The Beckish Senior Center is closed to the public until further notice due to the Corona Virus. We ask that you please stay home and stay safe.

WE ARE AVAILABLE
BY PHONE AND EMAIL:
Monday—Friday 8am-3pm

Bernadette Derring—Director of Senior Services
Beckish@columbiact.org
860-228-0759 ext. 1
Town Administrator’s Office
860-228-0110
Hello from Beckish Quarantine:

I hope this note finds you well and staying healthy!! I just wanted to reach out and let you know that I am thinking about all of you as well as the members of our community! A special Thank You to all of you who are still providing support during this difficult time. The Columbia Community ROCKS!

When putting this Special Edition Newsletter together I have been reflecting back on many fun memories here at Beckish. I am very much looking forward to having you all back here on our regular schedule. In this special edition newsletter I have added a few fun games for you to play, and reliable sources of information that you may need. If you or anyone you know needs help with anything from food, health insurance, energy assistance, mental health services, etc… please call me at the senior center and I will do the best I can to assist.

Please call your neighbors, friends and family. During this time of quarantine, isolation and depression can really set in and become an issue. A phone call can really brighten the day of someone feeling alone and scared. Linda Reynolds my site server, and Lisa McDonald my dispatcher and I are making calls every other day to say hello and if there is anything we can do for you. If you would like to be on the call list please call me or email me.

Stay Well and Stay Safe! I look forward to hearing from you all!

Bernadette Derring
Director Senior Services & Transportation
Beckish@columbiact.org 860-228-0759
A Note About Trips

Unfortunately we have had to put our trips on hold for the time being but are hoping they will be back up and running soon! Everyone that was signed up for a cancelled trip will be receiving a full refund. Please be patient as it will take longer than usual for you to receive your refund. For trips that have been cancelled but are rescheduled in the future, those already signed up will be prioritized for the new date. We will contact you when we have a new date to re-register you. Refunds will be issued for anyone who can’t make the new date.

The following trip has been given a new date:

Dancing Dream ABBA Tribute rescheduled: Thurs, August 13th
If you are signed up for this trip and the new date does not work for you, we will refund you.
ANDOVER SENIOR CENTER, BECKISH SENIOR CENTER, CHAPLIN SENIOR CENTER, WINDHAM SENIOR CENTER PRESENTS:

Saint's & Sinner's Tour
Bethlehem & Lancaster

Saints - “Queen Esther” at Sight & Sound Theatre & Sinners - Wind Creek Bethlehem Casino

July 20-22, 2020  Mon-Wed

Day 1: Depart aboard our deluxe motorcoach for Bethlehem, PA. 2 nights at Bethlehem’s LUXURIOUS CASINO HOTEL, THE WIND CREEK BETHLEHEM (formerly the Sands Casino), with the largest hotel rooms in Lehigh Valley, modeled after the ultra-luxurious Palazzo in Las Vegas. Offering 3,000 slots and table games, 7 restaurants plus food court, Outlet Shopping and more. CASINO BONUS OF $60pp SLOT AND 2-$20 FOOD VOUCHERS. Afternoon and evening at leisure to try your hand at lady luck!

Day 2: This morning we depart for Lancaster and the Amish Country. We begin at the Amish Experience for a viewing of “JACOB’S CHOICE,” a dramatic tale of an Amish family’s effort to preserve their lifestyle and culture as told by the Fisher Family. Explore Kitchen Kettle Village for lunch on your own with 42 shops and restaurants jammed full of Lancaster County’s simple pleasures. This afternoon we’ll take our reserved seats at Sight & Sound Theatre for their brand new show QUEEN ESTHER. Set in the opulent yet perilous Persian Empire, Queen Esther is a captivating tale of beauty and bravery. Esther’s ordinary life changed forever when she was taken through the palace doors, entering a new world of royalty and risk. With a crown on her head and a secret in her heart, can she find the courage to trust in God’s plan and believe that she was made for such a time as this? Experience one of the most riveting Bible stories of the Old Testament as it comes to life with magnificent sets, special effects and live animals. Dinner tonight at SHADY MAPLE SMORGASBORD before returning to Bethlehem.

Day 3: Time to relax and enjoy the Casino this morning before heading for home with memories of our Saint’s & Sinner’s tour.

COST: $530 pp double / triple
$670 pp single *based on 40-50

*Casino bonus subject to change at the discretion of the Casino

INCLUDES: Deluxe motorcoach, 2 nights Wind Creek Casino, Casino Bonus: $60 Slot, 2 - $20 Food Credits, 1 dinner, sightseeing & admission as per itinerary, Friendship Tours Escort, Driver & Tour Director Gratuity

...Continued on back
TRIPS

DEPARTURE: Columbia Senior Center, 188 Route 66, Columbia

DEPOSIT: $200 pp by April 27, 2020

FINAL PAYMENT: June 1, 2020

FOR RESERVATIONS:
Andover Senior Center contact Georgla O’Brien 860-741-9947
Beckish Senior Center contact Bernadette Derring 860-228-0759
Chapin Senior Center contact Roseanne 860-455-1327
Windham Senior Center contact Kate Cox 860-423-4524

MAKE CHECKS PAYABLE TO: Town of Columbia

CANCELLATION POLICY: If a passenger cancels from deposit to June 8, 2020 fee of $100 pp; June 9 to July 6, 2020 fee of $250 pp; no refunds if cancelled on July 7, 2020 or later unless a substitute is provided.

Trip Protection Coverage is strongly recommended. Aon Affinity administers the NTA Travel Protection plan designed specifically for members of the National Tour Association. The Pre-existing medical condition exclusion can be waived by purchasing the Enhanced Plan within 14 days of your deposit or initial payment. Purchase of the plan within this time period also provides eligibility for the Financial Insolvency benefit. Travelling companions / roommates are required to take the same plan (Basic or Enhanced) in order to be properly covered. Premium is non-refundable once paid. Three ways to enroll:
1. Website: https://nta.aontravelprotect.com Tour Operator Location #076068. You can also view plan details on this site.
2. Call Aon 1-800-388-1470. Tour Operator Location #076068. Customer service agents can also answer questions about each plan.
3. Call Friendship Tours / The Ship Shop 860-243-1630 or 800-243-1630

RESPONSIBILITY: Friendship Tours arranges the components of the tours and does not own or operate the Independent suppliers of services including motorcoaches. Trips cancelled because of weather conditions are handled on a per trip basis. Refunds will depend on timing of the cancellation and supplier policies. Tickets to theater / events are non-refundable. Friendship Tours reserves the right to adjust cost based on fuel surcharges.
Trips

ANDOVER SENIOR CENTER, BECKISH SENIOR CENTER, CHAPLIN SENIOR CENTER, WINDHAM SENIOR CENTER PRESENTS:

Virginia Beach, VA & The Outer Banks, NC
September 28-October 2, 2020 Mon-Fri

Oceanfront Rooms with Private Balconies

DAY 1: Head south via deluxe motorcoach for sunny Virginia Beach. If you’re looking for fun, Virginia Beach has all kinds - experience the great Atlantic Ocean, stroll the famous 3 mile boardwalk, wiggle your toes in 35 miles of soft sand. We’ll base ourselves for 4 nights on the beach at the OCEANFRONT INN - our rooms have PRIVATE BALCONIES FACING THE ATLANTIC OCEAN. A welcome dinner marks our arrival.

DAY 2: Begin our morning with a trip back in time when aircraft were spectacular and learn why our heroes never let us down. SWINGTIME IN THE SKIES takes you to the MILITARY AVIATION MUSEUM to see one of the largest collections of flying WWII Military Aircraft in the world. Hear stories and contributions made by the men and women of aviation to our country. MEET AND INTERACT WITH ROSIE THE RIVETER. Return to our hotel to enjoy an afternoon at leisure. Dinner tonight at a local restaurant.

DAY 3: We’re off this morning for a FULL DAY TOUR to discover the unique maritime history, heritage, culture and tradition of NORTH CAROLINA’S OUTER BANKS with our native tour guide. Stop at BODIE ISLAND LIGHTHOUSE, which was built in 1872 to replace the original lighthouse destroyed in the Civil War. Visit the famous CAPE HATTERAS LIGHTHOUSE, the tallest masonry lighthouse in the United States and is listed on the National Register of Historic Places. Built in 1870, its black and white candy-striped tower is visible for several miles. Learn the marvelous history which includes its 1/2 mile move away from the sea back in 2000. See where, on a bitterly cold December morning in 1903, two brothers from Ohio changed the course of human events with the first heavier-than-air flight at the WRIGHT BROTHERS NATIONAL MEMORIAL. Enjoy dinner in the Outer Banks before returning back to our hotel in Virginia Beach tonight.

DAY 4: Enjoy a leisurely day to stroll the boardwalk, relax by the pool, take a trolley ride, go souvenir shopping or visit the Aquarium. Farewell dinner tonight.

DAY 5: We depart after breakfast with memories of our Sun, Sand and Sea adventure in Virginia Beach and the Outer Banks of North Carolina.

COST: $750 pp double / triple
$900 pp single based on 40-50

INCLUDES: Deluxe motorcoach, 4 nights hotel, 4 breakfasts, 4 dinners, sightseeing & admissions as per itinerary, Friendship Tours Escort,
Driver & Tour Director Gratuities

...Continued on back
**TRIPS**

DEPARTURE: Columbia Senior Center, 188 Route 66, Columbia

DEPOSIT: $300 pp by July 6, 2020

FINAL PAYMENT: August 10, 2020

FOR RESERVATIONS:
Andover Senior Center contact Georgia O’Brien 860-741-9947
Beckley Senior Center contact Bernadette Derring 860-228-0759
Chapin Senior Center contact Roseanne 860-455-1327
Windham Senior Center contact Kate Cox 860-423-4524

MAKE CHECKS PAYABLE TO: Town of Columbia

CANCELLATION POLICY: If a passenger cancels from deposit to August 17, 2020 fee of $150 pp; August 18 to September 14, 2020 fee of $400 pp; no refunds if cancelled on September 15, 2020 or later unless a substitute is provided.

Trip Protection Coverage is strongly recommended. Aon Affinity administers the NTA Travel Protection plan designed specifically for members of the National Tour Association. The pre-existing medical condition exclusion can be waived by purchasing the Enhanced Plan within 14 days of your deposit or initial payment. Purchase of the plan within this time period also provides eligibility for the Financial Insolvency benefit. Traveling companions / roommates are required to take the same plan (Basic or Enhanced) in order to be properly covered. Premium is non-refundable once paid. Three ways to enroll:
1. Website: [https://nta.aontravelprotect.com](https://nta.aontravelprotect.com) Tour Operator Location #076068. You can also view plan details on this site.
2. Call Aon 1-800-388-1470. Tour Operator Location #076068. Customer service agents can also answer questions about each plan.
3. Call Friendship Tours / The Ship Shop 860-243-1630 or 800-243-1630

RESPONSIBILITY: Friendship Tours arranges the components of the tours and does not own or operate the independent suppliers of services including motorcoaches. Trips cancelled because of weather conditions are handled on a per trip basis. Refunds will depend on timing of the cancellation and supplier policies. Tickets to theaters / events are non-refundable. Friendship Tours reserves the right to adjust cost based on fuel surcharges.
Beckish Senior Center, Andover Senior Center, Chaplin Senior Center, Windham Senior Center Presents:

Dancing Dream
ABBA Tribute Band

Aqua Turf Club ~ Plantsville, CT ~ Thursday, August 13, 2020

This tribute act will take you back to the days when Swedish disco group ABBA ruled the music world with their great pop hits and memorable performances. Their music is still so popular and alive, and resonates with audiences of all ages! Come experience the glitter and glamour of the 70s! This band takes pride in being able to honor the original, fantastic performers of the Swedish music group, ABBA!

