FILING OF IRS TAXES ON THURSDAYS

March 5th and March 19th

9am—1pm

1 hour appointments—4 appointments per hour
9am—10am, 11am and 12pm

Please sign-up and leave your telephone number!
When you sign-up please take a form and have it filled out prior to your appointment to make sure the day runs smoothly and on time.
# March

**BECKISH SENIOR CENTER**  860-228-0759

Center Hours: Monday - Friday ~ 8:00 AM to 3:00 PM

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
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<td></td>
<td>8:1 Haircuts</td>
<td>9:30 ZUMBA</td>
<td>10:30 PING PONG</td>
<td>12:00 TVCCA Lunch</td>
<td>12:30 Healthy Brain</td>
<td>12:30 CSO Exec Mtg</td>
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<td>8 End of week is DEADLINE FOR April GEM</td>
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<td>9:30 ZUMBA</td>
<td>10:30 PING PONG</td>
<td>12:00 TVCCA Lunch</td>
<td>1:30 Yoga</td>
<td>6:30 Lion’s Club AAC Basketball-departs @ 3:30pm</td>
<td>8:00 Walking Group</td>
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<tr>
<td>2:00 Goodspeed Opera House-Elvis Performance</td>
<td>9:30 ZUMBA</td>
<td>10:30 PING PONG</td>
<td>12:00 TVCCA Lunch</td>
<td>1:30 Yoga</td>
<td>9:30 Women’s Club</td>
<td>9:30-12 Woodcarving</td>
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<td>APRIL 1</td>
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<td>10:30 PING PONG</td>
<td>12:00 TVCCA Lunch</td>
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<td>9:30-12 Woodcarving</td>
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<tr>
<td>5 April</td>
<td>6 April</td>
<td>Senior Center Hours Monday - Friday 8:00 AM to 3:00 PM</td>
<td>8:1 Haircuts</td>
<td>9:30 ZUMBA</td>
<td>10:30 PING PONG</td>
<td>12:00 TVCCA Lunch</td>
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## LUNCH MENU

Join us for lunch at 12 noon on Monday, Wednesday or Friday each week.

Suggested donation: $3.00 for HOT MEAL

### March 2020

#### Monday

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<tr>
<td>Stuffed Chicken Cordon Bleu</td>
<td>Beef Stew</td>
<td>Pork Loin w/mushroom gravy</td>
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<tr>
<td>Tater Tots</td>
<td>Herb Roasted Potatoes</td>
<td>Garlic Roasted Potatoes</td>
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<tr>
<td>Green Beans</td>
<td>Broccoli</td>
<td>Green Beans</td>
</tr>
<tr>
<td>Pineapple Tidbits</td>
<td>Fresh Fruit</td>
<td>Mandarin Oranges</td>
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#### Wednesday

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<td><strong>9</strong></td>
<td><strong>11</strong></td>
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</tr>
<tr>
<td>Meatballs Marinara</td>
<td>Birthday Celebration Chicken</td>
<td>Crispy Cod</td>
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<tr>
<td>Penne Pasta</td>
<td>Cacciator Pasta Shells</td>
<td>Macaroni &amp; Cheese</td>
</tr>
<tr>
<td>Cauliflower, Carrots, &amp; Snap Peas</td>
<td>w/ marinara Green &amp; Yellow Squash</td>
<td>Brussel Sprouts, Pineapple Tidbits</td>
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<tr>
<td>Diced Pears</td>
<td>Birthday Sweet, Grape Juice</td>
<td>Add-on: Broccoli, Potato &amp; Cheddar</td>
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#### Friday

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<tr>
<td>Cheese Pierogi w/ Shredded Cabbage</td>
<td>Ethnic Celebration Chicken</td>
<td>Cheese Manicotti w/ marinara</td>
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<tr>
<td>Kasha (Groats w/ roasted vegetables) Broccoli Diced Peaches</td>
<td>Corned Beef &amp; Cabbage Steamed Parsley Potatoes Sliced Carrots, Dinner Roll Irish Soda Bread &amp; Apple Juice</td>
<td>Garlic Bread Green &amp; Yellow Squash Lima Beans, Fresh Fruit</td>
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<tr>
<td>Add-on: Split Pea &amp; Ham Soup</td>
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<tr>
<td>Chicken &amp; Broccoli Steamed Rice Oriental Vegetable Blend Sweet Treat Orange Juice</td>
<td>Chicken Marsala Rice Pilaf Brussel Sprouts Tropical Fruit Cup</td>
<td>Stuffed Haddock w/ shellfish Broccoli, Mixed Vegetables Medley Fruit Cocktail</td>
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<tr>
<td>Add-on: Minestrone Soup</td>
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#### Soups to warm the heart

Offered this fall/winter season every Friday.

1% milk and whole grain bread are served with each meal. Menu is subject to change without notice.
TVCCA Senior Nutrition Program

Fall & Winter Season 2019 Soup Menu

Soups are available as an **add-on** to the *Friday* café lunch menu.

*The soups are homemade and microwaveable.*

**Chicken Noodle Soup**

Low sodium broth, diced cooked chicken, diced onions, carrots & celery.

**Corn Chowder Soup**

Low sodium vegetable broth, diced potatoes, bacon bits & corn.

**Broccoli Potato & Cheddar Soup**

Low sodium chicken broth diced potatoes, Monterey cheddar jack cheese & broccoli.

**Split Pea & Ham Soup**

Low sodium chicken broth, diced onions, carrots, celery, low sodium ham & split peas.

**Minestrone Soup**

Rich vegetable broth, diced onions, string beans, carrots, squash mix & ditalini.

Soups are served as an **add-on**, along with the regular café lunch meal. All soups are offered with a side of wheat crackers. Soups will be sent to the sites in quart containers or Cambron containers. **Temperature should be 165°F before serving.**

**Due to state health regulations, soups cannot be taken home.**

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**Senior Nutrition Program - 81 Stockhouse Rd, Bozrah, CT - (860) 886-1720**

TVCCA Senior Nutrition Program is supported by Senior Resources-Area Agency on Aging with Title III funds made available under the Older Americans Act.
BOOKWORMS
Join the Bookworm Club on the fourth Thursday of every month at 1 PM—See Page 6 for the list!

OTHER ACTIVITIES
The Men’s Group meets every Wednesday morning at 9am. Please come join the men to play pool, cards and discuss various topics.

The Ladies Group meets every Tuesday morning at 9:30 AM with coffee and snacks. Please come join in the fun!
Trips

Andover Senior Center, Beckish Senior Center, Chaplin Senior Center, Windham Senior Center presents:

Saint's & Sinner's Tour
Bethlehem & Lancaster

Saints - “Queen Esther” at Sight & Sound Theatre
& Sinners - Wind Creek Bethlehem Casino

July 20-22, 2020  Mon-Wed

Day 1: Depart aboard our deluxe motorcoach for Bethlehem, PA. 2 nights at Bethlehem’s LUXURIOUS CASINO HOTEL, THE WIND CREEK BETHLEHEM (formerly the Sands Casino), with the largest hotel rooms in Lehigh Valley, modeled after the ultra-luxurious Palazzo in Las Vegas. Offering 3,000 slots and table games, 7 restaurants plus food court, Outlet Shopping and more. CASINO BONUS OF $60pp SLOT AND 2-$20 FOOD VOUCHERS. Afternoon and evening at leisure to try your hand at lady luck!

Day 2: This morning we depart for Lancaster and the Amish Country. We begin at the Amish Experience for a viewing of “JACOB’S CHOICE,” a dramatic tale of an Amish family’s effort to preserve their lifestyle and culture as told by the Fisher Family. Explore Kitchen Kettle Village for lunch on own with 42 shops and restaurants jammed full of Lancaster County’s simple pleasures. This afternoon we’ll take our reserved seats at Sight & Sound Theatre for their brand new show QUEEN ESTHER. Set in the opulent yet perilous Persian Empire, Queen Esther is a captivating tale of beauty and bravery. Esther’s ordinary life changed forever when she was taken through the palace doors, entering a new world of royalty and risk. With a crown on her head and a secret in her heart, can she find the courage to trust in God’s plan and believe that she was made for such a time as this? Experience one of the most riveting Bible stories of the Old Testament as it comes to life with magnificent sets, special effects and live animals. Dinner tonight at SHADY MAPLE SMORGASBORD before returning to Bethlehem.

Day 3: Time to relax and enjoy the Casino this morning before heading for home with memories of our Saint’s & Sinner’s tour.

Cost: $530 pp double / triple
$670 pp single based on 40-50
*Casino bonus subject to change at the discretion of the Casino

Includes: Deluxe motorcoach, 2 nights Wind Creek Casino,
Casino Bonus: $60 Slot, 2 - $20 Food Credits, 1 dinner,
sightseeing & admission as per itinerary, Friendship Tours Escort,
Driver & Tour Director Gratuity

...Continued on back
DEPARTURE: Columbia Senior Center, 188 Route 66, Columbia

DEPOSIT: $200 pp by April 27, 2020

FINAL PAYMENT: June 1, 2020

FOR RESERVATIONS:
Andover Senior Center contact Georgia O’Brien 860-741-9947
Beckish Senior Center contact Bernadette Derring 860-228-0759
Chapin Senior Center contact Roseanne 860-455-1327
Windham Senior Center contact Kate Cox 860-423-4524

MAKE CHECKS PAYABLE TO: Town of Columbia

CANCELLATION POLICY: If a passenger cancels from deposit to June 8, 2020 fee of $100 pp; June 9 to July 6, 2020 fee of $250 pp; no refunds if cancelled on July 7, 2020 or later unless a substitute is provided.

Trip Protection Coverage is strongly recommended. Aon Affinity administers the NTA Travel Protection plan designed specifically for members of the National Tour Association. The Pre-existing medical condition exclusion can be waived by purchasing the Enhanced Plan within 14 days of your deposit or initial payment. Purchase of the plan within this time period also provides eligibility for the Financial Insolvency benefit. Travelling companions / roommates are required to take the same plan (Basic or Enhanced) in order to be properly covered. Premium is non-refundable once paid. Three ways to enroll:
1. Website: https://nta.aontravelprotect.com Tour Operator Location #076068. You can also view plan details on this site.
2. Call Aon 1-800-388-1470. Tour Operator Location #076068. Customer service agents can also answer questions about each plan.
3. Call Friendship Tours / The Ship Shop 860-243-1630 or 800-243-1630

RESPONSIBILITY: Friendship Tours arranges the components of the tour and does not own or operate the Independent suppliers of services including motorcoaches. Trips cancelled because of weather conditions are handled on a per trip basis. Refunds will depend on timing of the cancellation and supplier policies. Tickets to shows / events are non-refundable. Friendship Tours reserves the right to adjust cost based on fuel surcharges.
Trips

ANDOVER SENIOR CENTER, BECKISH SENIOR CENTER, 
CHAPLIN SENIOR CENTER, WINDHAM SENIOR CENTER PRESENTS:

Virginia Beach, VA 
& The Outer Banks, NC

September 28-October 2, 2020  Mon-Fri

Oceanfront Rooms with Private Balconies

DAY 1: Head south via deluxe motorcoach for sunny Virginia Beach. If you’re looking for fun, Virginia Beach has all kinds - experience the great Atlantic Ocean, stroll the famous 3 mile boardwalk, wiggle your toes in 35 miles of soft sand. We’ll base ourselves for 4 nights on the beach at the OCEANFRONT INN - our rooms have PRIVATE BALCONIES FACING THE ATLANTIC OCEAN. A welcome dinner marks our arrival.

DAY 2: Begin our morning with a trip back in time when aircraft were spectacular and learn why our heroes never let us down. SWINGTIME IN THE SKIES takes you to the MILITARY AVIATION MUSEUM to see one of the largest collections of flying WWII Military Aircraft in the world. Hear stories and contributions made by the men and women of aviation to our country. MEET AND INTERACT WITH ROSIE THE RIVETER. Return to our hotel to enjoy an afternoon at leisure.

Dinner tonight at a local restaurant.

DAY 3: We’re off this morning for a FULL DAY TOUR to discover the unique maritime history, heritage, culture and tradition of NORTH CAROLINA’S OUTER BANKS with our native tour guide. Stop at BODIE ISLAND LIGHTHOUSE, which was built in 1872 to replace the original lighthouse destroyed in the Civil War. Visit the famous CAPE HATTERAS LIGHTHOUSE, the tallest masonry lighthouse in the United States and is listed on the National Register of Historic Places. Built in 1870, its black and white candy-striped tower is visible for several miles. Learn the marvelous history which includes its 1/2 mile move away from the sea back in 2000. See where, on a bitterly cold December morning in 1903, two brothers from Ohio changed the course of human events with the first heavier-than-air flight at the WRIGHT BROTHERS NATIONAL MEMORIAL.

Enjoy dinner in the Outer Banks before returning back to our hotel in Virginia Beach tonight.

DAY 4: Enjoy a leisurely day to stroll the boardwalk, relax by the pool, take a trolley ride, go souvenir shopping or visit the Aquarium. Farewell dinner tonight.

DAY 5: We depart after breakfast with memories of our Sun, Sand and Sea adventure in Virginia Beach and the Outer Banks of North Carolina.

COST: $750 pp double / triple
$900 pp single based on 40-50

INCLUDES: Deluxe motorcoach, 4 nights hotel, 4 breakfasts, 4 dinners, sightseeing & admissions as per itinerary, Friendship Tours Escort, Driver & Tour Director Gratuities

...Continued on back
TRIPS

DEPARTURE: Columbia Senior Center, 188 Route 66, Columbia

DEPOSIT: $300 pp by July 6, 2020

FINAL PAYMENT: August 10, 2020

FOR RESERVATIONS:
Andover Senior Center contact Georgia O’Brien 860-741-9947
Beckish Senior Center contact Bernadette Derring 860-228-0759
Chapin Senior Center contact Roseanne 860-455-1327
Windham Senior Center contact Kate Cox 860-423-4524

MAKE CHECKS PAYABLE TO: Town of Columbia

CANCELLATION POLICY: If a passenger cancels from deposit to August 17, 2020 fee of $150 pp; August 18 to September 14, 2020 fee of $400 pp; no refunds if cancelled on September 15, 2020 or later unless a substitute is provided.

Trip Protection Coverage is strongly recommended. Aon Affinity administers the NTA Travel Protection plan designed specifically for members of the National Tour Association. The Pre-existing medical condition exclusion can be waived by purchasing the Enhanced Plan within 14 days of your deposit or initial payment. Purchase of the plan within this time period also provides eligibility for the Financial Insolvency benefit. Traveling companions / roommates are required to take the same plan (Basic or Enhanced) in order to be properly covered. Premium is non-refundable once paid. Three ways to enroll:

1. Website: https://nta.aontravelprotect.com Tour Operator Location #076068. You can also view plan details on this site.
2. Call Aon 1-800-388-1470. Tour Operator Location #076068. Customer service agents can also answer questions about each plan.
3. Call Friendship Tours / The Ship Shop 860-243-1630 or 800-243-1630

RESPONSIBILITY: Friendship Tours arranges the components of the tours and does not own or operate the independent suppliers of services including motorcoaches. Trips cancelled because of weather conditions are handled on a per trip basis. Refunds will depend on timing of the cancellation and supplier policies. Tickets to theaters / events are non-refundable. Friendship Tours reserves the right to adjust cost based on fuel surcharges.
Beckish Senior Center Presents:
Escorted Steamboatin' River Cruise

Brand New Ship - American Countess
Oct 31-Nov 8, 2020    9 Days / 8 Nts

With four decks, including a Sun Deck, and 123 comfortable, inviting staterooms in four categories, this lovely paddlewheeler will become your home away from home on your 7 night itinerary. Cabins feature a sleek and modern design that will provide you with the perfect place to relax after enjoying an included shore excursion or an evening Broadway-caliber entertainment in The Theater onboard. As the award-winning culinary team takes full advantage of each region’s diverse bounty of fresh, local ingredients to fashion authentic dishes, the gracious staff charms guests with friendly, courteous attention in the Grand Dining Room.

Prior to your cruise, enjoy one night in Chattanooga, Tennessee that features your hotel, breakfast, and sightseeing tour, it’s a great way to start your adventure on the River!

Chattanooga to Memphis
One Nt in Chattanooga * Decatur, AL * Florence, AL * Savannah, TN * Paducah, KY * New Madrid, MO

- Roundtrip Transportation to Bradley Airport
- Roundtrip flights & all Transfers
- 1 Night in Chattanooga with Premium Sightseeing Tour & Breakfast
- 7 Nt Cruise on the Brand New Countess
- All meals onboard; Entertainment; Daily Activities
- Hop-on Hop-off Tour included in each port of call
- $50 per cabin onboard credit
- Professional Ship Shop Escort throughout trip

FRIENDSHIP TOURS
THE SHIP SHOP
705 Bloomfield Ave, Bloomfield, CT 06002
600-243-1630 • 800-243-1630

T112
TRIPS

Costs:
Cat E  Inside cabin  $3199.pp twin
Cat B  Outside cabin with Open Veranda  $5099.pp twin
Cat A  Outside cabin with Private Veranda  $5299.pp twin
Plus Taxes:  $179.pp (Includes Port and Government taxes)

FLIGHTS ARE INCLUDED IN ABOVE RATES AND HAVE BEEN APPROXIMATED FOR 2020 SAILINGS, THEREFORE COST IS SUBJECT TO CHANGE UNTIL AIR IS CONTRACTED FOR GROUP.

Deposit:  $800.pp due with reservation RECOMMENDED ASAP. Second deposit of $800.pp due by February 28, 2020. Space is subject to availability at time of deposit. Check with the Ship Shop at any time for current availability on this sailing.

Final Payment:  June 16, 2020

Cancellation Penalty:  If cancelled after deposit and before June 16, 2020 fee of $450.pp; Jun 17-July 2, 2020 fee of 50% of total fare; July 3-19, 2020 fee of 75% of total fare; No refunds after July 19, 2020. Air penalties are not included in above and are additional if applicable.

Trip Protection Coverage is strongly recommended. Aon Affinity administers the NTA Travel Protection plan designed specifically for members of the National Tour Association. The Pre-existing medical condition exclusion can be waived by purchasing the Enhanced Plan within 14 days of your deposit or initial payment. Purchase of the plan within this time period also provides eligibility for the Financial Insolvency benefit.

Traveling companions / roommates are required to take the same plan (Basic or Enhanced) in order to be properly covered. Premium is non-refundable once paid. Three ways to enroll:
  Website:  https://nta.aontravelprotection.com  Tour Operator Location #076068. You can view plan details on this site.
  Call Aon 1-800-388-1470.  Tour Operator Location #076068. Customer service agents can answer questions about each plan.
  Call Friendship Tours / The Ship Shop 860-243-1630 or 800-243-1630

Friendship Tours/The Ship Shop arranges components of the tours and does not own or operate the independent suppliers of services including motorcoaches. Trips modified or cancelled are at the discretion of the cruise line/supplier. Trip Protection Insurance is strongly recommended. Friendship Tours/The Ship Shop reserves the right to adjust the cost based on fuel surcharges. Cruise itineraries are subject to change by cruise line without notice.

Government Issued Photo I.D. is required for travel

FOR MORE INFORMATION CONTACT:  The Ship Shop  860-243-1630  800-243-1630

FRIENDSHIP TOURS
THE SHIP SHOP
705 Bloomfield Ave, Bloomfield, CT 06002
860-243-1630 • 800-243-1630
www.friendshiptours.net
Beckish Senior Center Presents:

This is Your Lucky Day!

NEW MGM Springfield Casino & Show at the Majestic Theater

Saturday, April 18, 2020

- Spend the morning at the new MGM Springfield Casino
  Time for lunch on own at the South End Market for Casual Dining.
  Try your luck on 2,550 slot machines, 120 gaming tables,
  a poker room, and more!

Everyone receives a $20 Free Bet and $10 Food Bonus!

- BONUS: Enjoy a 1:30p Performance at the Majestic Theatre,
  West Springfield
  Show: “9 to 5” with music & lyrics by Dolly Parton
  - Complete with a $3 coupon for snacks at the theater!

COST: $60.00 pp based on 40-52
Photo ID required at the Casino
Reservation: Beckish Senior Center
860-228-0759 X1

Depart: 8:00 am Beckish Senior Center
Est. Return: 5:15 pm Columbia
TRIPS

Beckish Senior Center, Andover Senior Center, Chaplin Senior Center, Windham Senior Center Presents:

DANCING DREAM
ABBA TRIBUTE BAND

Aqua Turf Club ~ Plantsville, CT ~ Thursday, May 14, 2020

This tribute act will take you back to the days when Swedish disco group ABBA ruled the music world with their great pop hits and memorable performances. Their music is still so popular and alive, and resonates with audiences of all ages! Come experience the glitter and glamour of the 70s! This band takes pride in being able to honor the original, fantastic performers of the Swedish music group, ABBA!

Greatest hits of ABBA: MAMMA MIA, Dancing Queen, Fernando, Waterloo, Knowing Me, Knowing You

COFFEE & DONUTS ON ARRIVAL

FAMILY STYLE MENU: Garden Salad, Pasta, Chicken Francaise & Salmon with Dill Sauce, Vegetable, Potato, Rolls, Dessert, Beverage

COST: $105 pp based on 40-52

Beckish Senior Center contact Bernadette Derring 860-228-0759
Andover Senior Center contact Georgia O’Brien 860-742-9947
Chaplin Senior Center contact Roxanne 860-455-1327
Windham Senior Center contact Kate Cox 860-423-4524

Departure: 10:00a Beckish Senior Center, 188 Route 66, Columbia

Estimated Return: 4:30p Columbia

Checks Payable to: Town of Columbia

Friendship Tours reserves the right to adjust cost based on fuel surcharges.
Beckish Senior Center presents:

The River Rose Cruise
Newburgh, NY

Lunch at The River Grill
An Authentic Paddleboat Experience

Thursday, June 18, 2020

The River Rose is an authentic New Orleans paddle wheeler that departs from Newburgh, NY & heads south offering a 2 hour narrated tour of historically significant sites such as Bannerman’s Island, Catskill water aqueduct, Storm King Mountain, Breakneck Mountain, Village of Cold Spring and West Point.

Prior to our cruise, lunch will be at The River Grill. Located in Newburgh’s Historic District on the Hudson River, the restaurant features delicious food and magnificent water views.

Menu: Garden Salad, Choice of: Penne Al a Vodka, Filet of Sole Stuffed with Crabmeat, Chicken Marsala, or Grilled Flank Steak, Potato, Warm Brownie Sundae, Soda or Coffee. Entrée Choice In Advance.

COST $115 pp based on 40-52

Departure: 8:00am, Columbia Senior Center, 188 Route 66, Columbia

Estimated Return: 7:30pm Columbia

Beckish Senior Center contact Bernadette Derring 860-228-0759
Andover Senior Center contact Georgia O’Brien 860-742-9947
Chaplin Senior Center contact Roxanne 860-455-1327
Windham Senior Center contact Kate Cox 860-423-4524

Make Checks Payable to: Town of Columbia

Friendship Tours arranges the components of the tour and does not own or operate the independent suppliers of services including motorcoaches. Trips cancelled because of weather conditions are handled on a per trip basis. Refunds will depend on timing of the cancellation and supplier policies. Tickets to theaters/events are non-refundable. Friendship Tours reserves the right to adjust cost based on fuel surcharges.
Beckish Senior Center, Andover Senior Center, Caplin Senior Center, Windham Senior Center Present:

**NEWPORT PLAYHOUSE & Cabaret Restaurant**

**July 19, 2020**
**Sunday**

The loons are back ON GOLDEN POND and so are Norman Thayer & his wife Esile, who have had a summer cottage there for years.

This summer their daughter Chelsea whom they haven’t seen in years, feels she must be there for Norman’s birthday. Enjoy this poignant story of lost relationships and hopeful reconnection.

**FEATURING A GREAT LOBSTERFEST MENU!**

Great buffet featuring Boiled Lobster (1 per person), Shrimp Cocktail, Clam Chowder, wide variety of Salads, Hot & Cold Entrees, Desserts, Beverage

This unique dinner theatre is a favorite for locals & visitors since 1983. ALL FOOD IS PREPARED ON THE PREMISES & ENJOYED IN THE MAIN DINING ROOM.

After dining, take your reserved seats in the theater.

After the Play, return to the dining room for the Cabaret Show.

**COST: $116.pp based on 40-52**

Reservations:
Beckish Senior Center contact Bernadette Derring 860-228-0759
Andover Senior Center contact Georgia O’Brien 860-742-9947
Chaplin Senior Center contact Roxanne 860-455-1327
Windham Senior Center contact Kate Cox 860-423-4524

Depart: 9:30am Beckish Senior Center, 188 Route 66, Columbia
Est. Return: 6:30pm Columbia
Checks Payable to Town of Columbia

Friendship Tours arranges the components of the tours and does not own or operate the independent suppliers of services including motorcoaches. Trips cancelled because of weather conditions are handled on a per trip basis. Refunds will depend on timing of the cancellation and supplier policies. Tickets to theater / events are non-refundable. Friendship Tours reserves the right to adjust cost based on fuel surcharges.
Beckish Senior Center, Andover Senior Center, Caplin Senior Center, Windham Senior Center Present:

The Lighthouses of Boston Harbor
Venezia Restaurant on the Waterfront
Tuesday, August 25, 2020

Relax aboard a 90 minute narrated historical cruise highlighting the history of the five Boston Lighthouses...
- Long Island Head Light
- Deer Island Light
- The Lovells Island Light
- Boston Light
- The Graves Light

Panoramic viewing on the Provincetown III, a sleek catamaran.

Prior to our cruise we’ll have lunch at The Venezia Restaurant, a waterfront location with breathtaking views of the Boston skyline.

Menu: Salad, Baked Haddock or Chicken Parmesan, Potato, Vegetable, Dessert & Coffee (Entrée choice in advance)

COST: $125 pp based on 40-52

Reservations:
Beckish Senior Center contact Bernadette Derrig 860-228-0759
Andover Senior Center contact Georgia O’Brien 860-742-9947
Chaplin Senior Center contact Roxanne 860-455-1327
Windham Senior Center contact Kate Cox 860-423-4524

Departure: 8:30a Beckish Senior Center, 188 Route 66, Columbia
Estimated Return: 6:30p Columbia

Friendship Tours reserves the right to adjust cost based on fuel surcharges.
**Trips**

**Norwich Tech Culinary Arts**

**Tuesday, March 24, 2020**
Depart Beckish at 10:15am

Lunch at 11am

Return approx. 1pm

Join us in a culinary experience
To a feast created by Chef Bentley

---

**2020 American Women's Basketball Championship**

**Monday, March 9, 2020**
Cost: $30.00 per person—includes ticket and a free ticket to the CTSUN home opener on Saturday, May 16, 2020.

Mohegan Sun is hosting the annual AAC Tournament games and we will be attending the final championship game. Please call Bernadette at 860-228-0759 to purchase your ticket.

Limited space, call today!
Make checks payable to, “Town of Columbia”
Tuesday, April 7, 2020

Pick up at your home between 8:30-9am
Shopping from 9:30am-12noon
Return to your home by 12:30pm
We will be making stops to Walmart, Dollar Tree, Stop n Shop & Aldi’s. Please call to make reservations, there is limited space.
Suggested Donation of $2.00pp

Tuesday, March 10, 2020

Pick up at your home between 9-9:30am
Shopping & lunch on your own from 10:30-1:30
Return to your home by 2:30pm
We will be going to the Crystal Mall & Christmas Tree Shop.
Please call to make reservations, there is limited space.
Suggested Donation of $3.00pp
**Trips**

**Play of the Month**

**DIVAS**

Sunday, April 4, 2020  
Depart at 6:45pm  
Show starts at 8pm—Return approx. 10pm  
We will pick up and drop off at your home if needed!

This show is at the Playhouse on the Park in West Hartford

**ELVIS My Way**

**AT THE GOODSPEED**

Sunday, March 15th  
Depart Beckish at 12:30pm  
Show at 2pm—return at 4:30pm  
Tickets are: $50.00pp  
Elvis My Way is performed at the Goodspeed Opera House in East Haddam. Space is limited please call to sign-up!
Senior Info

March Special Meal

Menu:
- Corned Beef & Cabbage
- Steamed Parsley Potatoes
- Sliced Carrots
- Dinner Roll & Margarine
- Irish Soda Bread
- Apple Juice
(All meals include 1% milk)

When? Wednesday March 18, 2020
Reservations required by noon on Thursday March 12, 2020. Please ask your site server about signing up to reserve your spot now!

Suggested Donation Amount $4.50
The Columbia Senior’s Organization would like to welcome you to come in and enjoy soup and sandwich and a fun talk with Joe Ouellette.

Joe Ouellette will present a program, “Ford and Edison's Excellent Camping Adventures.” Henry Ford didn’t just revolutionize the automobile industry; he also revolutionized camping trips! Calling themselves “The Vagabonds,” Ford and his pal Thomas Edison took a luxurious camping trip almost every year from 1914 to 1924, showing the world how much fun it could be to pack up the car and head into the great outdoors.
Senior Info

No Cost Diabetic Shoes

Medicare Therapeutic Shoe Bill
Presenter: Deborah Hippler, C-Ped

**Thursday, March 12, 2020**
**10:30am—11:30am**

Deborah will be explaining the Medicare’s Therapeutic Shoe Bill and talking about diabetic foot care and its importance. She will have plenty of discussion time and a fun raffle. **Come on in it and enjoy light snacks and refreshments!**

Chili Cook-off

**Thursday, April 16th**
**12 noon**
**Cost: $5.00 for non chili makers**

The Columbia Senior's Organization will be hosting their annual chili cook off and would like to find the best chili in Columbia! Please stop in and sign-up today!
Senior Info

Presidential Primary

The Presidential Primary is a Primary to determine which candidates will appear on the Presidential ballot in November. The Republican and Democratic Primary will be held on April 28th, 2020 at HORACE W. PORTER SCHOOL. Primaries in CT are “Closed Primaries”, meaning that only voters registered in the party which is holding the Primary may vote. So only registered Republicans can vote for Republican candidates, and only registered Democrats can vote for Democratic candidates. If you are not currently registered to vote, or not currently affiliated with a political party (registered as Unaffiliated), you can enroll in a party until noon on April 27th, 2020 and still be eligible to vote in the Presidential Primary.

Did you know?

- There is a difference between Independent and Unaffiliated. The Independent Party is a recognized minor party in the state of Connecticut. Whereas, Unaffiliated means you are not registered in any party.

Please check our Registrar of Voters page on the town website or contact our office for more information.

Registrars of Voters
Karen Butzgy – Democratic
Katherine Morrison – Republican
(860) 228-6843 x113
registrar@columbiact.org

YOUR VOTE COUNTS
AHM Task Program

Do you need help with chores around your home?

A new program in Columbia is pairing senior citizens with teens from the community. The teens can help with yard work, light housework, reading, or computer assistance. The program is funded through State Department of Education YSB grant, which means that the teens will work for seniors at NO COST to the senior citizens. Income eligible seniors only. Contact Bernadette at the senior center for an application or contact Katheryn Graham at AHM Youth & Family Services at 860-228-9488 for an
# Book Worms

## Beckish Book Worms 2019-2020

Beckish Center, Columbia, Connecticut  
4th Thursday of the Month – 1:00 PM

<table>
<thead>
<tr>
<th>Meeting Dates</th>
<th>Book Cover</th>
<th>Book Selection</th>
</tr>
</thead>
</table>
| September 26    |            | The Moor’s Account  
Laila Lalami  
Betsy Stockmal Leader |
| October 24      |            | WHERE THE CRAWDADS SING  
Delia Owens  
Su Epstein Leader |
| November 21 **3rd Thursday** |            | White Chrysanthemum  
Mary Lynn Bracht  
Paula Cahalan Leader |
| December        |            | No meeting - Happy Holidays!                       |
| January 23      |            | My Korean Deli: Risking It All for a Convenience Store  
Ben Ryder Howe  
Jan Benda Leader |
| February 27     |            | America’s First Daughter: A Novel  
Stephanie Dray and Laura Kamoie  
Meredith Petersons Leader |
| March 26        |            | First Conspiracy: The Secret Plot to Kill George Washington  
Brad Meltzer and Josh Mensch  
John Allen Leader |
| April 23        |            | Lilac Girls: A Novel  
Martha Hail Kelly  
JoAnn Malchiodi Leader |
| May 28          |            | The Husband’s Secret  
Liane Moriarty  
Judy Yezina Leader  
*Please also come with suggestions for next year’s selections!* |
How to Contact Us

If you would like more information regarding our programs and services or would like to make a donation to the TASKS Program, you can reach us at:

AHM Youth & Family Services, Inc.
25 Pendleton Drive
Hebron, CT 06248
(860) 228-9488
www.ahmyouth.org

Follow us on Facebook @ahmyouth

The AHM TASKS Program

Teens Assisting Seniors with Kindness and Support

In Partnership with
AHM Youth & Family Services, Inc.
and Columbia Senior Services
Welcome!

Welcome to the AHM TASKS Work Program! This program is a partnership with local teens and senior citizens & administered by AHM Youth and Family Services, Inc.

The TASKS Program pairs local senior citizens with teens from the community. The Director of Senior Services in Columbia will determine if you are eligible for the program and connect you with Kate Graham, who is the coordinator for the TASKS program from AHM Youth & Family Services. Teens and senior citizens are paired based on the needs of the seniors and the types of jobs the teens like to do. This program is available to Columbia citizens who are 15-17 or over 60.

If you have questions or feedback about the TASKS program, contact Kate Graham at (860) 228-9488, or kateg@ahmyouth.org.

Need a Helping Hand?

Do you have a chore or task that needs attention? Call us to be paired with just the right teen to get the job done!

**Assistance includes:**
- Yard Work
- Light House Work
- Reading
- Computer Assistance

At NO expense to you!

If you are interested in registering for the TASKS program or if you have any questions or concerns, please contact Bernadette Derring, the Columbia Senior Services Director, at (860) 228-0759 or bderring@columbiact.org.
E V E N T S & M O R E

Local Artist

The Beckish Senior Center has been a place to display some of our resident artists. Recently Bob Oxenhorn, Kim Kordonowy, and Janice Knight have displayed their paintings and starting March 15 artist, Katherine Mann, will show her work here. Kathy has lived in Columbia with her husband for almost 50 years. After growing up in Waterford, CT, she earned a BA in English from the University of Connecticut where she met her husband, Bob. They purchased their home on Cherry Valley Road shortly after they were married, and it is there that she now has her home studio. Kathy was a language arts and reading specialist until her retirement, and just began to paint about 15 years ago. Bob supports her by scouting out subjects for her to paint, and he loves to photograph old barns and landscapes for her. Kathy has received significant recognition and awards from the Lyme Art Association (where she is now an Associate Artist), the Mystic Art Association, and the West Hartford Art League. More locally, Kathy’s work was “Best in Show” in 2014 in Mansfield, and she was a recent first-place winner in our own annual Rose Marrotte Art Show at the Beckish Center.

It is always interesting to understand how an artist becomes inspired to take up painting. Kathy recalls an early attraction to art, but it was not until she was retired that she found the time to pursue it, which she believes requires serious focus. Talking to Kathy, I was struck by the influence of her elementary school on her life choices. She has a vivid memory of painting in first grade. Students who finished their work were allowed to paint freely in a cloakroom hallway where easels were set up and outfitted with paint, brushes, and paper. She fondly recalls murals throughout the school which supported learning in other curriculum areas. The power of integrating art into her early education made all the difference for Kathy, and likely planted the seed for her second career as an artist. She had little formal training in art in college, but now she reads avidly about art and artists, and studies the work of old masters and the recent work of many regional artists who show and teach in the New England.

I asked Kathy what she found most challenging or difficult about painting. Her answer was surprising. “Everything!”, she replied. She elaborated that there are so many places a good painting can go “off the rails”, and recounted that Cezanne, the famous French Impressionist, smashed many of his paintings out of frustration. She added that a good painting needs proper attention to many elements: composition, texture, craftsmanship, color, edgework, and “value”. Value is simply a measure of how light or how dark something is, but proper value in a painting she believes is the key element to a most successful painting. Studying Japanese woodcuts also really helped her understand the elements of design that are so essential to any piece of art.

Two famous artists Kathy admires are Joaquin Serolla and Frans Mortelmans, artists I knew little about. Serolla was a 19C Spanish Impressionist whose land and seascapes simply glow, giving him the moniker of the Spanish “Master of Light”. Serolla’s work, like Kathy’s, uses sharp value contrasts which enlivens both of their paintings. Frans Mortelmans was a Belgian who in the early 20th century was most appreciated for his luminous painted flowers in a style that marries impressionism and realism. After viewing Kathy’s floral still-lifes, it is easy to see that she emulates his style and love of flowers.

Kathy’s hard work and dedicated study of art have been shaped and enhanced by many local art teachers. