

COLUMBIA



PHOTO CREDIT: PAUL RAMSEY

UPDATE JUNE 2021



TOWN OF COLUMBIA

OFFICE OF THE FIRST SELECTMAN

This month's newsletter is a bit early because we wanted to provide residents with information on upcoming activities for the holiday weekend.

The Town of Columbia's annual Memorial Day Observance will be held on Monday, May 31, 2021 at 9:00 am at the Veteran's Memorial on the Town Green. Each year, the Town of Columbia honors those who have served in the military either at home or abroad, especially those who sacrificed their lives so that those who remain may continue to live in freedom. Please join the Town of Columbia in honoring their memory. The program is on the following page.

Many of you may have noticed work being done at the Veteran's Memorial. The new walkway will be completed for the Memorial Day Observance.

The Town Beach is open weekends only from May 22nd to June 6th from 10:30am - 6:15pm. and the full season starts June 7th to August 13th, Mon-Sun from 10:30am - 6:15 pm. For more information on beach passes and activities this summer, please see the [Recreation](#) page on the Town's website.

As a reminder all the Town departments are open to the public without an appointment. We continue to encourage residents to use on-line services and the drop-boxes at Yeoman's Hall and Town Hall for tax payments, correspondence, permits, Transfer Station stickers, dog license, etc.

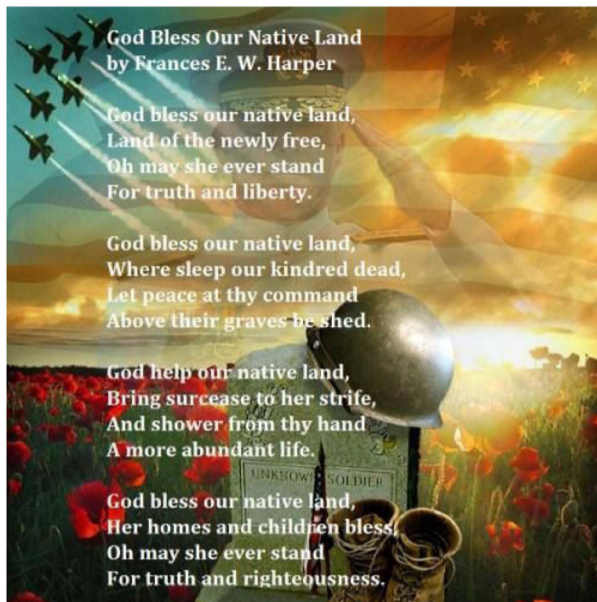
At the time of the publishing of this newsletter the Public Hearing on the annual Town Budget was held on May 26th. The Town Meeting for the budget will be held on June 8, 2021 at 7:00 pm at the Horace W. Porter School. This is an in-person meeting.

Thank you and please be safe.

Steven M. Everett, First Selectman
severett@columbiact.org
860-228-0110

TOWN OF COLUMBIA

MEMORIAL DAY OBSERVANCE



**Monday, May 31, 2021
9:00 am
Veteran's Memorial
on the Town Green**

PROGRAM

Welcome	Steven M. Everett First Selectman
Flag Lowered to Half-staff	Columbia Scouts Flag Detail
Invocation	Pastor MaryAnn Purtill Congregational Church
Reading of the Presidential Memorial Day Proclamation	Carmen Vance
Honoring the Fallen	Jan Thibodeau Louis J. Scotti
Musical Interlude	
Placement of Wreath	Emil Sadlon
Benediction	Rev. Michael Phillippino
Moment of Silence	
Sounding of TAPS	
Adjourn	

*Music supplied by November Sound
Taps performed by James Flynn & Donald Clough*



TOWN OF COLUMBIA



OFFICE OF THE TOWN ADMINISTRATOR

As Steven Everett mentioned we are now open to the public without an appointment. We are following the CDC's guidelines and are not requiring masks at the Town Hall for those who are fully vaccinated (including the two-week waiting period). We still welcome masks if you choose to wear them, but are not requiring them. With the recent changes many of our boards and commissions are meeting in-person, or in a hybrid method (both in-person and virtual). Residents can attend meetings and participate either in-person or virtually. Please check each board, committee or commission agenda's for specifics on whether the meeting you wish to attend is a hybrid meeting or virtual only.

Public input is welcome during the Audience of Citizens portion of the meeting whether the meeting is hybrid or virtual. If you are not attending in person, your comments must be submitted within 24-hours before the meeting by emailing PublicInput@columbiact.org.

ELECTED BOARDS AND COMMISSIONS - CONSIDER VOLUNTEERING! The boards and commission listed below are elected positions and some of the positions on these boards and commission will be available in the next election based on the expiration of the term of an incumbent. Please consider volunteering your time. If you are interested please reach out to the respective Chairs on the Republican Town Committee (RTC) or the Democratic Town Committee (DTC). For further information, please see the Town Clerks office. Information on each board or commission is on the Town's website. Your involvement on our boards and commissions is important to the vitality and success of local government.

RTC Chair: Richard Napolitano, 860-234-0755

DTC Chair: Tom Currier, 860-228-3263, tchbjc2003@yahoo.com

- Board of Selectmen
- Board of Education
- Justices of the Peace
- Board of Assessment Appeals
- Planning and Zoning Commission
- Zoning Board of Appeals
- Financial Planning and Allocation Commission (FiPAC)
- Registrars of Voters

TOWN OF COLUMBIA



OFFICE OF THE TOWN ADMINISTRATOR

THE TOWN OF COLUMBIA IS ACCEPTING ONLINE DONATIONS:

The Town of Columbia is accepting donations to assist those in need during the COVID-19 pandemic. Donations may be used for food supply, fuel assistance, protective equipment and other social services that will benefit those affected by COVID-19. Donations can be made by check, payable to the Town of Columbia or [on-line](#).

EVERBRIDGE NOTIFICATIONS: We will from time to time issue an Everbridge Notification with a message from the First Selectman, Steven M. Everett to help keep you informed. If you would like to sign up for Everbridge Notifications please go to the Town's website and on the [Everbridge Notifications](#) tab.

EMAIL NOTIFICATIONS: To receive Town news please go to the Town's website and click on the [Email Notifications](#) tab.

If you need assistance please do not hesitate to call the Town Administrative Office or the First Selectman at 860-228-0110 or email us at townadministrator@columbiact.org.

Mark B. Walter, Town Administrator
323 Route 87
Columbia, CT 06237
860-228-0110

Find us on 

UPCOMING TOWN MEETINGS

Many meetings will be held by utilizing remote access; however, some meetings are being held in-person. Please check the Town calendar for meeting dates and times. The posted agenda will have the information on whether the meeting is in person, remote access, or a hybrid meeting. Each board or committee will provide the information needed to join using an on-line conferencing platform. Please check the Town of Columbia's [website](#) for updates.

UPCOMING TOWN MEETINGS

- 6/1/21 Tue: Special Town Meeting, 7:00 PM, Yeomans Hall
- 6/1/21 Tue: Board of Selectmen, 7:00 PM
- 6/2/21 Wed: Lake Management Advisory Committee, 7:00 PM
- 6/3/21 Thur: Szegda Farm Management Committee, 6:00 PM
- 6/3/21 Thur: Columbia Conservation & Agriculture, 7:00 PM
- **6/8/21 Tue: Annual Town Budget Meeting, 7:00 PM, Horace Porter School**
- 6/9/21 Wed: Youth Services Committee, 5:30 PM
- 6/9/21 Wed: Fiscal Policy Board, 8:30 AM
- 6/14/21 Mon: Planning and Zoning Commission, 7:00 PM
- 6/15/21 Tue: Public Hearing to hear comments on the proposed draft revisions to the Charter, 6:45
- 6/15/21 Wed: Financial Planning and Allocation Commission, 7:00 PM
- 6/15/21 Tue: Board of Selectmen, 7:00 PM
- 6/20/21 Thurs: Columbia Open Space Committee, 8:00 AM
- 6/23/21 Wed: Columbia Commission on Aging, 9:00 AM
- 6/28/21 Mon: Planning and Zoning Commission Public Hearing, 7:00 PM
- 6/24/21 Thur: Zoning Board of Appeals, 7:00 PM

Public Comment will be accepted by our dedicated email at PublicInput@columbiact.org or by USPS mail to 323 Route 87, Columbia, CT 06237 and must be received prior to the meeting (public comment received after the meeting will be shared at the next meeting).

TOWN DEPARTMENT NEWS AND INFORMATION

BECKISH SENIOR CENTER: The Beckish Senior Center will be holding a “gradual reopening” beginning Tuesday, June 1, 2021. Reservations for activities begin May 17th. The activities will only be available 3 days per week to start. Tuesdays, Wednesdays, and Thursdays from 8am to 3pm. The Beckish Senior Center & Transportation Program will remain open Monday through Friday 8am to 3pm. The Senior Center will gradually open to 5 days a week in the coming months. We are excited about welcoming people back into the building and we will be reopening slowly, with caution. Our population is still the most at-risk group for contracting COVID-19 and complications arising out of being infected. Safety, for our members and our staff, will remain our highest priority. It is not only our biggest concern; it is our responsibility. To reopen, we must abide by state guidelines for three different sectors (per the Governor): Senior Centers, Indoor Recreation and Fitness Centers plus the Eastern Highlands Health District. We, more than anyone, wish we did not have to do this, but we are determined to follow the guidelines to keep everyone safe and healthy.