Greatest hits of ABBA: MAMMA MIA, Dancing Queen, Fernando, Waterloo, Knowing Me, Knowing You

COFFEE & DONUTS ON ARRIVAL

FAMILY STYLE MENU: Garden Salad, Pasta, Chicken Francaise & Salmon with Dill Sauce, Vegetable, Potato, Rolls, Dessert, Beverage

COST: $105 pp based on 40-52

Beckish Senior Center contact Bernadette Derring 860-228-0759
Andover Senior Center contact Georgia O'Brien 860-742-9947
Chaplin Senior Center contact Roxanne 860-455-1327
Windham Senior Center contact Kate Cox 860-423-4524

Departure: 10:00a Beckish Senior Center, 188 Route 66, Columbia

Estimated Return: 4:30p Columbia

Checks Payable to: Town of Columbia

Friendship Tours
The Ship Shop
700 Housatonic Ave, Bloomfield, CT 06002
860-228-0759 203-249-0815
www.friendshiptours.net
Beckish Senior Center presents:

The River Rose Cruise
Newburgh, NY
Lunch at The River Grill
An Authentic Paddleboat Experience
Thursday, June 18, 2020

The River Rose is an authentic New Orleans paddle wheeler that departs from Newburgh, NY & heads south offering a 2 hour narrated tour of historically significant sites such as Bannerman’s Island, Catskill water aqueduct, Storm King Mountain, Breakneck Mountain, Village of Cold Spring and West Point.

Prior to our cruise, lunch will be at The River Grill. Located in Newburgh’s Historic District on the Hudson River, the restaurant features delicious food and magnificent water views.

Menu: Garden Salad, Choice of: Penne Al a Vodka, Filet of Sole Stuffed with Crabmeat, Chicken Marsala, or Grilled Flank Steak, Potato, Warm Brownie Sundae, Soda or Coffee. Entrée Choice In Advance.

COST $115 pp based on 40-52

Departure: 8:00am, Columbia Senior Center, 188 Route 66, Columbia

Estimated Return: 7:30pm Columbia

Beckish Senior Center contact Bernadette Derring 860-228-0759
Andover Senior Center contact Georgia O’Brien 860-742-9947
Chaplin Senior Center contact Roxanne 860-455-1327
Windham Senior Center contact Kate Cox 860-423-4524

Make Checks Payable to: Town of Columbia

Friendship Tours arranges the components of the tour and does not own or operate the independent suppliers of services including motorcoaches. Trips cancelled because of weather conditions are handled on a per trip basis. Refunds will depend on timing of the cancellation and supplier policies. Tickets to theaters/events are non-refundable. Friendship Tours reserves the right to adjust cost based on fuel surcharges.
Beckish Senior Center, Andover Senior Center, Caplin Senior Center, Windham Senior Center Present:

**NEWPORT PLAYHOUSE & Cabaret Restaurant**

**July 19, 2020 Sunday**

The loons are back ON GOLDEN POND and so are Norman Thayer & his wife Eisle, who have had a summer cottage there for years.

This summer their daughter Chelsea whom they haven’t seen in years, feels she must be there for Norman’s birthday. Enjoy this poignant story of lost relationships and hopeful reconciliation.

**FEATURING A GREAT LOBSTERFEST MENU!**

Great buffet featuring Boiled Lobster (1 per person), Shrimp Cocktail, Clam Chowder, wide variety of Salads, Hot & Cold Entrees, Desserts, Beverage

This unique dinner theatre is a favorite for locals & visitors since 1983. ALL FOOD IS PREPARED ON THE PREMISES & ENJOYED IN THE MAIN DINING ROOM.

After dining, take your reserved seats in the theater.

After the Play, return to the dining room for the Cabaret Show.

**COST: $116.00 pp based on 40-52**

Reservations:

- Beckish Senior Center contact Bernadette Derring 860-228-0759
- Andover Senior Center contact Georgia O’Brien 860-742-9947
- Chaplin Senior Center contact Roxanne 860-455-1327
- Windham Senior Center contact Kate Cox 860-423-4524

Depart: 9:30am Beckish Senior Center, 188 Route 66, Columbia
Est. Return: 6:30pm Columbia
Checks Payable to Town of Columbia

Friendship Tours arranges the components of the tours and does not own or operate the independent suppliers of services including motorcoaches. Trips cancelled because of weather conditions are handled on a per trip basis. Refunds will depend on timing of the cancellation and supplier policies. Tickets to theater / events are non-refundable. Friendship Tours reserves the right to adjust cost based on fuel surcharges.
Beckish Senior Center, Andover Senior Center, Caplin Senior Center, Windham Senior Center Present:

The Lighthouses of Boston Harbor
Venezia Restaurant on the Waterfront
Tuesday, August 25, 2020

Relax aboard a 90 minute narrated historical cruise highlighting the history of the five Boston Lighthouses...
- Long Island Head Light
- Deer Island Light
- The Lovells Island Light
- Boston Light
- The Graves Light

Panoramic viewing on the Provincetown III, a sleek catamaran.

