

# Columbia Commission on Aging

May 28, 2014

## Minutes

Attended: Maureen Allen, Paula Cahalan, Margie Golden-Mossberg, Millie Ramsey, Cathie Rowe and Bernadette Derring.

### Discussion:

1. Discussed the conference that Maureen, Paula and Cathie attended. Agreed that the conference was geared more towards agencies that care for people with disabilities. The information about new technology available that might help homebound seniors and their families was noted as valuable.
2. The board asked Bernadette to get the number of people 60 years old and beyond that live in the Columbia. Currently 364 belong to the senior center.
3. Board members divided the list of people that are on the "living alone list" provided by the fire department?
4. It was decided to make phone contact with those on the list and later plan a home visit if appropriate in order to give an information packet, a flashlight (with funds donated by the Lions Club) and possibly a small gift basket.

The information packet should include tax assistance information, dial-a-ride, grocery delivery information (Pea Pod), Mobile food share information, Senior Center Meal Schedule, medical information magnet, Food pantry information. Also discussed was making a form with contact information that they can have with their medical information magnet. If a home visit is appropriate, to help them fill out the forms if they need it.

5. We also discussed getting green house numbers from the fire department to put on their mailboxes.

Received: July 14, 2014  
At 3:19  
Attest: Robin M. Benefield  
Town Clerk/Assistant Town Clerk