MASKS ARE MANDATORY. If you are unable to wear a mask, please call Bernadette at the Senior Center and we will try and make alternative arrangements for you to participate in programs or services virtually. Masks must be worn covering the nose and the mouth completely. Masks with ventilators are not acceptable, unless a paper disposable mask is worn over the ventilator mask.

FOR MORE INFORMATION PLEASE GO TO THE [BECKISH SENIOR CENTER JUNE NEWSLETTER](#).

Thank you

Bernadette Derring

Director Senior Services & Transportation

Municipal Agent for the Elderly

BUILDING/LAND USE DEPARTMENT: Please click [here](#) for all permit paperwork. Please call or email ahead to verify permit fees (by check only, made out to Town of Columbia), or to address other questions. Work that is to be done by a contractor must include a copy of their State license, and certificate of insurance with workman’s comp, and should include a signed authorization from the property owner. Inspections will be carried out by appointment only for exterior inspections as well as inspections of non-occupied structures (new construction/additions) will continue.

TOWN DEPARTMENT NEWS AND INFORMATION

BUILDING/LAND USE DEPARTMENT CONTINUED: Permits or applications for land use can be safely dropped off in the lock box located by the front entrance to Yeoman's Hall. The box is checked every morning. Please make sure that the envelope is clearly marked with the town department name and include your contact information on your envelope placed in the lock-box. For more information please contact (860) 228-0440 or by email LandUse@columbiact.org.

Building Department

Terri Lasota, Building Department Administrative Assistant

(860) 228-0440

email LandUse@columbiact.org.

DEPARTMENT OF PUBLIC WORKS: TRANSFER STATION STICKERS ARE NOW AVAILABLE AS OF MAY 1, 2021. PLEASE SEE PAGE 18 IN THIS NEWSLETTER UNDER THE TOWN CLERK FOR MORE INFORMATION.

HOUSEHOLD HAZARDOUS WASTE NEW SCHEDULE. Hazardous materials must be taken to the MidNEROC Household Chemical Waste Drop-Off Facility located on Hancock Road in Willington. There is no charge for the use of this facility by Willington residents, with proof of residency. Business will be charged based on the material type and quantity. Call (684) 3163 to make arrangements.

The facility is open 9:00am to 2:00pm the first and third Saturday of each month from mid-April to early November. For further information, call them at (860) 684-3163. Please see the next page for the new schedule.

If you have any questions please contact DPW Director, Beth Lunt at 860-228-4270, or elunt@columbiact.org.

TOWN DEPARTMENT NEWS AND INFORMATION

MID-NEROC HOUSEHOLD HAZARDOUS WASTE NEW SCHEDULE

860-684-3163
57 Hancock Road

**MID-NORTHEAST CHEMICAL WASTE DROP-OFF FACILITY
HAZARDOUS WASTE CENTER 2021 SCHEDULE**

Open 12 Days

	MON	TUES	WED	THURS	FRI	SAT	SUN
APRIL	12	13	14	15	16	17 OPEN	18
	19	20	21	22	23	24	25
MAY	26	27	28	29	30	1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15 OPEN	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30
JUNE	31	1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19 OPEN	20
	21	22	23	24	25	26	27
JULY	28	29	30	1	2	3	4
	5	6	7	8	9	10	11
	12	13	14	15	16	17 OPEN	18
	19	20	21	22	23	24	25
	26	27	28	29	30	31	1
AUGUST	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21 OPEN	22
	23	24	25	26	27	28	29
SEPTEMBER	30	31	1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18 OPEN	19
	20	21	22	23	24	25	26
OCTOBER	27	28	29	30	1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16 OPEN	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	31

TOWN DEPARTMENT NEWS AND INFORMATION

SOCIAL SERVICES: As we turn the page on the calendar once again, some important dates to keep in mind:

Application Deadlines:

- 6/15/21 Energy Assistance
- 10/1/21 Renters Rebate

Please reach out to Katie Wilt with any questions or for more information on the above-mentioned programs. Katie can also be contacted to:

- Talk with a social worker
- Receive guidance/advocacy with eligibility/benefits/energy needs
- Learn about what programs you may qualify for
- Get referrals to appropriate programs/services

Typical office hours are Monday and Tuesday, 8:30 am – 5:00 pm. Contact Katie by phone at 860-228-1008 or email at kwilt@columbiact.org.