Prior to our cruise we’ll have lunch at The Venezia Restaurant, a waterfront location with breathtaking views of the Boston skyline.
Menu: Salad, Baked Haddock or Chicken Parmesan, Potato, Vegetable, Dessert & Coffee (Entrée choice in advance)

COST: $125 pp based on 40-52

Reservations:
Beckish Senior Center contact Bernadette Derring 860-228-0759
Andover Senior Center contact Georgia O’Brien 860-742-9947
Caplin Senior Center contact Roxanne 860-455-1327
Windham Senior Center contact Kate Cox 860-423-4524

Departure: 8:30a Beckish Senior Center, 188 Route 66, Columbia
Estimated Return: 6:30p Columbia

Friendship Tours charges the transportation fee, but not the cost of the trip. The fee does not cover the cost of meals, services or supplies. Trips may be canceled because of weather conditions. Tickets are non-refundable. Friendship Tours reserves the right to advise cost based on fuel surcharges.
OLDER ADULTS

Older adults, 65 years and older, are at higher risk for severe illness. COVID-19 is a new disease and we are learning more about it every day.

What you can do:
If you have a serious underlying medical condition:
- Stay home if possible.
- Wash your hands often.
- Avoid close contact (6 feet, which is about two arm lengths) with people who are sick.
- Clean and disinfect frequently touched surfaces.
- Avoid all cruise travel and non-essential air travel.
- Call your healthcare professional if you have concerns about COVID-19 and your underlying condition or if you are sick.
For more information on steps you can take to protect yourself, see CDC’s How to Protect Yourself

Stress and Coping

Older people are at higher risk for severe illness from COVID-19 which may result in increased stress during a crisis. Fear and anxiety about the COVID-19 pandemic can be overwhelming and cause strong emotions.

Things you can do to support yourself
- Take breaks from watching, reading, or listening to news stories and social media. Hearing about the pandemic repeatedly can be upsetting.
- Take care of your body. Take deep breaths, stretch, or meditate. Try to eat healthy, well-balanced meals, exercise regularly, get plenty of sleep, and avoid alcohol and drugs.
- Make time to unwind. Try to do some other activities you enjoy.
- Connect with others. Talk with people you trust about your concerns and how you are feeling.
- Call your healthcare provider if stress gets in the way of your daily activities for several days in a row.
- If you, or someone you care about, are feeling overwhelmed with emotions like sadness, depression, or anxiety, or feel like you want to harm yourself or others call 911
- Substance Abuse and Mental Health Services Administration’s (SAMHSA’s) Disaster Distress Helpline: 1-800-985-5990 or text TalkWithUs to 66746. (TTY 1-800-846-8517)
What is coronavirus disease 2019 (COVID-19)?
Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.

Can people in the U.S. get COVID-19?
Yes. COVID-19 is spreading from person to person in parts of the United States. Risk of infection with COVID-19 is higher for people who are close contacts of someone known to have COVID-19, for example healthcare workers, or household members. Other people at higher risk for infection are those who live in or have recently been in an area with ongoing spread of COVID-19. Learn more about places with ongoing spread at https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html#geographic.

Have there been cases of COVID-19 in the U.S.?

How does COVID-19 spread?
The virus that causes COVID-19 probably emerged from an animal source, but is now spreading from person to person. The virus is thought to spread mainly between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs or sneezes. It also may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads. Learn what is known about the spread of newly emerged coronaviruses at https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html.

