethical standards when it comes to financial resources, (spending and generating revenue).
- We take seriously the public's trust and confidence in our ability to manage funds.
- It is that strong community partnership between the municipal and educational communities and AHM that directly impacts our success of service to local residents.
- Even with the economic challenges that continue to impact our State, AHM exceeded expectations in new and existing grants, fundraisers, private contributions and a number of new legacy contributions to the AHM Children's Trust Fund endowment, including the creation of a unique Community Mental Health Fund to assist local children and families.

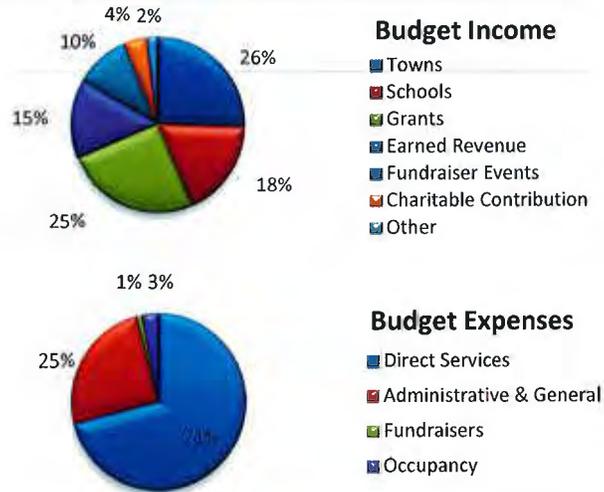
Developed New Programs and Events

- AHM staff and community partners have introduced a number of new and innovative programs, from the expansion of a Suicide Prevention Training project, in partnership with the Jordan Porco Memorial Foundation, to the application, this year, of new Juvenile Review Board and Drug Free Community Grant Initiatives.
- Our Drug Task Force, in partnership with the DEA and Connecticut State Police, once again broke a new record by collecting and incinerating, in excess of 1200 pounds of over the counter and prescription medications during a four year span as part of the Take Back event.

On the Horizon...New Technical Infrastructure

Through the past generosity of the Hartford Foundation for Public Giving, AHM is once again applying for a grant to incorporate new technology into daily work practices. Past innovations included a new website, creation of a new financial accounting and fundraising system, integration of a new client billing and data tracking system.

2013-2014 Financial Income and Expense Budget \$1,101,358



What We Do Best

- Our focus continues to be the "whole child" from birth through high school graduation, beginning with the Family Resource Center acting as a "service bridge" for families.
- Our service delivery follows families during the transition from Pre-Kindergarten to Elementary, Middle and High School.
- What worked thirty one years ago still works today. AHM's time tested mission that we have consistently followed focuses on the provision of mental health, juvenile justice, family development, positive teen development and prevention programs/services.

Upgraded Our Facility

In the past two year, AHM incorporated cost effective green energy projects (solar and lighting). Our next initiative will involve a university research project to improve acoustics in the Performing Arts Hall.

A Seasoned and Well Respected Staff

AHM staff members are among the most dedicated and highly skilled you will find anywhere. Foremost the AHM staff care about the welfare of local children. Our direct service staff are professionally trained with degrees in mental health, social work, public health and education.

What We Hear

"He's sort of like a dad to me since my dad passed away...or a big brother. Everyone should know about this program...it's great"

A mentee in the Lanterns Mentoring program.

"My wife and I would be lost without the Chores program as we both have very high needs, and some things we are just unable to do on our own."

Seniors involved in the Chores program



"The Power of Words taught me to be considerate of others, because you have no idea what they might be going through." "I learned that the smallest thing you say can change a person's day- positively or negatively".

Students involved in the Power of Words program

"It has been a wonderful, nurturing experience and provided such a safe and loving environment that my daughter was able to grow and develop more than she would have otherwise"

Parent of a child in a Family Resource Center program



"There are many opportunities in our community for participation in athletics but this is the only opportunity for theater. It provides an artistic outlet and teaches many life skills. "

Member of the audience at Summer Youth Theatre

"I think coming here every week is the BEST part of the school year!"

Elementary student participant in a support group

"Being involved as Youth Directors on the Board of a non-profit is a once in a lifetime opportunity. The staff and volunteers work tirelessly to provide local residents with a safe and secure environment. AHM is proof that when people become active in society, great things can happen."

Youth Directors, AHM Board of Directors



Support Us!

The majority of Youth Service Bureaus in Connecticut are structured as municipal departments. AHM on the other hand is a regional non-profit organization. There are advantages to both systems. For our communities, having a Youth Service Bureau and Family Resource Center as part of a regional non-profit organization allows for many opportunities to pay for programs and services without only relying upon tax dollars. As a non-profit, AHM has been awarded many private, corporate, state, and now federal grants to help introduce and maintain high quality community-based services. Since 1984, this growing relationship, which AHM has developed with its many partners, has leveraged millions of dollars in cost savings on behalf of our communities.

Connect with Us

Connect with us and stay on top of all that we have to offer!

Like us on Facebook!

www.facebook.com/AHMYouth

Visit our *NEW* website and subscribe to receive information on our programs and events!

www.ahmyouth.org

Give us a call!

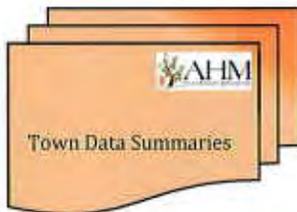
(860) 228 – 9488

We are located at:
25 Pendleton Drive
Hebron, CT 06248



Thanks to Our Supporters

In any given year, roughly 50% of AHM's budget comes from private donations, grants, and fundraisers. The importance of local contributing support from individuals, businesses, civic and faith groups cannot be overstated. **Thank you to all of our volunteers and donors who have supported the work and mission of AHM this past year. We couldn't have done it without you!**



Want to See More Information?

Individual Town Data Summaries are available upon request.

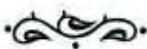
The mission of AHM is to: “provide mental health and positive youth development services that assist children, young people, and their families in creating a supportive and caring environment, for them to reach their maximum potential as members of society.”

Data compiled by Peggy Tunick, Data and Research Consultant

Annual Report created by:

Erin Pace, Member of AHM Board of Directors

Lisa Reeve, AHM Office Manager



AHM's Board of Directors

Executive Board of Directors

President..... Kristen Kania
Vice-President..... William Sudol
Treasurer..... Brendan Shea
Recording Secretary..... Erin Pace
Corresponding Secretary..... Joleen Yorio
Immediate Past President..... Peter Yorio

Directors

Paulette Adams	Brenda Bula
Kay Corl	Denise Esslinger
Brian Keldsen	Robln Lane
Robert McBair	Denise Morell
Carla Pomproicz	Nichole Sun
Jeanne Worthen	

Youth Directors

Katelyn Donahue	Aidan Kallisher
Olivia Kurtz	Samuel Rudolph

AHM's Staff

Administration

Executive Director Joel I. Rosenberg
Director of Finance & Operations Nella Stelzner
Program Director Michelle Hamilton
Data and Research Consultant Peggy Tunick

Administrative Support

Office Manager..... Lisa Reeve
Receptionist & Clinical Assistant Katherine Graham
Fundraising Associate Tonja Russo
Technology Consultant Sarah Ekvall
Part-time Administrative Support Staff:
Laureen Davids, Elizabeth Gonzales, Edie Hurst, Diane Kane,
Kelly Kulow, Patricia Wark

Clinical Program

Clinical Coordinator Sandra Plummer
Psychiatrist..... Dr. Osman Qureshi
Clinical Social Worker Lauren Morris
Clinical Social Worker Holly Wells

Family Resource Center

FRC Program Coordinator Rebecca Murray
Parent Educator Laurie Larsen
Mentoring Facilitator..... Laurie Larsen
Play & Learn Assistant Leslie Capozza
Preschool Teacher Cari Duigou
Preschool Teacher Heather Holbrook