We have collected an A-Z sampling of support resources that can be accessed on our website at [here](#). You may find something helpful for you, a family member, or a neighbor. Knowledge is power!

This is a not an exhaustive list. For further information on a topic or for information on a topic not listed, visit or call 211, United Way <https://www.211ct.org/> 24/7.

Sincerely,

Katie Wilt, Community Social Services Coordinator



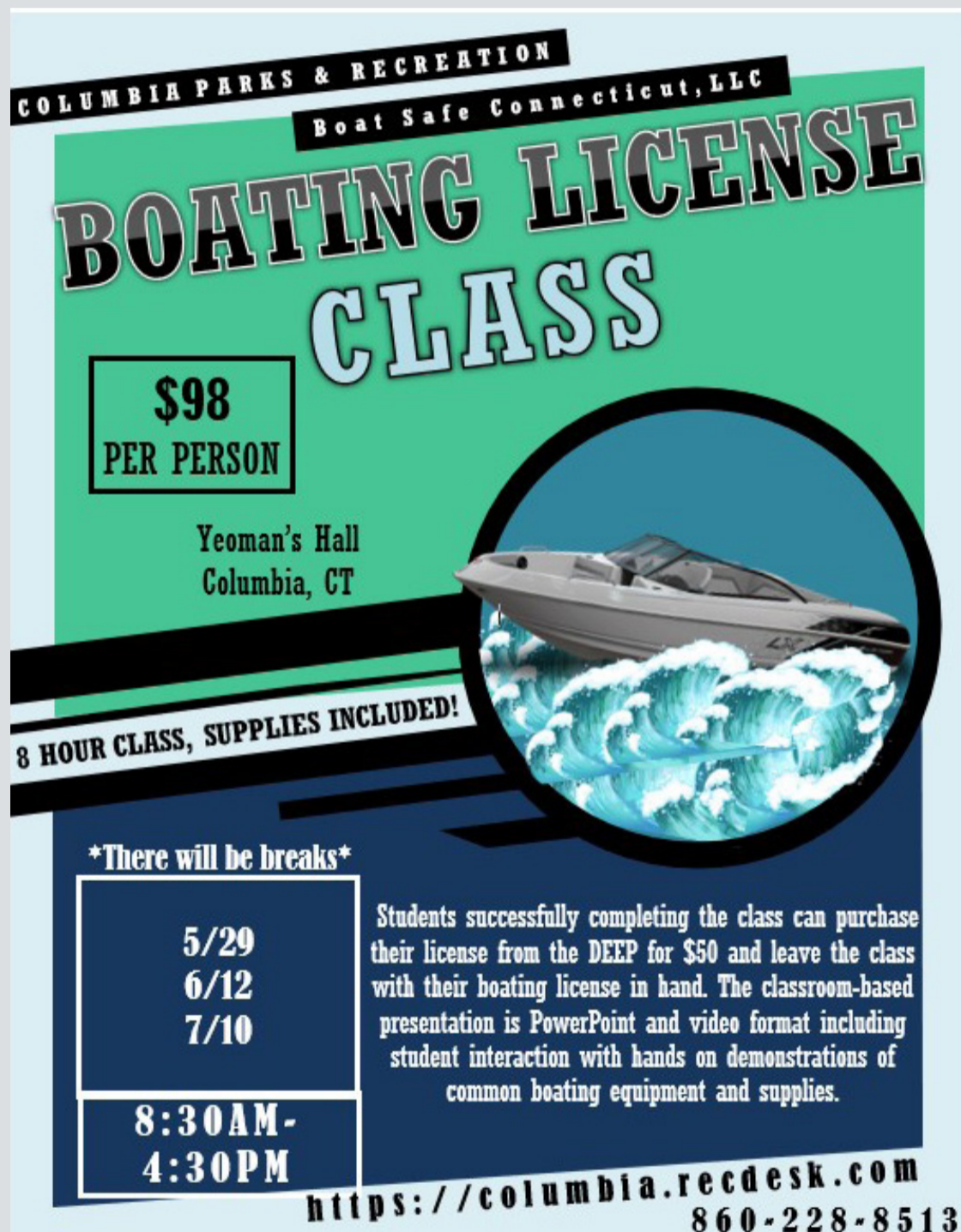
TOWN DEPARTMENT NEWS AND INFORMATION

RECREATION DEPARTMENT: Please note that the Parks and Recreation Department is now located at the Murphy House at Columbia Lake. Follow us on [FaceBook](#) and [Instagram](#)!

