

COMMISSION ON AGING MINUTES

January 22, 2020

Meeting called to order @9:01am

Attending: CONA Members - Jill Livingston, Millie Ramsey, Catherine Rowe, Maggie Ewald and Marjorie Golden-Mossberg. Also in attendance, Columbia Senior Center Director Bernadette Derring and Town Manager Mark Walter.

October 2019 minutes were accepted by Millie Ramsey and seconded by Maggie Ewald

November 2019 Minutes were accepted by Jill Livingston and seconded by Millie Ramsey

OLD BUSINESS:

Bernadette Derring, Senior Center Director: Senior Center doing well. Received approval for extended hours for driver and dispatcher, Lisa McDonald. 2020 is the year for "Memory Care"

Upcoming Events at Senior Center: "Health Brain Talk" Feb. 3rd, 10th and March 24th, Upcoming "Cooking for One"

Motion to support gathering of information on NE Adult Day Care for Dementia and transitioning to Long-Term-Care support and services in Ct. by Cathie Rowe and seconded by Jill Livingston. Jill to contact Scott Ginter regarding future inservice on Alzheimer Dementia.

Thriving-In-Place: "Cooking for One" Jill to contact Marlborough SNF regarding program. Cathie to contact MD for Medical Awareness program

UCAN Program & Senior Projects with local high schools:

Phone Pal Program – to formulate letter with contact phone numbers

Friendly Visitors Program – Possibly connect with SCO to reinstitute these programs

Senior Housing/Property Update: Recent interested properties are not buildable. Will look into other properties in Columbia. Mark Walter to look into deed language for the newly acquired recreation property

Social Work – At the last HAT" meeting both Mark Walter and Bernadette Derring spoke about the need for more social work services. Mark met with Executive Director of AHM Tressa Giordano, to discuss added services and the costs.

Medical Car Update - Will propose for fiscal year 2021. Bernadette to meet with Columbia Ford

Colebrook Village tour scheduled for later today

NEW BUSINESS:

Motion to adjourn the meeting was made by Marjorie Golden-Mossberg and seconded by Maggie Ewald

Meeting was adjourned @ 9:50 am

Next CONA Meeting will be held on February 26, 2020 @ 9:00am

Minutes respectfully submitted by, Jill Livingston