What are the symptoms of COVID-19?
Patients with COVID-19 have had mild to severe respiratory illness with symptoms of:
- fever
- cough
- shortness of breath

What are severe complications from this virus?
Some patients have pneumonia in both lungs, multi-organ failure and in some cases death.

How can I help protect myself?
People can help protect themselves from respiratory illness with everyday preventive actions.
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

If you are sick, to keep from spreading respiratory illness to others, you should
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

What should I do if I recently traveled from an area with ongoing spread of COVID-19?
If you have traveled from an affected area, there may be restrictions on your movements for up to 2 weeks. If you develop symptoms during that period (fever, cough, trouble breathing), seek medical advice. Call the office of your health care provider before you go, and tell them about your travel and your symptoms. They will give you instructions on how to get care without exposing other people to your illness. While sick, avoid contact with people, don’t go out and delay any travel to reduce the possibility of spreading illness to others.

Is there a vaccine?
There is currently no vaccine to protect against COVID-19. The best way to prevent infection is to take everyday preventive actions, like avoiding close contact with people who are sick and washing your hands often.

Is there a treatment?
There is no specific antiviral treatment for COVID-19. People with COVID-19 can seek medical care to help relieve symptoms.

cdc.gov/COVID19
**Senior Info**

**BEWARE Various Scams**

**2020 Medicare Card Scam**  
A new scam has arisen in 2020 where calls are being made to seniors about a new Medicare card. The callers ask you to provide them with the number on your current Medicare card and may ask for additional personal info (social security number, address, etc.). **There is no new Medicare card and Medicare will never call to ask for your info.**  
**DO NOT PROVIDE ANY INFORMATION.**

**COVID--19 Scam (Coronavirus)**  
Criminals looking to make a buck are calling, emailing and advertising cures to prevent and /or stop COVID-19. These are fake.  
**There is currently no cure for COVID**

**Malware Related to COVID--19**  
The Department of Health and Human Services (HHS) issues information on a fake online Coronavirus map that delivers a well-known malware. A malicious website pretending to be the live map for Coronavirus COVID-19 Global Cases by Johns Hopkins University is circulating on the internet waiting for unwitting internet users to visit the website. Visiting the website infects the user with the AZORult trojan, an information stealing program which can exfiltrate a variety of sensitive data. It is likely being spread via infected email attachments, malicious online advertisements, and social engineering. Furthermore, anyone searching the internet for a Coronavirus map could unwittingly navigate to this malicious website.
Infoline-2-1-1

2-1-1 is your one-stop connection to the local services you need, from utility assistance, food, housing, child care, after school programs, elder care, crisis intervention and much more. 2-1-1 is always ready to assist you find the help you need. Dial 2-1-1 or search online. If you are outside Connecticut or have a problem using 2-1-1 number, dial 1-800-203-1234. Text CTCOVID to 898211 for updates

Phone Number to call Bernadette: 860-228-0759 ext. 1

Food Pantry: is open Tuesdays—8-3pm please call and we will make deliveries to your doorstep ONLY!
Meal on Wheels Program—If you are homebound and would like to have meal on wheels delivered please call Bernadette
Donations: Donations are welcome— please call ahead before dropping items off.
WHAT IS THE 2020 Census?
The 2020 Census COUNTS EVERY PERSON LIVING IN THE UNITED STATES and FIVE U.S TERRITORIES (Puerto Rico, American Samoa, the Commonwealth of the Northern Mariana Islands, Guam and the U.S Virgin Islands)

Fill out your 2020 Census with confidence knowing your personal information will not be shared with any other governmental department at the federal, state or local level. Hundreds of billions of dollars in federal funds are distributed annually based on Census data.

Fill out your 2020 Census today –

**Online:** [2020census.gov](http://2020census.gov)
**Phone:** 844-330-2020

Hours of Operation: Phone lines are open every day from 7am to 2am

**Mail:** your completed form (you will only receive this if you have not completed it online or on the phone):

U.S. Census Bureau
National Processing Center
1201 E 10th Street
Jeffersonville, IN 47132

Visit [2020census.gov](http://2020census.gov)

You might miss your initial letter in the mail. Every household that hasn’t already responded will receive reminders and will eventually receive a paper questionnaire. It doesn’t matter which initial invitation you get or how you get it—we will follow up in person with all households that don’t respond.

