REGULAR MEETING AGENDA COLUMBIA BOARD OF SELECTMEN

Tuesday, December 19, 2023 7:00 PM

Adella G. Urban Administrative Offices Conference Room & Virtual 323 Route 87, Columbia, CT

Beverly Ciurylo is inviting you to a scheduled Zoom meeting.

Topic: Board of Selectmen Meeting

Time: Dec 19, 2023 07:00 PM Eastern Time (US and Canada)

Join Zoom Meeting: https://us02web.zoom.us/j/89324824747

Meeting ID: 893 2482 4747

One tap mobile +16469313860,,89324824747# US

Dial by your location • +1 646 931 3860 US

Find your local number: https://us02web.zoom.us/u/kcTePH9JaK

This is a hybrid public meeting. The public can attend in-person or electronically. The information provided in this agenda contains the link to access the meeting electronically.

The public may view the video recording of the meeting on YouTube at "Town of Columbia, CT" Please allow approximately 48 business hours after the meeting for the video to be published.

For public input before the meeting, please email your comments to PublicInput@columbiact.org prior to 24 hours before the meeting.

CALL TO ORDER:

will be held both in-person and virtual. This session is being both video and audio recorded. Board members and staff who are joining virtually will generally remain on mute except when speaking or voting and will generally be keeping video of themselves on throughout the meeting. If a member of the public joining virtually creates an audio or video disruption, they may be manually ejected from the meeting upon recommendation of staff or the First Selectman. If attending virtually, public comments during the meeting can be submitted through the "Chat" feature in or wave your hand and request your mic to be un-muted. PLEASE INCLUDE IN BOTH METHODS YOUR NAME AND ADDRESS.

2. PLEDGE OF ALLEGIANCE:

3. APPROVAL OF AGENDA:

4. APPROVAL OF MINUTES:

4.1 BOS Regular Meeting Minutes November 21, 2023.

5. AUDIENCE OF CITIZENS:

6. OLD BUSINESS:

6.1 Lake Management Advisory Commissions Proposed Updates to Lake Town Ordinances.

7. NEW BUSINESS:

- 7.1 Set Tri-Board Meeting (Board of Selectmen, FiPAC, Board of Education) for Wednesday, January 17, 2024 at 7:00PM.
- 7.2 Approval of the FY 24-25 Budget Process Calendar.

8. COLUMBIA LAKE / DAM / BEACH:

- **8.1** Application to replace dock and seawall for Karen Lewis, 214 Route 87, Columbia, CT.
- 8.2 Application to repair steps for Rusell Inzinga and Joan Inzinga, 12 & 15 Colins Rd., Columbia, CT.
- **8.3** Application for a new dock for Christopher Wante, 146 CT Route 87, Columbia, CT.

9. APPOINTMENTS / RESIGNATIONS:

- 9.1 Cindee Latko, Payroll Specialist, Completion of 6-month Probation.
- 9.2 Resignation of Gail McGrath as Assistant Town Clerk.
- 9.3 Appointment of Karen Butzgy to Assistant Town Clerk
- 9.4 Resignation of Fred Bednarcyzk, Highway Maintainer for DPW.
- 9.5 Resignation of Jon Dilworth as an Alternate on the Inland Wetlands and Watercourse Commission and Appointment as a full member of the Inland Wetlands and Watercourse Commission.
- **9.6** Resignation of Dave Holcroft from the Inland Wetlands and Watercourse Commission.

10. TOWN ADMINISTRATOR REPORT:

- 10.1 EV Chargers Update
- 10.2 Submitting HVAC Grant
- 10.3 Lake Gate Repair Update
- 10.4 Rec Park Winter Wonderland
- 10.5 Furniture Donation from RJS Associates
- 10.6 Newly Elected Officials Training

11. CORRESPONDENCE:

- 11.1 State Police Monthly Report for November 2023.
- 11.2 AHM Program Report for November 2023.

- 12. BUDGET:
- **12.1** Transfers:
- 12.2 Refunds:
- 13. APPROVE PAYMENT OF BILLS:
- 14. AUDIENCE OF CITIZENS:
- 15. BOARD MEMBER COMMENTS:
- 16. EXECUTIVE SESSION: Real estate per State Statutes Section 1-200(6)(D); Pending Litigation per State Statutes Section 1-200(6)(B); Personnel per State Statues Section 1-200(6)(A).
- 16.1 Legal: Pending Litigation
- 17. ADJOURNMENT:

REGULAR MEETING MINUTES COLUMBIA BOARD OF SELECTMEN

Tuesday, November 21, 2023 7:00 PM

Adella G. Urban Administrative Offices Conference Room & Virtual 323 Route 87, Columbia, CT

Members Present: Steven Everett, First Selectman; Judy Ortiz, Deputy First Selectman; William O'Brien, Selectman; Christipher Lent, Selectman.

Members Absent: Lisa Napolitano, Selectman.

Also Present: Mark Walter, Town Administrator; Mike Gnazzo, Chairman of LMAC; Mary Roickle, LMAC; Phyllis Dunn; LMAC, Henry Beck, LMAC.

Also Present Remotely: Bob Powell, LMAC; Barbara Wilson, Interim Acting Superintendent; Beverly Ciurylo, Finance Director.

CALL TO ORDER: S. Everett called the meeting to order at 7:01 pm.

- 1. RULES OF CONDUCT FOR HYBRID VIRTUAL MEETING: S. Everett read the rules of conduct for a hybrid virtual meeting.
- **2. PLEDGE OF ALLEGIANCE:** The Pledge of Allegiance was recited.
- **3. APPROVAL OF AGENDA:** S. Everett MOVED to Amend the Agenda and Add 16.1 Legal under Executive Session. MOTION CARRIED 4.0.
- 4. APPROVAL OF MINUTES:
- **4.1 BOS Regular Meeting Minutes November 14, 2023.** S. Everett MOVED to Approve the BOS Regular Meeting Minutes for November 12, 2023. MOTION CARRIED 4.0.
- 5. **AUDIENCE OF CITIZENS:** None.
- 6. OLD BUSINESS:
- **6.1 Lake Management Advisory Commissions Proposed Updates to Lake Town Ordinances.** Discussion involved the clarification and update on the grandfather clause, enforcement of penalties, the application of the "reckless and unsafe" standard, and use of drones.
 - S. Everett asked if anyone is currently using a boat or watercraft on the lake, does this then mean that it's grandfathered forever.
 - H. Beck, 41 Sleepy Hollow Rd., Attorney with Halloran & Sage, and member of LMAC said that currently in the draft there is a blank to put in the number of years. He said it is all right to have an ordinance that makes it applicable

immediately, but then accepts certain circumstances that have existed for a period of time and allow them to continue for some reasonable period of time.

H. Beck said the reason to do this is to guard against the concept of unjust taking of somebody's property by a government because of the fact that suddenly they go from being able to use their property to not being able to use their property. H. Beck said research could be done to determine the length of time that is appropriate (6 to 8 months), or the Board of Selectmen could determine that it's for as long as a particular owner wants to own the boat and maintain it.

Enforcement of penalties: The First Selectman position is considered the 'police chief' position, and they should be involved in penalty decisions. S. Everett explained we do have a Citation Hearing Officer if a person wishes to address any recourse.

- S. Everett read the answer on what is considered reckless or unsafe. The application of the "reckless and unsafe" standard generally is viewed as leaving some discretion with the enforcement authority to determine based on the circumstances of each incident.
- H. Beck explained that recklessness is an imprecise standard which allows discretion on behalf of the reviewing authority to determine what conduct amounts to a violation. Generally, recklessness means the creation of a substantial and justifiable risk of harm, and it requires conduct demonstrating a conscious disregard or indifference to such risk.

Connecticut motor vehicle statutes do not define reckless driving. The Supreme Court of Connecticut has held that recklessness in the operation of a motor vehicle requires the conscious choice of action either with knowledge of the serious danger to others involved or a knowledge of facts which would disclose this danger to any reasonable person.

- H. Beck said it is a fairly high standard, but it does give discretion in this instance the First Selectman determines whether it arises to such a level that it's in the public interest that the citation be issued.
- S. Everett asked about the use of drones and asked for clarification on how they would enforce this.
- M. Roickle, 34 Erdoni Road and LMAC member said that we have always prohibited remote-controlled types of water traffic, which we have deemed to be dangerous to public health. She said that on DEEP's website information is provided on the use of remote-controlled model aircraft or drones and are prohibited at Connecticut State Park or in other lands under control of DEEP unless specifically authorized by the Commissioner. She said, we are suggesting to DEEP that because they manage the waters of all of Connecticut, including Columbia Lake, would they allow the prohibition of drones other than commercially operated. Commercially operated would have to be authorized by the Commissioner.

