

COMMISSION ON AGING MINUTES

February 26, 2020

Meeting called to order @9:03am

Attending: CONA Members - Jill Livingston, Catherine Rowe, Maggie Ewald and Lynn Bounocore. Also in attendance, Columbia Senior Center Director Bernadette Derring and CSO Sharon

January 2019 minutes were accepted by Jill Livingston and seconded by Maggie Ewald

OLD BUSINESS:

Bernadette Derring, Senior Center Director: Hired new driver(s) Pat M. & Rose for a total of 35 hrs. "Healthy Brain Talk" presentations have been going very well.

Catherine Rowe to attend the next BOS meeting held in March to speak on the need for a "medical car"

A special CONA meeting regarding the need for a second vehicle "a medical car" to be held March 11th @ 9am to prepare for upcoming BOS meeting.

Motion by Maggie Ewald and seconded by Lynn Bounocore to present "need for medical car" at the next BOS meeting.

Social Service Update – Still ongoing. Bernadette and Mark Walter working with AHM services.

Jill to contact possible speakers for Alzheimers Inservice @ senior center. She will also gather info on an existing program "Memory Lane Café" about their program and payer sources

"Cooking for One" – Maggie Ewald suggested a meal that can be cooked and then and then given to the attendees to take home to utilize. Jill Livingston contacted Marlborough Health Care Center for possible presentation by their dietary dept.

"Thriving in Place" – Catherine Rowe to contact MD for Medical Awareness program

Motion to send revised NE Adult Day Care Organization letter to residents was accepted by Jill Livingston and seconded by Lynn Bounocore.

Property Updates – continue

Rte 66 Corridor meeting is scheduled for April 16th @ East Hampton Senior Center with subsequent meetings July 16th @ Colchester Senior Center and October 15th @ Portland Senior Center

NEW BUSINESS:

Motion to adjourn the meeting was made by Lynn Bounocore and seconded by Jill Livingston

Meeting was adjourned @ 9:55am

Next CONA Meeting will be held on March 24, 2020 @ 9:00am

Minutes respectfully submitted by, Jill Livingston