

COMMISSION ON AGING MINUTES

July 24, 2019

Meeting called to order @9:00am

Attending: CONA Members - Jill Livingston, Maggie Ewald, Catherine Rowe, Lynn Bounocore and Marjorie Golden-Mossberg. Also in attendance, Columbia Town Administrator Mark Walter.

Minutes from meeting June 26, 2019 read and accepted by a motion from Marjorie Golden-Mossberg and seconded by Lynn Bounocore

OLD BUSINESS:

Bernadette Derring, Senior Center Director: On Vacation – No Update

Mark Walter – Regarding Car Lease Purchase, He will forward the latest proposal for CONA to review. No Uber service in Columbia (unlike other towns). Transportation services to Dialysis in desperate need.

Decision made to wait until September 17th to present to BOS.

Maggie Ewald will contact the Lyons Club and Cathy Rowe will contact Sharon Smith regarding the September 17th BOS meeting.

Senior Housing: Mark Walter: Still ongoing

Sustainable Ct.: Per Mark, 500 lbs. of plastic bags needed to attain a free Trex Bench. There are plastic bag collection containers in all “Town of Columbia” buildings.

Social Work – Ongoing Assessment

Rt 66 Corridor Mtg Update by Cathy Rowe: Diane Stone from the Newington Senior/Disabled Center spoke on creating a “Set of Standards” for all Senior Centers. Recommended that all seniors have access to “myplace.org”. Cathy has recommended to Bernadette to keep our seniors aware thru publications such as newsletters, etc.

Survey Distribution - ongoing

New Business:

RT 66 Corridor Upcoming discussions/presentations to include: Thriving in Place programs, Medicare Home Health Benefits, Mindful Movement, Meaningful Cooking (Sr Resources), Fall reduction (PT from MDSX), Medications (E. Hampton member presentation). Per Maggie, Assistive Technology presentation may be beneficial. Next Rt 66 Corridor Mtg will be October 17th at the Portland Senior Center, time yet to be set. Future Rt 66 Corridor dates are January 16th @ the Haddam Senior Center, April 16th @ the East Hampton Senior Center and July 16th @ the Colchester Senior Center. Future topics

to include Transportation Forum (DMV), Social Services, Baby Boomers programs, and “My Senior Center”.

Survey: Cathy to ask Bernadette to have copies available at the Columbia Senior Center

Motion to adjourn the meeting was made by Maggie Ewald and seconded by Jill Livingston

Meeting was adjourned @ 9:53am

Next CONA Meeting to be held on August 28, 2019 @ 9:00am

Minutes respectfully submitted by Jill Livingston