UPCOMING EVENTS: REGISTRATION FOR PROGRAMS [ONLINE AT RECDISK](#).

For the Columbia Parks & Recreation Summer 2021 Catalog please click [HERE](#).

Please see below and the following pages for flyers on upcoming activities.



COLUMBIA PARKS & RECREATION
Boat Safe Connecticut, LLC

BOATING LICENSE CLASS

\$98 PER PERSON

Yeoman's Hall
Columbia, CT

8 HOUR CLASS, SUPPLIES INCLUDED!

There will be breaks

5/29
6/12
7/10

8:30AM-
4:30PM

Students successfully completing the class can purchase their license from the DEEP for \$50 and leave the class with their boating license in hand. The classroom-based presentation is PowerPoint and video format including student interaction with hands on demonstrations of common boating equipment and supplies.

<https://columbia.recdesk.com>
860-228-8513

The flyer features a central image of a white speedboat on blue water, enclosed in a circular frame. The background is a mix of green and blue. Text is presented in various fonts and colors (white, black, red) for emphasis.

Marc Volza, Director of Parks & Recreation

323 Route 87, Columbia, CT, 06237

recreation@columbiact.org or 860-228-8513

HOURS: Mon-Wed: 8am-4pm, Thurs: 8am-7pm

TOWN DEPARTMENT NEWS AND INFORMATION

RECREATION DEPARTMENT CONTINUED:



**HOLOWATY
BASEBALL CAMP**
June 21-June 25
9am-12:30pm
Recreation Park
Ages 5-12

Learn the game from 4-time National Championship coach, Bill Holowaty and staff. Coach Holowaty has been a Columbia resident for over 35 years, and was head baseball coach at Eastern Connecticut State University from 1968-2013, with a record of 1382-515-6. Learn from some of the best baseball teachers in the game today.

RECREATION DEPARTMENT CONTINUED:



**SUMMER
CONCERT**

FEATURING BRUCE JOHN

June 9th, 2020

6:00 PM – 8:00 PM

Columbia Town Green

Follow Us!
COLUMBIA PARKS & RECREATION



The poster features a vibrant background with a large yellow sun in the upper right, a blue bird in the upper left, and blue musical notes scattered around the title. The bottom half of the poster shows a brown acoustic guitar and blue wavy lines representing water. Social media icons for Instagram and Facebook are located in the bottom right corner.

TOWN DEPARTMENT NEWS AND INFORMATION

RECREATION DEPARTMENT CONTINUED:



Swim Lessons

June 21st – July 1st
(July 2nd make-up)

Level 1: 10:30am or 5 pm
Level 2: 10:30am or 5 pm
Level 3: 11:10 am or 5:40 pm
Level 4: 11:10 am or 5:40 pm
Level 5: 11:50 am
Level 6: 11:50 am

Fees: Residents- \$85 per session/ Non Residents- \$90 per session
Class Session: There are 8 days of lessons with the 9th day reserved for make-up if a lesson is cancelled due to inclement weather.
Please note: Swim lessons are non-refundable and non-transferrable. In the event of a schedule conflict or your child being unable to participate, we cannot be held responsible for missed days.
Requirements to enter class: A completion card or mastery of skills of previous level

Register online at
<http://columbia.recdesk.com>
Phone: 860-228-8513
Email: recreation@columbiact.org



COLUMBIA
PARKS & RECREATION DEPARTMENT

TOWN DEPARTMENT NEWS AND INFORMATION

RECREATION DEPARTMENT CONTINUED:



5K Road Race

Summer Sizzler

Columbia, CT

August 13th
6:45pm

No day-of registration	Start & Finish at Rec Park	First 100 people get T-shirt
-------------------------------	---------------------------------------	-------------------------------------

Register by:

\$20 July 3rd	\$25 July 4th-Aug. 7th	\$30 Aug. 8th-12th
---	---	---

Columbia Parks & Recreation 860-228-8513 recdirector@colubmiact.org

TOWN DEPARTMENT NEWS AND INFORMATION

RECREATION DEPARTMENT CONTINUED:

Connecticut Forest and Parks Trails Day

Guided Hikes - Mono Pond State Park Expansion

Must Register at <https://www.ctwoodlands.org>

Sat. June 5th at 9AM

2 mi, 2-2.5 hours

Visit a newly protected 300-acre woodland parcel that features old roads and numerous trails. There will be brief stops to appreciate historical, geological, and natural aspects.

Good footwear advised. Some roots and rocks, gentle slopes. No dogs.

