

COLUMBIA COMMISSION ON AGING
Minutes for 1/27/16

Meeting called to order at 9:10 AM

MEMBERS PRESENT: Chairwoman Cathie Rowe, Millie Ramsey, Edith Prague, Lyn Buonocore, Jill Livingston, Maggie Ewald, Paula Cahalan.

MINUTES WERE READ: Accepted by Millie Ramsey and seconded by Maggie Ewald

OLD BUSINESS:

Bernadette Derring presented on activities within the Senior Center.

1. Planning to have round table discussions seniors who plant within the town gardens. Talks will be lead by Bob Okus. Possibly these could lead to a long term ongoing program.
2. Computer classes at the Senior Center are starting Feb 8th, 1 PM to 2:30 PM.
3. Homebound Senior Resources has request to ride along when meals are delivered to shut-ins on the meal program. The representative would like to discuss with clients their concerns and difficulties with being homebound.
4. AARP is offering free assist with preparing taxes at the Beckish Senior Center from 9 AM to 2 PM on Feb 3, Feb 17, March 2, and March 16. Seniors can call to make appts.

CONA has received a 500 dollar check from Columbia Lions Club for File of Life refrigerator magnets. The check will be used to purchase 550 magnets. Lyn Buonocore will pick the magnets up and deliver them to be stored at the Senior Center. Next CONA meeting the group will discuss how to distribute the magnets

NEW BUSINESS:

- Cathy and Maggie reported on Livable Community Webinar that they had recently attended. Much of the information they obtained was in reference to planned communities.
- Printing and mailing of town news letter for March 15th. CONA would like to include a request that if any Columbia resident has a concern they would like CONA to address to please get in touch with one of the committee members or contact Bernadette.

- Edith discussed a program (RUOK) which has been used successfully in other towns in which individuals sign up to be called daily to check if they are okay. If there is no response after 2 attempts to reach the person, an emergency response would be called.
- Maggie Ewald volunteered to write a monthly update column to be placed in the *GEM*.

OTHER BUSINESS:

Recently there was a request from a resident of a neighboring town, if he could borrow one of the 3 Ipads which are stored at the Senior Center and were designated for use by Columbia residents. It was decided that the Ipads should only be lent out to Columbia residents since that was the intention of their use.

Meeting was adjourned at 10:10 AM.

Next meeting scheduled for February 24, 2016

Notes submitted by Lyn Buonocore