Student Support Services

Andover Elementary School..... Cheri Rivard-Lentz
Elmer Thienes Elementary School Sabena Escott
Elmer Thienes Elementary School Michele Thorn
Gilead Hill Elementary School Sabena Escott
Hebron Elementary School..... Sabena Escott
Horace W. Porter School..... Cheri Rivard-Lentz
RHAM Middle School..... Aquila Beach
RHAM High School..... Bevin Perry

Other Programs

Summer Youth Theatre

Theatre Director Mary Rose Meade
Associate Producer Michele Francoeur
Assistant Director Jeffrey Jacques
Musical Director Anthony Pandolfi
Lighting & Sound Designer Matthew Troy

Fundraising Committees

Auction Committee

Joel Rosenberg - Chairman		
Paulette Adams	Katherine Graham	Gail Hughes
Laurie Larsen	Dominic Marino	Patricia Morency
Lauren Morris	Rebecca Murray	Carla Pomproicz
Lisa Reeve	Cheri Rivard-Lentz	Tonja Russo
Nella Stelzner		

Golf Tournament Committee

Joel Rosenberg - Chairman		
Paulette Adams	David Armata	Jennifer Armata
Todge Armata	Jim Celio	Gary Cyranowicz
William Garrison	Kenneth Houston	Spike Houston
Scot Kauffman	Tracy Kauffman	Joseph Krist
Sean Petersen	Lisa Reeve	Tonja Russo
Nella Stelzner	William Sudol	Nichole Sun
Clyde Washburne		

Telethon Committee

Joel Rosenberg - Co-Chair		
Nella Stelzner - Co-Chair		
Brenda Bula	Kay Corl	Erin Pace
Lisa Reeve	Tonja Russo	Nichole Sun
Joleen Yorio	Peter Yorio	

Building Committee

John Corl - Chairman		
Nella Stelzner	William Sudol	Peter Yorio

Planned Giving Committee

Kay Corl - Chairwoman	Advisor - Apex Investment Services	
Steve Beauchene	Joseph Canino	Atty. William Dakin
Christopher Hall	Kristen Kania	Robert McBair
Joel Rosenberg	John Soderberg	Nella Stelzner

Prevention Services

Juvenile Review Board

Francis Carino - Chairman		
Aquila Beach	Carri-Ann Bell	Penny Bryzgel
Sarah Costa	Kevan Dantzler	Dawn Davis
Tpr Gregory DeCarli	Tpr Benjamin Dodge	Tpr Jeffrey Dunshee
Sabena Escott	Tpr Kyle Fitzgibbons	Tpr Daniel Greenwood
Stephanie Juber	Holly Maiorano	Denise Morell
Thomas Mueller	Tpr Robert O'Connor	Bevin Perry
Cheri Rivard-Lentz	Joel Rosenberg	Richard Szegda
Karley Watkins		

Drug Task Force

Suzanne Donahue - Chairwoman		
Aquila Beach	Cari-Ann Bell	Sheila Boushee
Penny Bryzgel	Amy Campbell	Dawn Davis
Tpr Gregory DeCarli	Dr. Tatyana Divino	Tpr Benjamin Dodge
Katelyn Donahue	Sabena Escott	Laurence Fearon
Tpr Kyle Fitzgibbons	John Gasper	Marisa Giannela-Porco
Tpr Daniel Greenwood	Alyssa Gwinnell	Kim Hills
Kim Kelley	Michael Kenyon	Olivia Kurtz
Kelley Lafleur	Scott Leslie	Melisa Luginbuhl
Jonathan Luiz	Andrew Maneggia	Joshua Martin
Annette Morrison	Tom Mueller	Gayle Mulligan
Ashley Murphy	Jeffrey Newton	Father Everett Perine
Bevin Perry	Cheri Rivard-Lentz	Joel Rosenberg
Lisa Seethaler	Robert Siminski	Bonnie Smith
Michele Thorn	Daniel White	