Rain Date: Sun June 6th at 9AM



TOWN DEPARTMENT NEWS AND INFORMATION

RECREATION DEPARTMENT CONTINUED:

Connecticut Forest and Parks Trails Day

Guided Hikes - Mono Pond State Park Expansion

Must Register at <https://www.ctwoodlands.org>

Sun. June 6th at 2 PM, Mint Brook Trail

2 miles with optional one mile extension

Visit a newly protected 100-acre woodland parcel that features old roads and a trail along a marshy brook. There will be an option of continuing another mile to visit an old sawmill location. There will be brief stops to appreciate historical, geological, and natural aspects.

Good footwear advised. Some roots and rocks, gentle slopes. No dogs.



TOWN DEPARTMENT NEWS AND INFORMATION

TOWN CLERKS OFFICE: Although we are open without an appointment we offer the following options for purchasing a transfer station sticker and dog licences.

TRANSFER STATION PERMIT STICKERS: Transfer station permit stickers for 2021 will be available for purchase May 1, 2021. This year, to purchase a transfer station sticker, please go [ONLINE](#), or **MAIL** us your application or use the **DROP BOX**. Remember to make your check payable to: **Town of Columbia** and **INCLUDE A STAMPED SELF-ADDRESSED ENVELOPE** for mailing back your stickers.

DOG LICENSING: JUNE is dog licensing month. If your dog's rabies vaccination has expired, please provide us with a copy of their current rabies vaccination certificate. If your dog has been spayed or neutered, include a copy of the veterinarian's certificate as well. The license year for your dog runs from July 1, 2021 to June 30, 2022.

PLEASE NOTE – If your dog's rabies vaccination expires in the month of JUNE, you will not be able to renew the dog's license for the new year (which begins on July 1, 2021) until we receive a current rabies certificate.

We will be accepting registrations **BY MAIL or BY DROP BOX** to limit the number of people in Town Hall. Remember to make your check payable to: **Columbia Town Clerk** and **INCLUDE A STAMPED SELF-ADDRESSED ENVELOPE WITH THE APPROPRIATE AMOUNT OF POSTAGE** for the return of your dog's new tag. Please contact us at 860-228-3284 if you have any questions.

The **DROP BOX** is located outside the doors to Yeoman's Hall. Thank you. Robin Kenefick, Town Clerk (townclerk@columbiact.org) or Gail McGrath, Assistant Town Clerk (atownclerk@columbiact.org).

NON-MUNICIPAL SERVICES PROVIDERS AND NON-PROFIT NEWS AND INFORMATION

SAXTON B. LITTLE LIBRARY: Some changes at the Saxton B. Little Library. Beginning June 1st, our hours will return to normal! Since it's been a while, this means:

- Monday 10:00 am – 5:00 pm
- Tuesday 10:00 am – 8:00 pm
- Wednesday 10:00 am – 8:00 pm
- Thursday 10:00 am – 8:00 pm
- Friday 10:00 am – 5:00 pm
- Saturday 10:00 am – 5:00 pm
- (Closed Saturdays July 3rd – Sept 7th)

Electronic materials are available 24/7

Curbside pickup still available upon request.

Masks are required in public spaces for everyone!

In support of our patrons with serious illnesses, as well as our patrons under age 12, and since we do not want anyone pointing fingers and questioning people, SBL will continue to require patrons and staff to wear masks in public areas.

Remember our space is small, we ask that you be mindful of others during this transition period. Play areas remain unavailable. If you do not feel well, please consider curbside pickup. Hand sanitizer is located at our entrance and throughout our space.

A public access computer will be available for anyone's use, but we do ask that you sign up for an appointment. Appointments are for 30 minutes between 10 – 7 pm and are on a first come first served basis.

Programming continues to be available via Zoom and Children's Take and Make kits are available for pick up.

NON-MUNICIPAL SERVICES PROVIDERS AND NON-PROFIT NEWS AND INFORMATION

SAXTON B. LITTLE LIBRARY CONTINUED: This year's summer reading program, Tails & Tails, officially kicks off on June 28th. We have lots of exciting things planned for this summer for all ages. Be sure to pick up a registration package and schedule.

As we start summer, we are planning on outdoor programming, please see the Library for more details. Particularly for our regular scheduled programs, such as Baby Bees (meets every Friday morning), Story times (meets every Tuesday morning), Stitcher group (meets weekly at 2:30 on Wednesdays), and our Writers (meets the second Monday at 2:30 and last Wednesday of the month at 6:30).

Call the Library (860.228.0350) or email us or check our [website](#) for more information.