M. Gnazzo said in order for a commercial drone operator to operate a drone they have to have a license and the FAA has to give them a permit.

Discussion ensued about enforcing the rules on drone use.

H. Beck said this could be amended to read drone use is prohibited without proper authorization.

Discussion ensued about the grandfather clause and how it would affect a houseboat that is currently on the lake. H. Beck explained that he believed that the determination was made that the boat was not a violation of the statute because it was not a houseboat. As long as it remains not a houseboat then it would be grandfathered. If it clearly becomes a houseboat under the new ordinance it would be illegal because it's changed.

- H. Beck said that to get the ordinances ready for next summer it would be helpful to start the informal review with DEEP.
- S. Everett asked LMAC to make the changes and get them back to BOS.
- 6.2 Approval Explanatory Text for the Town-wide informational mailer regarding the HVAC Horace Porter School Project. M. Walter explained that the explanatory text is still being worked on. A postcard was provided to the BOS that will be mailed out to residents to explain about the project.
- 6.3 Legal Notice of Special Town Meeting and Referendum for the Horace W. Porter School Installation, Replacement and/or Upgrading of HVAC System and Indoor Air Quality Improvements.
 - S. Everett MOVED All qualified electors of the Town of Columbia, Connecticut (the "Town") and any other persons entitled to vote upon any of the matters contained in this notice are hereby warned that a Special Town Meeting of the Town is to be held in the Yeomans Hall, 323 Route 87, Columbia, Connecticut on Thursday, November 30, 2023 at 6:30 p.m., for the following purposes:
 - 1. To elect a moderator.
 - 2. To consider and discuss (but not vote on) the following resolution:

RESOLUTION AUTHORIZING AN APPROPRIATION OF \$6,175,000 FOR THE INSTALLATION, REPLACEMENT AND/OR UPGRADING OF HVAC SYSTEM AND INDOOR AIR QUALITY IMPROVEMENTS AT THE HORACE W. PORTER SCHOOL AND THE FINANCING OF SAID APPROPRIATION BY THE ISSUANCE OF GENERAL OBLIGATION BONDS AND NOTES IN ANTICIPATION OF SUCH BONDS IN AN AMOUNT NOT TO EXCEED \$3,396,250

The full text of the foregoing authorizing resolution is on file and open to inspection at the office of the Town Clerk, Town Hall, 323 Route 87, Columbia, Connecticut for the use or inspection of any interested person.

All qualified electors and persons entitled to vote in town meetings of the Town are hereby further notified that pursuant to Section 2.5(a) of the Town Charter, the foregoing resolution is being submitted to the voters at referendum for a "yes" or "no" vote.

The question to be voted upon is as follows:

| I. | "Shall the resolution entitled, 'RESOLUTION AUTHORIZING AN |
|----|--|
| | APPROPRIATION OF \$6,175,000 FOR THE INSTALLATION, |
| | REPLACEMENT AND/OR UPGRADING OF HVAC SYSTEM |
| | AND INDOOR AIR QUALITY IMPROVEMENTS AT THE |
| | HORACE W. PORTER SCHOOL AND THE FINANCING OF |
| | SAID APPROPRIATION BY THE ISSUANCE OF GENERAL |
| | OBLIGATION BONDS AND NOTES IN ANTICIPATION OF |
| | SUCH BONDS IN AN AMOUNT NOT TO EXCEED \$3,396,250', |
| | be approved? |
| | Yes No " |

The ballot label for said question shall read as follows:

| "Shall the Town appr | opriate \$6,175,000 | for HVAC system a | and indoor air |
|----------------------|----------------------|--------------------|----------------|
| quality improver | ments at the Horac | e W. Porter School | and authorize |
| the issuance of g | general obligation b | onds and notes up | to \$3,396,250 |
| to finance said ap | ppropriation? | | |
| Ves N | Vo " | | |

The vote will be conducted on Tuesday, December 12, 2023, during the hours from 12:00 p.m. to 8:00 p.m. at Yeomans Hall, 323 Route 87, Columbia, Connecticut.

Absentee ballots will be available from the Town Clerk's office in accordance with applicable law. Absentee ballots will be counted at the following central location: Yeomans Hall 323 Route 87, Columbia, Connecticut. Voters approving the resolution will vote "Yes" and voters opposing the resolution will vote "No."

3. To adjourn the special town meeting to a referendum vote on the above question to be held on the date, during the time and at the noticed polling place referred to above.

MOTION CARRIED 4.0.

- 7. **NEW BUSINESS:** None.
- 8. **COLUMBIA LAKE / DAM / BEACH:** None.
- **9. APPOINTMENTS / RESIGNATIONS:** None.

- 9.1 Review and Discussion on members terms expiring 11/27/23 on the Inland Wetlands & Watercourses Commission, Inland Wetlands & Watercourses Commission Alternates and Recreation Commission.
 - S. Everett MOVED to Appoint John Allen and Ron Wikholm to the Inland Wetlands & Watercourses Commission and Jon Dilworth as an Alternate to the Inland Wetlands & Watercourses Commission. MOTION CARRIED 4.0.
 - S. Everett MOVED to Appoint Nikki Keldsen and Heather Pekarovic to the Recreation Commission. MOTION CARRIED 4.0.
- **10. TOWN ADMINISTRATOR REPORT:** M. Walter said Gail McGrath has notified the Town that she will be retiring as of February 2, 2024. Gail has been a dedicated and reliable employee for over 12 years. We wish her all the best in her retirement.

CRCOG has been having a lot of meetings defining a strategic playbook on how they can help the towns both small and large. CRCOG has been looking at housing toolkits strategies and HUD financial assistance and a focus statewide on creating housing.

CRCOG is also helping us in purchasing and looking at waste management.

Novus has been working on inventory of every software in our system to make sure there are no access portals.

M. Walter thanked Beverly Ciurylo for all the time she has been putting in to prepare for the audits.

11. CORRESPONDENCE:

- 11.1 AHM Program Report October 2023.
- 12. BUDGET:
- 12.1 Transfers: None.
- **Refunds:** S. Everett MOVED to Approve the Refunds totaling \$909.80. MOTION CARRIED 4.0.
- **13. APPROVE PAYMENT OF BILLS:** S. Everett MOVED to Approve the Payment of Bills Totaling \$43,758.93, consisting of 2023-2024 Regular, Credit Card and Paychex. MOTION CARRIED 4.0.
- **14. AUDIENCE OF CITIZENS:** None.
- **15. BOARD MEMBER COMMENTS:** None.
- 16. EXECUTIVE SESSION: Real estate per State Statutes Section 1-200(6)(D); Pending Litigation per State Statutes Section 1-200(6)(B); Personnel per State Statues Section 1-200(6)(A). S. Everett MOVED to Enter Into Executive Session at 8:01 PM and invite Mark Walter, Town Administrator. MOTION CARRIED 4.0. Executive Session ended at 8:18 pm.

- 16.1 Legal: No Action Taken.
- **17. ADJOURNMENT:** S. Everett MOVED to ADJOURN at 8:19 pm.

MOTION CARRIED UNANIMOUSLY.

Respectfully Submitted by Jennifer C. LaVoie



323 Jonathan Trumbull Highway, Columbia, CT 06237 (860) 228-0110 FAX: (860) 228-1952

OFFICE OF THE TOWN ADMINISTRATOR Calendar of Columbia FY 24-25 Budget Process

| Date | Time | Process |
|-----------------|------|---|
| 12/11/23 | N/A | Budget Forms available to Department Heads and Board Chairs |
| TBD | 7 pm | Tri-Board Meeting between FiPAC, BOE & BOS (Regular FiPAC |
| | | meeting is scheduled immediately following the Tri-Board meeting) |
| 1/10/24 | 4 pm | Deadline for Budget submittals online by Department Heads and |
| | | Board Chairs |
| 1/11/24-1/19/24 | N/A | Town Administrator meets with Department Heads & develops Budget |
| 1/31/24 | 4 pm | Town Administrator delivers budget to BOS |
| 2/06/24 | 7 pm | BOS Regular Meeting – with Review of budget highlights from the |
| | | Town Administrator (tentative) |
| 2/20/24 | 7 pm | BOS Regular Meeting - with Budget Workshop |
| 2/27/24 | 7 pm | BOS Special Meeting – with Budget Workshop (tentative) |
| 3/05/24 | 7 pm | BOS Regular Meeting – with Budget Workshop (BOS Budget |
| | | Approval to go to FiPAC) |
| 3/13/24 | 4 pm | Superintendent and TA deliver Budgets to FiPAC |
| 3/15/24 | 4 pm | Per Charter, last day for BOS & BOE to deliver budgets to FiPAC |
| 3/15/23 | 7 pm | FiPAC Regular Meeting – Budget presentations by Super & TA |
| 3/20/24 | 7 pm | FiPAC Special Meeting – with Budget Workshop |
| 3/27/24 | 7 pm | FiPAC Special Meeting – with Budget Workshop |
| 4/03/24 | 7 pm | FiPAC Special Meeting – with Budget Workshop (tentative) |
| 4/10/24 | 7 pm | FiPAC Special Meeting – with Budget Workshop (tentative) |
| 4/17/27 | 4 pm | Legal Notice for 4/26/23 Public Hearing is posted & published. |
| | | Budget document made available on Website, Town Clerk and Library |
| 4/24/24 | 7 pm | Public Hearing on budget with FiPAC Special Meeting to follow |
| 4/27/23 | 4 pm | Deadline to advertise legal notice and public notice for Budget |
| | | Meeting |
| 5/14/24 | 7 pm | Annual Town Budget Meeting (called by BOS). Per charter must be |
| | | held between 2 nd Tues of May and 1 st . Tues of June |