**SPREAD THE WORD!**
Presidential Primary

The Republican and Democratic Primary has been postponed to June 2nd, 2020. Primaries in CT are “Closed Primaries”, meaning that only voters registered in the party which is holding the Primary may vote. So only registered Republicans can vote for Republican candidates, and only registered Democrats can vote for Democratic candidates. If you are not currently registered to vote, or not currently affiliated with a political party (registered as Unaffiliated), you can enroll in a party via mail until May 28th, 2020 or in person until noon on June 1st, 2020 and still be eligible to vote in the Presidential Primary.

For information about obtaining an Absentee Ballot, please contact the Town Clerk at (860) 228-3284.

Please check our Registrar of Voters page on the town website or contact our office for more information.

Registrars of Voters
Karen Butzgy – Democratic
Katherine Morrison – Republican
(860) 228-6843 x113
registrar@columbiact.org
This year due to the COVID-19 you will have to mail in your information to the town hall to receive your renter’s rebate.

**Mail to:** Town of Columbia—323 Route 87 Columbia CT 06237
Attn: Assessors Office

**What you will need:** Proof of income- copy of their tax return if they file one and copy of their SSA-1099(s), either copies of all their rent receipts or a letter from their landlord stating what they paid for rent for the 2019 year, and either copies of all their payments for electric bills or a statement from their provider for all payments made in 2019.

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**COVID-19: SOCIAL DISTANCING IN PUBLIC PARKS AND TRAILS**

- Do not use parks or trails if you are exhibiting symptoms.
- Be prepared for limited access to public restrooms or water fountains.
- Follow CDC’s guidance on personal hygiene prior to visiting parks or trails.
- Share the trail and warn other trail users of your presence and as you pass.
- Observe CDC’s minimum recommended social distancing of 6’ from other persons at all times.
Happy Earth Day!

Word List:

AIR
CLEAN
EARTHDAY
ENERGY
GREEN
OCEAN
PLANT
REDUCE
SAVE
WATER

APRIL
CLIMATE
ECOLOGY
ENVIRONMENT
HABITAT
OXYGEN
Pollution
REPURPOSE
TREES
WETLANDS

ATMOSPHERE
COMPOST
ECOSYSTEM
FLOWERS
LITTER
OZONE
RAINFOREST
RESOURCES
VOLUNTEER
WILDLIFE

CARBONFOOTPRINT
CONSERVATION
ENDANGERED
FUEL
NATURE
PLANET
RECYCLE
RUBBISH
WASTE
WORLD
How Does Your Garden Grow?

E I G R W A D G S T T S E V O L G S G
F E N E O T P O P R R P I T C H I O
L L I I R N I E A O I O A S E R W F G
O V T A R L T R D W D K O K U E O N O
W E N X A H C U E E E E P X B E R I W H
E G A I B S A T B L M V S D K T A D S
R E L N L L L P O L L I N A T I O N
S T P G E O N U C Y R N S V E L E I T
P A E R E R U C E W G D I R G A A N N
E B D I H G A I N R E T Z R J I E R H
R L N I W A L T F E L L E D R N G S T
E E B R G N S R S U E E I E I N A U L
N S R I N I M O C E N G N H N E L O N
N H V O O C T H H H G E S I Q I R I C
I E O L M C T W O I D N A R P B R O U
A A F E E E U N U N R U R A S E E S O H
L G E S S I S G A S U N L E V O H S D
O A H O P E H G L E K E G A I L O F S P
F E R T I L I Z E R A Z G R O W O K M

Word List:

ANNUALS
DIGGING
FOLIAGE
GREENHOUSE
HOSE
PITCH
RAIN
SEEDS
SPADE
VEGETABLES

BIENNIAL
DIET
GARDENER
GROW
ORGANIC
FORK
RAKE
SHOVEL
SUNSHINE
WATER

COMPOST
FERTILIZER
GLOVES
HOES
PERENNIAL
PLANTING
RELAXING
SHRUBS
TROWEL
WEEDING

CULTIVATING
FLOWERS
GNOME
HORTICULTURE
PINWHEEL
POLLENATION
ROWS
SOIL
TULIPS
WHEELBARROW
Adult coloring pages can be therapeutic, relaxing and calming.
Sudoku
Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

<table>
<thead>
<tr>
<th>9</th>
<th>6</th>
<th>1</th>
<th>4</th>
</tr>
</thead>
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<td>6</td>
<td>1</td>
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<tr>
<td>5</td>
<td>7</td>
<td>2</td>
<td>9</td>
</tr>
<tr>
<td>1</td>
<td>6</td>
<td>3</td>
<td>7</td>
</tr>
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<td>7</td>
<td>4</td>
<td>5</td>
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<td>5</td>
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<tr>
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</tr>
<tr>
<td>3</td>
<td>6</td>
<td>4</td>
<td>3</td>
</tr>
</tbody>
</table>

#1

Sudoku
Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

<table>
<thead>
<tr>
<th>3</th>
<th>9</th>
<th>2</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>6</td>
<td>1</td>
</tr>
<tr>
<td>3</td>
<td>5</td>
<td>1</td>
</tr>
<tr>
<td>2</td>
<td>5</td>
<td>1</td>
</tr>
<tr>
<td>7</td>
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<td>9</td>
</tr>
<tr>
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<td>7</td>
<td>2</td>
</tr>
<tr>
<td>2</td>
<td>6</td>
<td>3</td>
</tr>
</tbody>
</table>

#2

Rebus Puzzle Brain Teasers

give get
give get
give get
give get
give get

#3

LOVE

#4

LE VEL

#5

ABCDFGHJKLM NOPQRSTUVWXYZ

#6
Answer to Sudoku

#3 - Forgive and Forget
#4 - Split Level
#5 - Falling in Love
#6 - Missing U
Columbia Seniors Organization, Inc.

President - Sheran Smith
Vice-President - Pat Lanza
Secretary - John Allen
Treasurer - Margaret Schatz
Member at Large: Yvon Desautels

All seniors are invited to attend our meetings. Please see calendar for date/times

The Beekish Senior Center will be closed until further notice due to COVID-19

Just a reminder: A Social Services agent, is here as a representative of the ACCESS Agency every Tuesday from 8:30 AM to 3:00 PM. They can direct you to programs that are available throughout the community and in the Town of

DONATIONS

PLEASE NOTE: When donations are made and intended for the organization, the checks must be made out to: COLUMBIA SENIORS ORGANIZATION, INC. or CSO, INC. The Town Administrator has been authorized by the Board of Selectman to contact donors and ask their intent for the donation if the check is made out otherwise. Thank you.

WASH YOUR HANDS
CSO Board Members

President: Sheran Smith
Vice President: Pat Lanza
Treasurer: Margaret Schatz
Secretary: John Allen
Member at Large: Yvon Desautels
Finance/Budget: Pat Lanza
Membership—Vacant
Gifts/Memorial—Sheran Smith
Publicity—Vacant
Way & Means—Pat Lanza/Sheran Smith
Program Committee—Maureen Allen

Committees & Chairmen
Get up & Go—Margaret Schatz/John Allen/Henriette Sardi
Women's Club—Gert Naumec
Bridge Group—Noreen Steele/John Allen
Duplicate Bridge—Noreen Steele/John Allen/George Waller
Quilting—Kathleen King/Alice Desautels
Book Club—Su Epstein
Pool Group—Yvon Desautels
Set Back—Beverly Taft
Wood Carving—Art Austin
Movie—Maureen Allen
Art Committee—John Allen/Margaret Schatz/Henriette Sardi/Janice Knight/Andrea Stannard/Kathy Tolsdorf
BERNADETTE DERRING, Director
Phone: 860-228-0759
Email: beckish@columbiact.org
Website: www.columbiact.org

Senior Center HOURS:
Monday - Friday
8:00 AM to 3:00 PM

... AND MUCH MORE

Dr. Morgan the
Colchester Foot Specialist

Thursday, July 2, 2020
1-2:30pm

Podiatry

Please call to set up an appointment or stop in. If you have any questions please call Bernadette at 860-228-0759