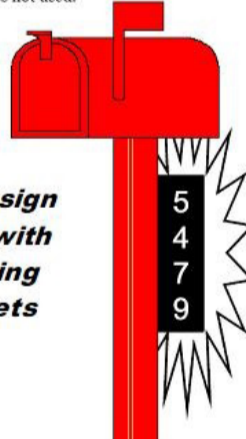
Don't forget, we also offer grab bags, Tailored Titles (a selection chosen with your likes/dislikes in mind), and Personal Selection via Zoom. Instructions for searching the catalog, how to browse library shelves from home, and more are available on our website under [catalog tutorials](#).

Stay safe, we look forward to seeing you!

Sue Epstein, Library Director

NON-MUNICIPAL SERVICES PROVIDERS AND NON-PROFIT NEWS AND INFORMATION

COLUMBIA VOLUNTEER FIRE DEPARTMENT: Community members can help the volunteers who respond to calls by clearly marking your house number in a visible manner on the street. The CVFD makes and sells reflective house number signs that help us quickly and easily identify your house; this often saves precious time. To order the Reflective Address Markers please go to the Columbia Volunteer Fire Department's web-page at www.columbiafire5.org and download the printable form or you can fill out the electronic form online. The price is \$10.00 per sign or \$12.00 with mounting brackets.

Columbia Volunteer Fire Department					
REFLECTIVE ADDRESS MARKER ORDER FORM					
Please complete the following information:					
<table border="1"><tr><td>Name _____</td></tr><tr><td>Address _____</td></tr><tr><td>City, ST Zip _____</td></tr><tr><td>Phone Number _____</td></tr></table>		Name _____	Address _____	City, ST Zip _____	Phone Number _____
Name _____					
Address _____					
City, ST Zip _____					
Phone Number _____					
Address Number Requested					
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>					
<small>Note: If your address has fewer than 5 digits, please X those boxes not used.</small>					
Mounting Preference					
HORIZONTAL _____	V E R T I C A L				
VERTICAL _____					
<table border="1"><tr><td style="text-align: center;">HORIZONTAL</td></tr></table>	HORIZONTAL	 <p>\$10 per sign or \$12 with Mounting Brackets</p>			
HORIZONTAL					
Mail to: Columbia Volunteer Fire Department PO Box 26 Columbia, CT 06237 (860) 228-9602					

NON-MUNICIPAL SERVICES PROVIDERS AND NON-PROFIT NEWS AND INFORMATION

Mobile Foodshare Schedule January – June 2021							
Name	Andover Congregational Church	Beckish Senior Center	Hebron Interfaith Human Services	First Congregational Church of Coventry	St. George's Episcopal Church	First Church of Christ Congregational	Mansfield Human Services
Town	Andover	Columbia	Hebron	Coventry	Bolton	Glastonbury	Mansfield
Address	359 US-6	188 Route 66	1 Main Street (Corner of Rt. 66 & Rt. 85)	1171 Main St.	1150 Boston Turnpike	2183 Main Street	303 Maple Road
Day	Every other Wednesday	Every other Thursday	Every other Tuesday	Every other Wednesday	Every other Tuesday	Every other Wednesday	Every other Thursday
Time	9:00 – 9:30 A.M.	1:00-1:30 P.M.	11:15 - 11:45A.M.	10:00 – 10:30 A.M.	10:00 -10:30 A.M.	10:00-10:45 A.M.	11:30 A.M. – 12:00 P.M.
January	6, 20	14, 28	5, 19	6, 20	5, 19	13, 27	14, 28
February	3, 17	11, 25	2, 16	3, 17	2, 16	10, 24	11, 25
March	3, 17, 31	11, 25	2, 16, 30	3, 17, 31	2, 16, 30	10, 24	11, 25
April	14, 28	8, 22	13, 27	14, 28	13, 27	7, 21	8, 22
May	12, 26	6, 20	11, 25	12, 26	11, 25	5, 19	6, 20
June	9, 23	3, 17	8, 22	9, 23	8, 22	2, 16, 30	3, 17

Mobile Foodshare brings perishable foods-fresh fruits and vegetables, dairy, meat, and bread directly to people in need.

The truck visits each site every two weeks.

This service is available to everyone 16 years and older.

No identification or registration needed!



For the entire Mobile Foodshare schedule visit:

www.Foodshare.org/mobile

For daily schedule: 860-856-4321

Mobile Texting

Text **FOODSHARE to 85511** to receive the mobile schedule and cancelations alerts directly on your phone.

Flyer created by the Andover, Columbia, Hebron, and Marlborough
Hunger Action Team – January 2021

NON-MUNICIPAL SERVICES PROVIDERS AND NON-PROFIT NEWS AND INFORMATION



Connecticut Food Bank/Foodshare Summer Drive-Thru Schedule

Mondays (June/July/August)

28 Stonington Road **(In the parking lot across from Pistol Pete's Bar and Grill)*

Norwich, CT 06360

9:30 am - 12:00 pm

Tuesdays (June/July/August)

Old Showcase Cinema

936 Silver Lane

East Hartford, CT 06118

8:30 am - 12:00 pm

Wednesdays (June/July/August)

Veteran's Memorial Park

42 Seaview Avenue

Norwalk, CT 06855

8:30 am - 11:30 am

Thursdays (June/July/August)

Vertical Church

225 Meloy Road

West Haven, CT 06516

9:30 am - 12:00 pm

Thursdays (6/3, 6/17, 7/1, 7/15, 8/5, 8/19)

95 Vincent P Kelly Road

Bristol, CT 06010

4:30 pm - 6:30 pm

Saturdays (6/5, 6/19, 7/10, 7/24, 8/7, 8/21)

Putnam Elementary School

33 Wicker Street

Putnam, CT 06260

9:00 am - 12:00 pm

Saturdays (6/5, 7/17, 8/14)

Torrington Industrial Park

500 Technology Park Drive

Torrington, CT 06790

9:00 am - 11:00 am

Saturdays (June/July (closed on 7/3) /August)

1316 Barnum Avenue

Bridgeport, CT 06610

7:45 am - 10:30 am

Saturdays (6/19, 7/31, 8/28)

Old Bank of America

44 Elm Street

Winsted, CT 06098

9:00 am - 11:00 am

NON-MUNICIPAL SERVICES PROVIDERS AND NON-PROFIT NEWS AND INFORMATION

May/June 2021



ENJOY TRADITIONAL TAI CHI MOVEMENTS



We'll follow the simple but magical 'Embrace the Moon' form. A wonderful way to welcome summer and rejuvenate the body, mind and spirit! Led by certified instructor Joe Pandolfo.
Thursday evenings, May 27 and June 17, 6:00-7:00pm,
For ages 20-65+, Max capacity 10 people, Cost: \$9.00 per class



Wake the Dragon Qigong!
Start your weekend with the energy and vitality of the dragon! Follow certified instructor Joe Pandolfo through these lively, spiraling traditional exercises. A wonderful way to release tension and wake your inner fire!
Saturday mornings, June 5 & 12, 10:00-11:00am, For ages 20-65+
Max Capacity 10 people, Cost: \$9.00 per class

YOGA



Yoga Flow - breath and upbeat music will motivate you through a practice that will encourage you to work strength and balance. Adjust the difficulty of your practice with amplifications and modifications and feel rewarded during the deep stretching and meditation that make up the last part of class. Led by Anna Glowacki, RYT 500 certified and also a Dharma school Level 2 graduate, practicing shaman and Reiki Master
Tuesdays, May 25, June 1, 8 & 15, 6:15-7:15pm, Max capacity 10 people
For ages 13-65+, Cost: \$8.00 per class



Yoga For Every Body - this slower paced yoga class is for any body. Music and breath will guide you through a practice that focuses on strength, balance and stretch. Meet your body where it is, whether you practice from a chair, yoga mat or both! Led by certified instructor Anna Glowacki.
Tuesdays, May 25, June 1, 8 & 15 from 10:15-11:15am, For adults 20 to 65+
Max capacity 10 people. Cost: \$8.00 per class.

ZENTANGLE DRAWING



The Zentangle Method of drawing is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. These patterns are called "tangles." Tangles are created with combinations of dots, lines, simple curves, S-curves and orbs. These simple shapes are the "Elemental Strokes" in all Zentangle art. The benefits of practicing Zentangle include calming an anxious mind, increasing self-confidence, and cultivating moment-to-moment awareness in a similar way as mindfulness meditation. Led by Tressa Giordano
Thursday, May 27 from 5:00-5:45PM, For Ages 9 - 12,
Max capacity 10 people, Cost: \$5 per person

LIFE EXPRESSIONS DECOR WORKSHOP



Create your own custom "HOME" sign with Life Expressions Decor. Learn to apply high quality vinyl letters to your custom painted 6"x24" wood sign. Project includes 5 interchangeable wood cut-out designs in place of the "O", hand painted by you! Choose your wood cut-outs at the workshop. Led by Nicole Stutz
Thursday, June 10, 6:00-8:00PM, For adults 20-65+
Max capacity 10 people Cost: \$15 per person

AHM YOUTH & FAMILY SERVICES | 25 PENDLETON DRIVE | HEBRON CT 06248 (860)228-9488 EXT 31