LAKE MANAGEMENT ADVISORY COMMITTEE

December 10, 2023

Mr. Steven M. Everett First Selectman 323 Route 87, Yeoman's Hall Columbia, CT 06237

RE: Revised Dock Application for Construction of a Structure on or Over Columbia Lake Karen Lewis, 214 CT Route 87, Columbia, CT

In November 2023, the Lake Management Advisory Committee (LMAC) requested that the permit application for the rebuild of Karen Lewis's seawall and dock be revised to include a new dock that would be expanded by two feet in length versus their original request of four feet in length.

At the December 4th IWWC meeting Ms. Lewis submitted a revised dock replacement plan that two additional feet be added on in order to minimize watercraft from hitting the rocky bottom. The seawall and dock was reviewed and approved by the IWWC assuming LMAC agreed with the 2' extension. On December 10th, after reviewing the revised plan, LMAC approved the seawall rebuild and new dock configuration. The new dock's length will be an additional 2' in length for a total of 26'.

Thus, it is LMAC's recommendation to the Board of Selectmen that Karen Lewis's revised dock permit be approved with the following conditions:

- 1. All work will be accomplished after Lake Drawdown beginning on November 3, 2023 and shall be completed prior to the lake re-filling on March 15, 2024.
- 2. No machinery or power equipment will be allowed on the lakebed.
- 3. No substantial materials will be placed on, added to, or removed from the lakebed.
- 4. The applicant will ensure construction of the rebuild will be of sound materials and shall not adversely affect the quality of the Lake water or aquatic life.
- 5. Disturbance to the lakebed will be minimal. No grading or significant excavation shall be allowed.
- 6. Rocks that impede the use of the dock may be moved pending supervision by the Wetlands Agent.
- 7. No electrical lights will be placed on the new dock.

Your consideration in this manner is appreciated.

Respectfully Submitted,

Mary A. Roickle

Mary A. Roickle.

Permit Application Sub-Committee
Lake Management Advisory Committee



TOWN OF COLUMBIA

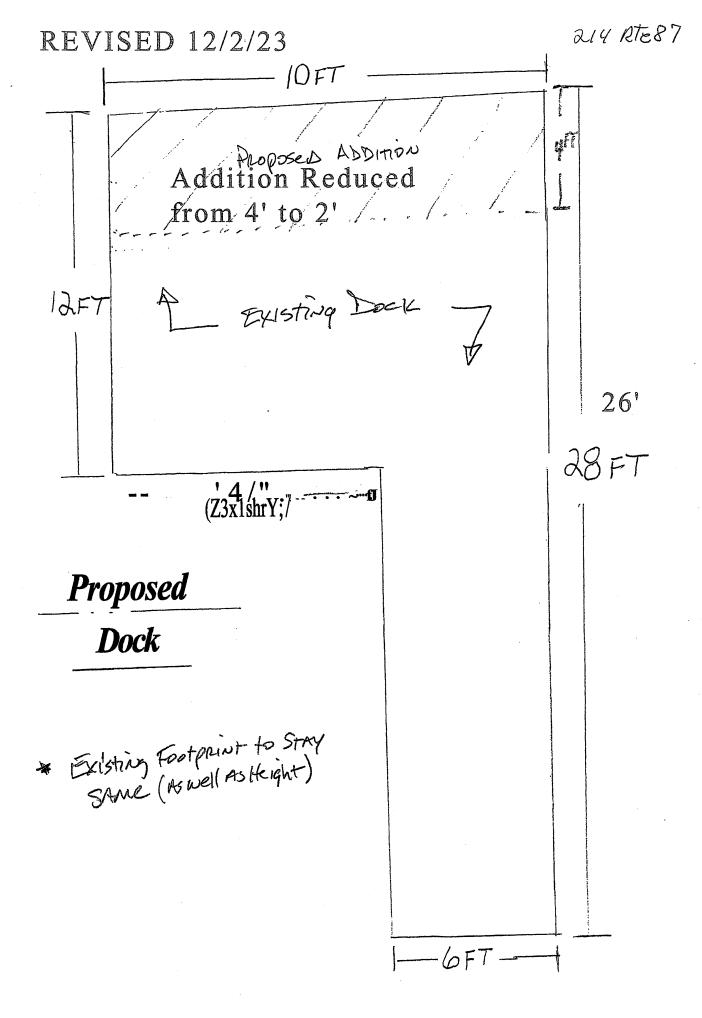
323 Jonathan Trumbull Highway, Columbia, CT 06237 (860) 228-0110 FAX: (860) 228-1952

APPLICATION FOR CONSTRUCTING OR MAINTAINING STRUCTURES AND SHORELINE ON COLUMBIA LAKE

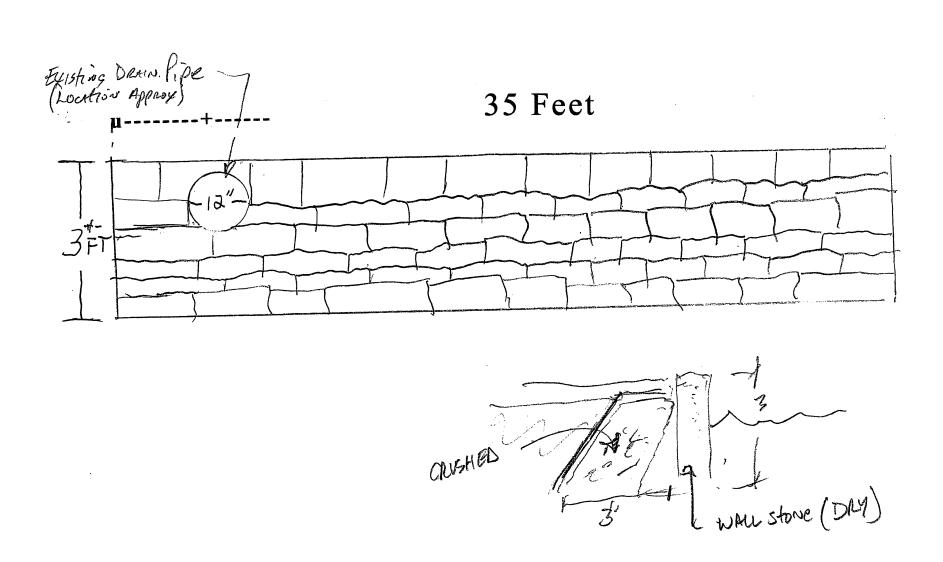
| Date Submitted: 12/2/23 |
|--|
| Complete and return to the Town Administrator |
| Property Owner: Karen Lewis |
| Address: 214 Route 87 Columbia CT 06237 |
| Property Location: On Columbia Lake |
| Applicant if different from owner: |
| Address: |
| Daytime Phone #: 860 377-8566 |
| Structure Information: |
| Proposal is for: New Replacement Relocation Repair Emergency Repair |
| Structure Type(s): Dock Deawall Raft Watercraft Cover Watercraft Lift Shoreline |
| Application must include a sketch(s) of the structure(s) clearly indicating dimensions and placement of the structure in reference to the property and any other previously permitted dock, raft, watercraft covering or watercraft lift, as well as information regarding materials to be used in construction/repair. Supporting information such as maps and pictures are also helpful and may help expedite the process. |
| Notice: |
| The guidelines require one or more abutting property owners to be notified. Proof that proper notice has been given is attached. |
| Note: Applications made by persons other than the property owner must have appropriate status to apply and such application must also be signed by the owner as a co-applicant. All fee-owners and owners of any rights-of-way affected by the application shall join in any application. General or prime contractors must also sign applications in accordance with Article IX, clause a). An owner's signature below indicates approval for the Board of Selectmen or authorized town personnel to visit the applicable property for the purpose of inspection prior to, during and after construction. |
| Owner Signature: Karen Lewis Date: 12/12/2023 (Revised on Application Date: 13/12/2023 (Revised on Date: 13/12/2023) |
| Applicant Signature: Taren Lewis Date: 12/12/2023 Linbaulted |
| Contractor Signature:Date: |

| Selectmen Approval: This application was considered at the Board of Selectmen's meeting held on |
|--|
| and approved, subject to such additional requirements as are attached, if any. |
| Permission by the Board of Selectmen to construct, repair, relocate or remove, on, in or above the lake bottom of Columbia Lake shall not relieve the applicant from obtaining other required approvals. Selectmen approval is conditioned upon the applicant's obtaining all other required approvals and any Selectmen approval shall not require or influence eventual approval by other officials. |
| Approved:Date: |
| Authorized Selectman |
| LMAC Review: |
| Pre-construction review has been completed and LMAC recommendations provided to the applicant, the Board of Selectmen and any abutting property owner required to receive notice. |
| Date: |
| Authorized LMAC Member |
| All construction phase inspections have been satisfactorily completed. |
| Date: |
| Authorized LMAC Member |
| Post construction phase inspection has been completed. The result is in compliance with the approved application. |
| Date: |
| Authorized LMAC Member |
| |
| |
| Revised: 4/1/97, 12/01, 09/03, 10/03, 07/19, 08/20 |

s;\selectman\mark walter\lmac\standard guidelines & application for construction on columbia lake\application for constructing or maintaining structures and shoreline on columbia lake_final.docx



Lake Wall Natural Stone - Dry Laid



LAKE MANAGEMENT ADVISORY COMMITTEE

December 10, 2023

Mr. Steven M. Everett First Selectman 323 Route 87, Yeoman's Hall Columbia, CT 06237

RE: Application for Construction of a Structure on or Over Columbia Lake - Sleepy Hollow Right Away Stair Repair; Russel & Joan Inzigna, 12 & 15 Collins Road, Columbia, CT 06237

In November 2023, The Inzigna's applied for a permit to repair 2 concrete steps that are located at the Right of Way between 41 and 43 Sleepy Hollow Road.

The Permit Subcommittee on the behalf of the Lake Management Advisory Committee reviewed the application, the proposed scope of work and determined it was a needed and minor repair. The proposed work involves the repair of cracks in the top two stairs of the existing concrete stairs. The configuration and location of the existing concrete stairs will remain. There is no lakebed intrusion in this repair. The Inzigna's are having a certified mason repair the stairs.

According to the Standards for Granting Permission for the Construction of Structures on Columbia Lake (Lake Guidelines), the repair of the existing stairs is needed and acceptable.

After review, it is the recommendation of LMAC to the Board of Selectmen that this permit be approved with the following conditions:

- 1. All work will be accomplished after Lake Drawdown beginning on November 3, 2023, and shall be completed prior to the lake re-filling on March 15, 2024.
- 2. No machinery or power equipment will be allowed on the lakebed.
- 3. No substantial materials will be placed on, added to, or removed from the lakebed.
- 4. The applicant will ensure construction of the repairs will be of sound materials and shall not adversely affect the quality of the Lake water or aquatic life.
- 5. Disturbance to the lakebed will be minimal. No grading or significant excavation shall be allowed.
- 6. No electrical lights will be placed in the repaired concrete stairs.

Your consideration in this manner is appreciated.

Respectfully Submitted,

Mary A. Roickle

Mary A. Roickle.

Permit Application Sub-Committee Lake Management Advisory Committee



TOWN OF COLUMBIA

323 Jonathan Trumbull Highway, Columbia, CT 06237 (860) 228-0110 FAX: (860) 228-1952

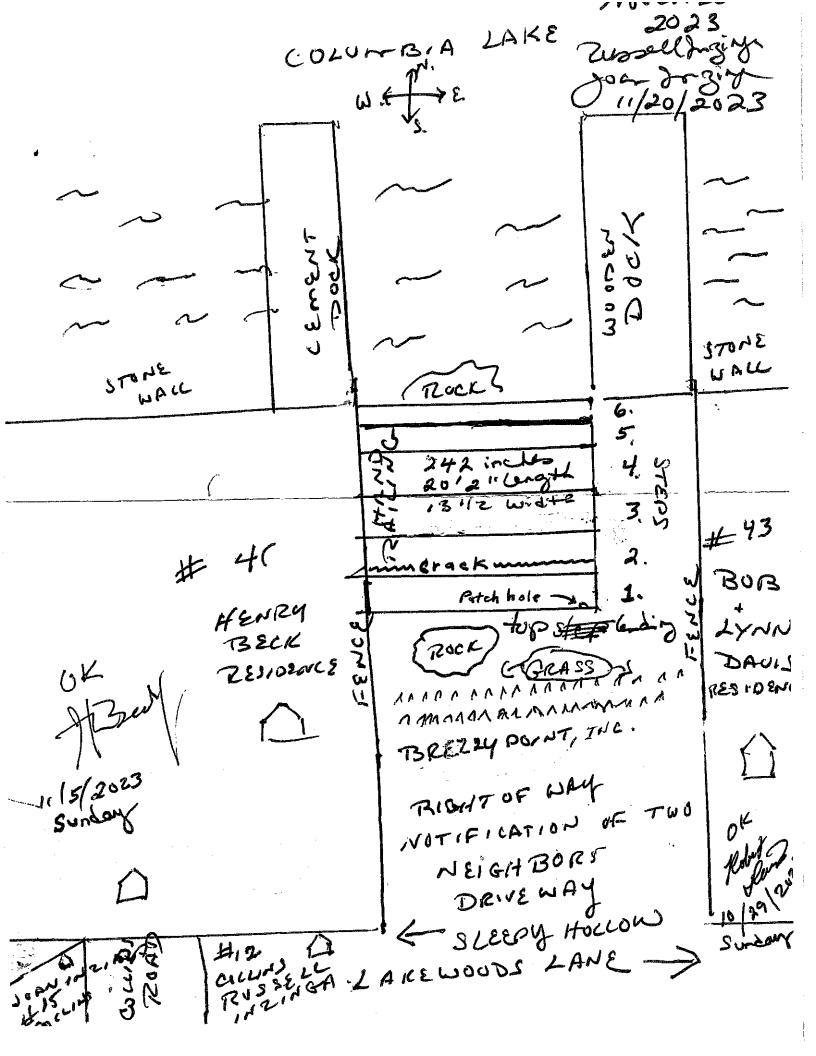
APPLICATION FOR CONSTRUCTING OR MAINTAINING STRUCTURES AND SHORELINE ON COLUMBIA LAKE

| Date Submitted: Member 20, 2023 |
|--|
| Complete and return to the Town Administrator |
| Property Owner: RUSSELL INZINGA + JOAN INZINGA |
| Address: 12 CULLINS 2D. + 15 CULLINS 2D CULUMS/A |
| Address: 12 Cullins 2D. + 15 Cullins 2D Culums/ADDroperty Location: Between 41 and #43 SCEP Y HOLLOW - BECK + DAVIS |
| Applicant if different from owner: |
| Address: 9015 COLLING ROAD - JOAN INZINGA |
| Daytime Phone #: JOAN'S HONE 860-228-1665 |
| Structure Information: # Preferred SAU 26 1-614-5692 |
| Proposal is for: New Replacement Relocation Repair Emergency Repair |
| Structure Type(s): Dock Seawall Raft Watercraft Cover Watercraft Lift Shoreline |
| Application must include a sketch(s) of the structure(s) clearly indicating dimensions and placement of the structure in reference to the property and any other previously permitted dock, raft, watercraft covering or watercraft lift, as well as information regarding materials to be used in construction/repair. Supporting information such as maps and pictures are also helpful and may help expedite the process. |
| Notice: |
| The guidelines require one or more abutting property owners to be notified. Proof that proper notice has been given is attached. |
| Note: Applications made by persons other than the property owner must have appropriate status to apply and such application must also be signed by the owner as a co-applicant. All fee-owners and owners of any rights-of-way affected by the application shall join in any application. General or prime contractors must also sign applications in accordance with Article IX, clause a). An owner's signature below indicates approval for the Board of Selectmen or authorized town personnel to visit the applicable property for the purpose of inspection prior to, during and after construction. Owned Signature: Date: Date: |
| MASON DeSciscio Chetwer 12/4-trando MICHAEL 861-617-6474 12/21 Phrida |
| 52 has a X (a) = (a) / = (0) |

| Selectmen Approval: | held on |
|--|--|
| This application was considered at the Board of Selectmen's meeting and approved, subject to such additional requirements as are attached | l, if any. |
| Permission by the Board of Selectmen to construct, repair, relocate of lake bottom of Columbia Lake shall not relieve the applicant from of approvals. Selectmen approval is conditioned upon the applicant's of approvals and any Selectmen approval shall not require or influence of officials. | btaining other required btaining all other required |
| Approved:Date:_ | |
| Authorized Selectman | |
| LMAC Review: | |
| Pre-construction review has been completed and LMAC recommapplicant, the Board of Selectmen and any abutting property owners | nendations provided to the required to receive notice. |
| Date: | |
| Authorized LMAC Member | |
| All construction phase inspections have been satisfactorily comp | pleted. |
| Date: | |
| Authorized LMAC Member | |
| Post construction phase inspection has been completed. The reapproved application. | sult is in compliance with the |
| Date: | |
| Authorized LMAC Member | |
| | |
| | |
| | |

Revised: 4/1/97, 12/01, 09/03, 10/03, 07/19, 08/20

s:\selectman\mark waiter\imac\standard guidelines & application for construction on columbia lake\application for constructing or maintaining structures and shoreline on columbia lake_final.docx



LAKE MANAGEMENT ADVISORY COMMITTEE

December 10, 2023

Mr. Steven M. Everett First Selectman 323 Route 87, Yeoman's Hall Columbia, CT 06237

RE: Revised Dock Application for Construction of a Structure on or Over Columbia Lake Christopher Wante, 146 CT Route 87, Columbia, CT

In November 2023, our Board of Selectmen approved the demolition of the current concrete dock for Christopher Wante of 146 CT Route 87, Columbia, CT in preparation to replace the existing concrete dock and concrete block that supports the dock as well as approved a floating raft.

On November 30, 2023, Mr. Wante submitted a revised dock replacement plan. On December 10, after reviewing the revised plan, the Lake Management Advisory Committee (LMAC) approved the new dock configuration by a unanimous vote. The new aluminum dock's length and width are within the original footprint of the concrete dock and has a reduction of the original length, width, and square footage. And the aluminum dock replacing the concrete block will have open water space under the dock providing for better water and aquatic life quality.

Thus, it is LMAC's recommendation to the Board of Selectmen that this revised dock permit be approved with the following conditions:

- 1. All work will be accomplished after Lake Drawdown beginning on November 3, 2023 and shall be completed prior to the lake re-filling on March 15, 2024.
- 2. No machinery or power equipment will be allowed on the lakebed.
- 3. No substantial materials will be placed on, added to, or removed from the lakebed.
- 4. The applicant will ensure construction of the rebuild will be of sound materials and shall not adversely affect the quality of the Lake water or aquatic life.
- 5. Disturbance to the lakebed will be minimal. No grading or significant excavation shall be allowed.
- 6. No electrical lights will be placed on the new dock.

Your consideration in this manner is appreciated.

Respectfully Submitted,

Mary A. Roickle

Mary A. Roickle.

Permit Application Sub-Committee

Lake Management Advisory Committee



TOWN OF COLUMBIA

323 Jonathan Trumbull Highway, Columbia, CT 06237 (860) 228-0110 FAX: (860) 228-1952

APPLICATION FOR CONSTRUCTING OR MAINTAINING STRUCTURES AND SHORELINE ON COLUMBIA LAKE

| Date Submitted: 11.30.23 (originally submitted 09.25.23) | | |
|--|--|--|
| Complete and return to the Town Administrator | | |
| Property Owner: Christopher Wante | | |
| Address: 146 CT 87 | | |
| Property Location: | | |
| Applicant if different from owner: Owner | | • |
| Address: | | |
| Daytime Phone #: 603 548 8020 | | |
| Structure Information: | | |
| Proposal is for: New X Replacement Relocation | on Repair Em | ergency Repair |
| Structure Type(s): 🗶 Dock 🗌 Seawall 📕 Raft 🗌 Water | craft Cover 🔲 Watercra | aft Lift Shoreline |
| Application must include a sketch(s) of the structure(s) clearl of the structure in reference to the property and any other provatercraft covering or watercraft lift, as well as information reconstruction/repair. Supporting information such as maps at help expedite the process. | eviously permitted dock, egarding materials to be | , raft, used in |
| Notice: | | |
| The guidelines require one or more abutting property own notice has been given is attached. | ners to be notified. Proc | of that proper |
| Note: Applications made by persons other than the property apply and such application must also be signed by the owner owners of any rights-of-way affected by the application shall prime contractors must also sign applications in accordance visignature below indicates approval for the Board of Selectmenthe applicable property for the purpose of inspection prior to | as a co-applicant. All fee join in any application. (with Article IX, clause a) en or authorized town pe | e-owners and General or . An owner's rsonnel to visit |
| Owner Signature: [[] Wh | Date: 11.30.23 | |
| Applicant Signature: | Date: 11.30.23 | |
| Contractor Signature: Dhun RMMM | Date: 11.30.23 | |
| Contractor Signature: William J Matchett Inalnd Docks Inc | Date: 11.30.23 | Menster |

APPENDIX A (revision 1)

146 CT 87

Project Description

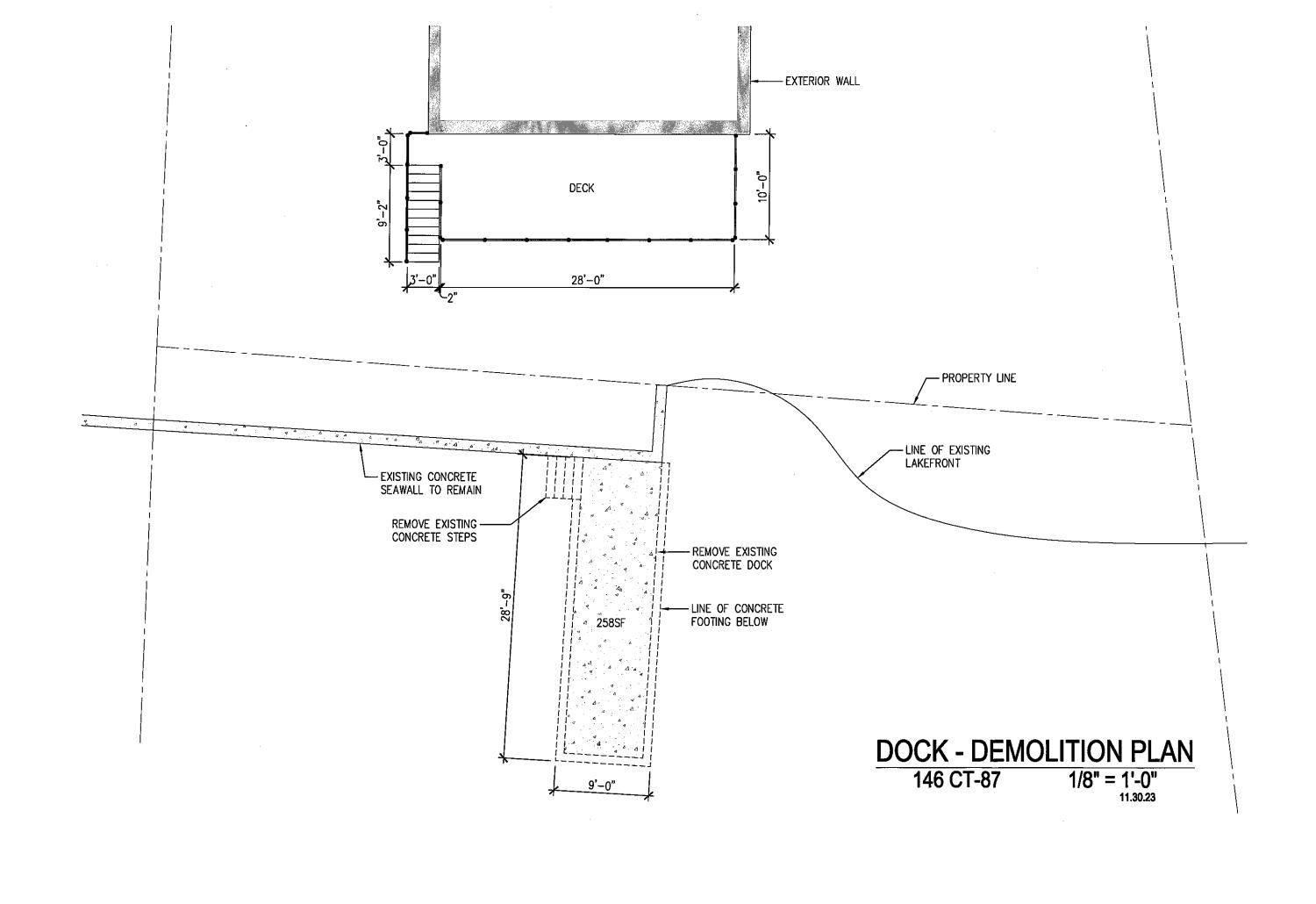
- The project consists of removing and replacing an existing concrete dock. There are also existing concrete steps down from the concrete dock that will be removed.
- The existing concrete dock is in poor condition and is currently a safety hazard. There are large cracks (over 2") and about half of the concrete dock is sinking into the lake (it appears there has been severe settling underneath the concrete over time). With the large cracks already existing and extensive, there is high potential for future damage from freeze/thaw cycles which will only increase the rate of deterioration and will only make a bad situation worse. See attached photos for the existing conditions.
- The existing concrete dock also has a concrete footing that runs the entire length of the dock, extending approximately 9" out from the face of the existing dock.
- The proposed layout of the new dock reduces the overall SF of the dock from approximately 258SF to 224SF.
- The new dock is proposed to be a section/removable aluminum frame with cedar deck panels.
- We also propose adding a floating raft, installed per the LMAC Standard Guidelines. The proposed frame will be aluminum and synthetic deck panels.
- We plan to provide silt fencing along the majority of the waterfront near the area of disturbance.
- The schedule for the work is unknown at this time, as the work is weather dependent and subject to approvals, but ideally the dock is removed in Late Fall 2023 and the new dock is installed in the Early Spring 2024.

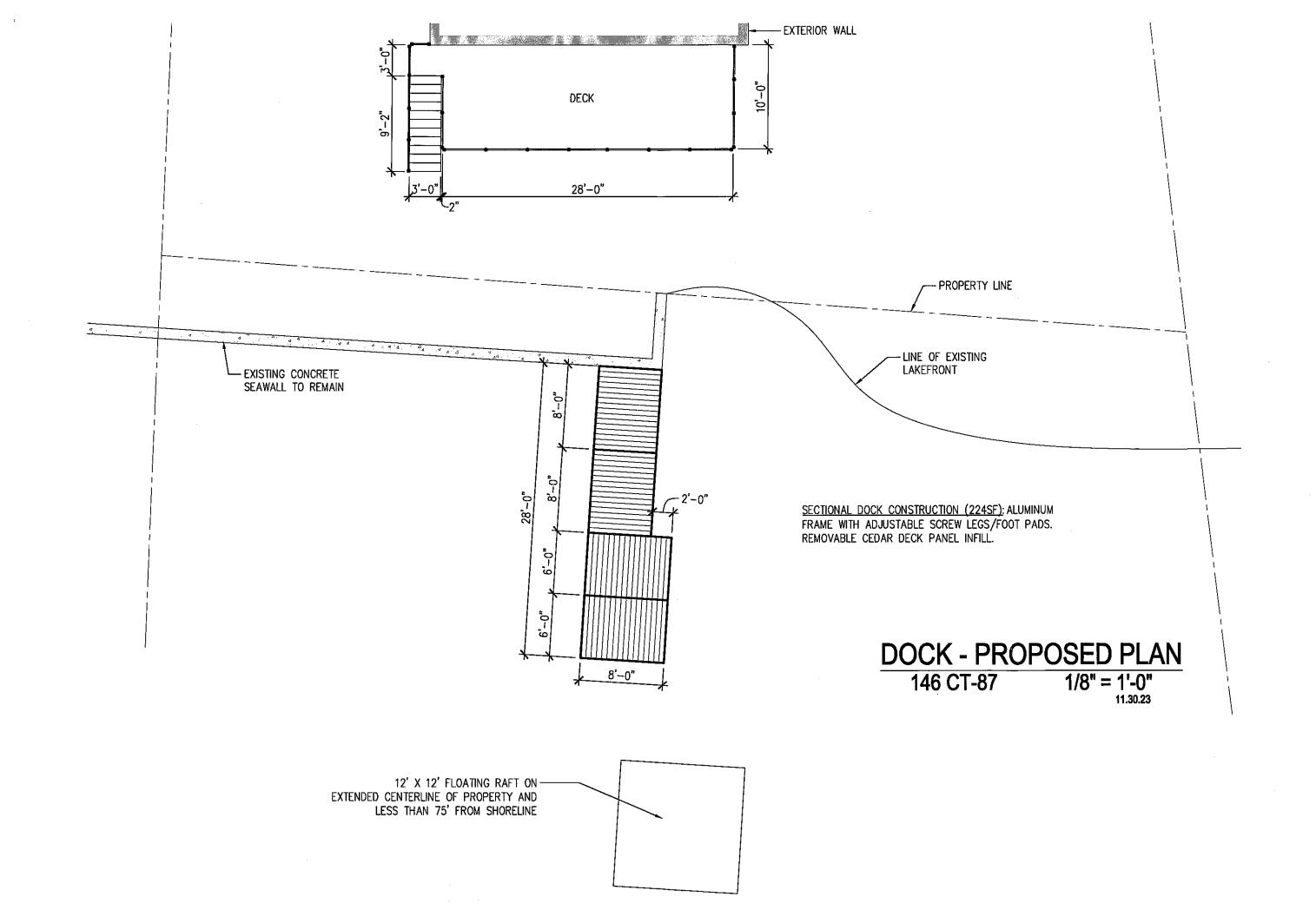
Scope of Demolition Work:

- Easland Enterprises will walk a mini excavator out on the existing concrete dock.
- Grab a hold of the concrete dock with the machine and pull back with brute force and swing the
 excavator around to a waiting skid steer.
- Deposit the chunks of concrete and the remaining dock base in the bucket of the skid steer which will then drive up the driveway and deposit in a truck to be hauled off-site.
- No topsoil will be trucked in.

List of Drawings:

- Dock Demolition Plan; dated 11.30.23
- Dock Proposed Plan; dated 11.30.23





TOWN OF COLUMBIA

Finance Department

Town Hall Annex, 323 Jonathan Trumbull Highway, Columbia, CT 06237

Telephone: (860) 228-8423

Fax: (860) 228-2392

Email: bciurylo@columbiact.org

November 30, 2023

Mark Walter Town Administrator Town of Columbia 323 Route 87 Columbia, Connecticut 06237

Dear Mark:

As of today, Cindee Latko has completed her 6 months' probation as an employee for the Town of Columbia. She has done a nice job in the Finance Department including learning her payroll duties and has made progress since starting her position. I am recommending that the Town continue her employment and make her a permanent employee as the Payroll Specialist in the Finance Department.

Please add this recommendation to the 12/05/23 Board of Selectmen agenda for approval.

Please let me know if you would like to discuss this further.

Sincerely,

Beverly Ciurylo

Finance Director

Cc: Cindee Latko, Payroll Specialist

Personnel File

Frederick Bednarcyzk 382 Monroe St New Britain CT 06052 USA (203) 914-3933

frederick.bednarcyzk@gmail.com

November 30, 2023 Town of Columbia 323 CT-87 Columbia CT 06237

Dear Town Administrator, and Director of Public Works,

Please accept this letter as notice of my resignation from Town of Columbia as of December 1, 2023. Thave appreciated my time here but have chosen to resign for personal reasons. My last day will be December 14, 2023.

Thank you for your help and guidance during my employment with Town of Columbia. I wish you and the Town of Columbia much success in the future.

Sincerely

Frederick Bednarcyzk

Jennifer C. LaVoie

From:

Board Clerk

Sent:

Thursday, December 14, 2023 12:56 PM

To:

Mark Walter; Jennifer C. LaVoie

Cc:

IWWC - Jon Dilworth; IWWC John; Isabelle Kisluk

Subject:

FW: IWWC membership

Please see Jon Dilworth's letter below.

Thank you! Mary Kay

From: Jon Dilworth <j2dilworth@outlook.com>
Sent: Tuesday, December 12, 2023 7:36 PM
To: Board Clerk <boardclerk@columbiact.org>

Cc: |sabelle Kisluk < ikisluk@columbiact.org>; mjallen33@att.net

Subject: IWWC membership

To: Mark Walters

From Jon Dilworth

Mark,

I am writing to inform you that I will be resigning my position as an alternate on the Inlands and Wetlands Commission (IWWC) to order to accept a new position on the IWWC as Vice Chairman. Please let me know if there is anything further I need to address before taking on the responsibilities of this new role. I thank the commission for the nomination look forward to serving.

Thank you, Jon Dilworth

Sent from Mail for Windows

Caution: This is an external email and may be malicious. Please take care when clicking links or opening attachments.

To: Mark Walters Dec. 9, 2023

From: John Allen

The Inland's and Wetlands Commission request the following changes to our membership:

Appoint Jon Dilworth, who is currently our alternate member to full membership on the commission. We propose he can take over Tom Archambault's position. Tom does not wish to continue on the commission. We will vote on making Jon a full member and Vice Chairman at our next meeting upon approval by the Board of Selectmen. He has an excellent attendance record for both our monthly meetings as well as on our site walks and has a good knowledge of our goals and regulations. Also, Dave Holcroft was elected by the town to become a member of the planning and zoning commission. He will be resigning as a member of the IWWC. Mary Kay sent both Jon and Dave an email to let them know they have to resign before accepting their new positions. I would also like to convey to you that both Isabelle Kisluk and Mary Kay Hyman have been doing an **OUTSTANDING** job, and it is a pleasure to work with them.

Sincerely,

John Allen







Master Sergeant Shawn Mansfield #078

Executive Officer

STATE OF CONNECTICUT

DEPARTMENT OF EMERGENCY SERVICES AND PUBLIC PROTECTION CONNECTICUT STATE POLICE TROOP K - COLCHESTER

December 5, 2023

Mr. Steve Everett Columbia First Selectman 323 Jonathan Trumbull Highway Columbia, CT 06237

Dear Mr. Steve Everett

This correspondence is an effort to keep you apprised of the monthly police services occurring within the Town of Columbia.

During the month of **November 2023**, the Columbia Resident Trooper as well as Troop K Troopers responded to <u>232</u> Calls for Service in the Town of Columbia. Of these Calls for Service the most notable are:

| Total Calls for Service | Total Calls This Year |
|-------------------------|-----------------------|
| 232 | 2321 |

| | November | YTD |
|-------------------------|----------|------|
| Accidents | 5 | 63 |
| Criminal Investigations | 5 | 56 |
| Burglaries | 0 | 1 |
| Larcenies | 3 | 13 |
| Non Reportable Matters | 147 | 1562 |
| Total Arrests | 7 | 40 |

| Motor Vehicle Enforcement: | NOV | YTD | |
|----------------------------|-----|-----|--|
| Total Traffic Stops | 71 | 618 | |
| Onsite DUI's | 1 | 11 | |
| Arrests | 0 | 12 | |
| Misdemeanor Summons | 1 | 24 | |
| Infractions | 39 | 277 | |
| Written Warnings | 16 | 148 | |
| Verbal Warnings | 13 | 154 | |
| | | | |

Respectfully,

LT Adam Litwin #064

Lieutenant Adam Litwin #064 Commanding Officer Connecticut State Police – Troop K

> 15a Old Hartford Road Colchester, CT 06415 Phone: (860) 465-5400 Fax: (860) 465-5450



25 Pendleton Drive, Hebron, Connecticut 06248

AHM PROGRAM REPORT November 2023

Executive Director Report: Tressa Giordano

We are making great progress with our Hartford Foundation for Public Giving's Social Enterprise Accelerator (SEA) program. Mike, Megan and I have been meeting with our consultant, Larry, on a weekly basis and have been putting together our business plan. In addition, Ann Marie and I have been meeting with Sara Leonard, a fundraising consultant who is working with SEA non-profits, in preparation for our in-person fast pitch that will be scheduled for January 23rd or 24th. On November 9th, each of the 8 programs presented their revenue idea to each other through a virtual power point presentation. Mike and Sara attended and participated in answering specific talking point questions. Our presentation went very smoothly and gave us a great foundation for the slide deck we will use at our fast pitch.

This month I met with the new Douglas Library Director, along with Michelle Nicholson, the owner of the Flour Girl. We have created a program called "Half Day Hangouts" for RHAM students. AHM, The Flour Girl, and the library will offer special snacks and activities for students to take part in on early dismissal days. We will be piloting this program on December 6th.

I attended my first CT Youth Services Association (CYSA) Board meeting on the 9th and lead my first Regional Director's meeting on the 13th. Having a larger role with CYSA will allow me to advocate at the state level, especially when it comes to funding for non-profit YSBs!

This month I attended several special events that our AHM staff coordinated. These included the "Power of Words" program at RHAM, Thanksgiving brunches at the preschool, and our session ending "show and share" performances for our theater students. Regular meetings included CHEC, leading the Hunger Action Team and planning a wellness event for the Region 8 Insurance Consortium. Ann Marie, Gayle, Sara and I participated in the second of three fund development trainings through the Hartford Foundation of Public Giving. The training was awesome and provided the four of us to have great breakout brainstorming sessions.

Mike and I continue to work on the budget for the 2024-2025 fiscal year with a goal of having a draft to the finance committee soon.

On Sunday, November 11th, I had the honor of speaking during a Gilead Hill Congregational Church service. I had a wonderful time after church connecting with members and talking to them about AHM, and the programs and supports that we offer, as well as our long-time partnership with the congregation.

A heartfelt thank you to our AHM school-based staff for arranging their schedules to be able to support Horace Porter faculty during a difficult time in the Columbia community. I truly appreciate their flexibility, empathy and professionalism during a very tough time.

On the 20th, I hosted an AHM staff gratitude and relaxation event. Fall snacks, vision boards, beaded bracelets and a broken bowl activity were all part of this relaxing and crafty afternoon. It



25 Pendleton Drive, Hebron, Connecticut 06248

was so nice to slow down, decompress and show our staff how grateful I am for each one of them.

Individual Giving & Event Planning Coordinator: Ann Marie Drury

The learning continues! This month Tressa, Sara, Gayle and I attended the second session of the Nonprofit Support Program training series led by consultant Shari Adams. This program is offered through the Hartford Foundation for Public Giving. Session two focused on the cycle of development and building a case for support. Both of these topics are important aspects of fundraising and the information provided during the trainings is approachable and well thought out. I'm looking forward to the final session.

In addition to the Hartford Foundation training, Tressa and I have met with Sara Leonard. Sara is our fundraising consultant for the Social Enterprise Accelerator program. Our meetings with Sara continue to be bi-weekly. In these meetings Sara helps us navigate the process leading up to and beyond the Fast Pitch for our Social Enterprise.

The Annual Holiday Auction opened smoothly on Monday, November 13th and we are well on our way to our goal! The two weeks have been flying by watching the bids come through. On Monday, November 20th Tressa hosted a Gratitude Craft Day for staff. It was a wonderful day filled with crafts, popcorn, tea, and comradery. Each staff member created a gratitude bowl, a gratitude vision board, and friendship bracelets. I loved seeing all the different creations that were made.

Steve and Linda Fish, Jack Gasper, and I attended the Hebron Maplefest Informational meeting earlier this month. The Town Center Project has taken over the planning and execution of Maplefest 2024. The dates are set for March 16th and 17th. AHM will be participating with our Nature and Adventure Days; planning begins on December 7th! The Town Center Project is aiming to return the Maplefest to a focus on the Sugar Houses and Hebron businesses. More to come!

Clinical Director: Megan Aldridge

After many weeks of recruiting for our full-time outpatient therapist position, we are so excited to announce that Julia Waldron will be starting with us on December 11th! She is a Licensed Master Social Worker with experience providing therapy in both the school setting as well as an Intensive Outpatient Program. We have been working to solidify her schedule and set up new clients with intake appointments as she builds up to a full caseload. We look forward to Julia beginning with the team!

While the holiday season brings joy and excitement for many, we have also been working to support youth and families who experience increased stress throughout the holidays. Many families have experienced loss recently, and the upcoming season may be particularly challenging. We are doing our best to check-in with these families regularly, connect them to various support networks, and increase session availability as much as possible. We have also noticed increased stress and financial insecurity with many families. Our school-based staff have begun efforts to coordinate gift card drives and donations within their schools and communities.



25 Pendleton Drive, Hebron, Connecticut 06248

We continue to collaborate with HIHS to ensure all families in need have access to support throughout the holidays.

There are currently about 50 youth and families on our wait list. We have continued to keep a running list of referral sources with immediate availability for those who are unable to wait for openings. We expect to have more movement in the wait list over the next couple of months once Julia begins in December, and Sherry returns from leave in January. Last month we completed 88 total sessions.

Outpatient Therapist: Sherry Chen

No report - out on leave.

Outpatient Therapist: Clay Valentin

In the month of November, I facilitated 65 therapy sessions. Common themes this month include family dynamics, communication styles, and conflict resolution skills. The holiday season can bring up complicated feelings for many. I am thankful for the opportunity to work closely with families on their journeys toward increased connectedness. Happy Thanksgiving!

RHAM High School Student Support Services: Ryanne Gatti

November has been a short month will all of the holiday breaks. As the weather gets colder, the guidance team prepares to support students with a variety of struggles including holiday grief and seasonal depression. Ryanne is working with school counselor Aly Hoagland to release the winter issue of the mental health newsletter. This issue of the newsletter will focus on seasonal depression, holiday grief, and ways to support students in the classroom. So far, the newsletter has been well received by the RHAM staff, has helped increase their knowledge, and tools for addressing mental health in the classroom.

RHAM Middle School Student Support Services: Jayne Carlman

Happy November! I am excited to mark my 1 year anniversary with AHM this month! I so enjoy working with both wonderful teams at AHM and RHAM Middle School, and I'm grateful for an amazing start to hopefully many more years to come.

Here at RHAM Middle School, students and staff have been wrapping up the first quarter of the school year and starting the second quarter. This has been a great time to reflect on progress through the first quarter of the school year, and to identify new goals and achievements through the final weeks of 2023.



25 Pendleton Drive, Hebron, Connecticut 06248



Staff have also been able to meet with families participating in conferences this month, and I've been working with the middle school teams to collaborate and support students and their families. Students have also been starting their winter plans to join many additional school-based activities this time of year including ski club, cheer, and basketball. Wishing the RHAM teams a great season!

For this month's activity, students all helped create a gratitude pumpkin for the counseling office; thank you to all students who participated and found time to show gratitude for others! This month I've also been

working with Ryanne Gatti at the high school and in conjunction with HIHS to provide access to the HIHS Holiday Assistance Program. I'm also running the Holiday Gift Card Drive in the middle school to help provide support for families this holiday season. Thank you to everyone who donated and their generosity to our community!

Marlborough Elementary School Student Support Services: Michele Thorn

Throughout the month of November, I continued to support students individually and in groups. The focus has been on gratitude. We talked about things we are grateful for in our lives and when we met, we picked three specific things we are grateful for each day. Parent conferences took place this month, and many more students were referred to me for support. Parents shared in the conferences that they are concerned about their children's behavior at home, and are looking for support and any community services that are available for them. The parents reported that their kids lack coping skills, and have a difficult time following directions and being respectful. They are also seeing some anxiety in their children related to school, peers, and family dynamics. When I communicate with the parents, I share my observations at school, and together with the teacher we come up with a plan that is best for the student. I support the students here by meeting with them for counseling, and provide the family with names of therapists to see on the outside of school if necessary. I attended the CYSA conference in Hartford this month. It was an incredible day to collect resources and learn new ideas, and especially wonderful to have the opportunity to connect and spend time with my colleagues – I am so very grateful for all of the kind and caring people that I work with. I am also so grateful for all of the children that make me smile every day.

Hebron Elementary School Student Support Services: Meghan McKenna

November has flown by! At Hebron Elementary School, we celebrated Veteran's Day on November 9th by inviting family and community members who are veterans to have lunch together. After, they were able to visit classrooms where they shared stories and answered questions for the students. Next, we had a whole-school assembly where each grade sang a song to the veterans, and our Hawkapella group sang their own song. Overall, it was a huge success! Our fifth grade team went on a field trip to the Connecticut Science Center and reported that they had fun while learning a lot. We are all looking forward to a long weekend for Thanksgiving and then working our way to the holidays!



25 Pendleton Drive, Hebron, Connecticut 06248

<u>Gilead Hill School and Andover Elementary School Student Support Services:</u> <u>Bethany Wolff</u>

Gilead Hill School

This month has been flying by as we are already entering the holiday season. This past month we have had our first cycle of SRBI meetings as well as parent teacher conferences. This is usually when student concerns are brought up and discussed, which led to several students being added to my caseload. This month, I added five kindergarteners to start Primary Project as well as a first grader. I added a second grader to an already established social group and will be starting a new social group for second grade girls. I have sent resources to a few families who have requested additional support or strategies to try at home. During the Thanksgiving season, many of the classrooms discussed the Choose Love theme of Gratitude and completed some great activities around the theme. I also tried to incorporate the ideas of gratitude with activities that included gratitude turkey booklets, reading a "Little Spot of Thankfulness," and ways of setting a positive mindset.

Andover Elementary School

AES has been extremely successful with incorporating the Zones of Regulation into the classrooms and teaching students about different types of feelings and strategies. This month I visited a first-grade classroom to talk about when things don't go as expected, how we may feel like we are in the red or blue zone, but using flexible thinking can help us stay in the green zone. I read the book "A Little Spot of Flexible Thinking" which helps students compare ridged oak tree thinking with flexible palm tree thinking. I continue to meet individually with students and run groups, and maintain good communication about concerns during our weekly support service meetings. I also connected a few families to holiday support through the Andover Congressional Church.

H. W. Porter School Student Support Services: Christina Burdzy Herrick No report this month.

Family Resource Center Director: Rebecca Murray

Things are going well in the FRC! We have finished some of our programs and started new ones this month, including another session of Play and Learn, a new 8 session Sparkler Fun and Learning group, and "Messy Hands."

Preschool: Children continue to work on skill building and cooperative play. Themes this month included discussion of family, community, harvest, the concept of being thankful, and Thanksgiving. Heather Holbrook is out on medical leave for November and December, and Colleen McLeod and Kristina Henry are teaching along with Cari. The father of one of our students came in to read and talk to the kids about the Indian holiday, Diwali. We held potluck harvest brunches for both classes the week before Thanksgiving with great attendance!



25 Pendleton Drive, Hebron, Connecticut 06248



Getting ready to go trick or treating through RHAM!



Children singing at the Harvest Brunch with Miss Coleen!



With Mom at the Harvest Brunch

FRC Groups: New groups started in November and are all full. We have many returning families as well as some new families. Groups emphasize different developmental skills with fun activities to help children work on these in a play setting. We are offering developmental screenings to any family who is interested in this service, using the Ages and Stages questionnaire and have scheduled these here in the FRC for November and December.



First Steps in Music Class with Mallory Kokus



Cranberries, bowls, and ladles in the water table for "cooking"!



25 Pendleton Drive, Hebron, Connecticut 06248

Upcoming: We have planned programming for January-June 2024. We will be continuing some of our well-received groups, are having a Gross Motor group in the Gilead Hill gym, and are starting some new theme based groups as well.

Mentoring Coordinator: Laura Beeler

The Lanterns mentoring program is moving along steadily. We on-boarded a new mentor this month, whom I hope to place at the middle school. We are scheduled to hold a meeting on November 30 to discuss issues mentors may be experiencing in their sessions, and also to brainstorm new ways of promoting publicizing our Lanterns program.

Health Matters: Shamane Shepard

Our Health Matters fall session ends on November 28th; this is the last scheduled workshop for the 2023 calendar year. A year-end survey will be sent to past Health Matters participants. The goal is to encourage past participants to share feedback regarding workshops they've attended throughout the year. This information will be useful for future Health Matters programming.

Additionally, I am excited to announce that our Health Matters 2024 winter and spring sessions will soon be open for registration. With a variety of new and engaging activities scheduled, I anticipate an increase in participation. As we strive for growth in participant attendance, please continue to share information about our Health Matters program!

CHOREs and TASKs Program Coordinator: Kristina Smith

The seniors and teens are definitely enjoying some dryer weather! With the cool dry weekends we have had this November, the seniors have been able to receive some help raking up those pesky leaves that continue to fall! With the chilly air settling in we look forward to the continued service the amazing teens provide, with winter looming just around the corner. Wishing everyone a Happy Holiday! If you know of any teens who would like to join the program please contact kristinah@ahmyouth.org.

Prevention, JRB, & Project Graduation Coordinator: Jennifer Boehler

The AHM Coalition for a Healthy & Empowered Community

- AHM hosted the free viewing of **Screenagers: Under the Influence** on November 8th. Fifteen adults and youth attended. For more information about these extremely well-done documentaries visit www.thescreenagersproject.com.
- This month AHM is promoting our free screening of Screenagers: Growing Up In A Digital Age and it is gaining a lot of interest with 15 adults and youth already signed up to attend on Thursday, December 7th. The movie begins at 6:30 PM in the AHM PAC Room. Wicked Slice (Hebron) is donating cheese pizzas, and AHM will have free movie-style popcorn for all!
- **Just Breathe Signage for the RHAM Campus** AHM received the sign order from the RHAM Facilities director this month. A total of 19 large indoor, 12 small indoor and 6 large outdoor signs will be ordered. This is a great accomplishment because now the Just



25 Pendleton Drive, Hebron, Connecticut 06248

Breathe signage is in Hebron, Marlborough, and Columbia Parks and will soon be on the RHAM Campus!

SOAR Youth Leadership Group

• At the November meeting students made friendship bracelets and had a casual discussion about life stressors and some coping strategies.



• During the week of November 13 -17th SOAR sponsored a **Kindness Campaign** at both the middle school and high school! A total of 454 students, teachers, and faculty acknowledged acts of kindness by nominating the person who was kind! Both the person being nominated and the person doing the nominating had a chance to win a Dunkin' Donuts Gift Card with two winners being announced each day!! This campaign was paid for by the Drug-Free Communities Grant with the purpose of promoting and branding the SOAR Youth Leadership Group at the middle school and high school through flyers and daily morning announcements. A total of nine students signed up to be SOAR members this month. Here is a picture of just some of the winners from RHAM High School with co-facilitators Jenn Boehler on the left and Carol Rusch, RHAM High School Psychologist, on the right.





25 Pendleton Drive, Hebron, Connecticut 06248

Please see SOAR's calendar of activities and events for this year at the end of this report.

Intervention Programming

The AHM Juvenile Review Board has one youth currently in our six-month diversionary program with a target closeout in March 2024 and two new police referrals this month.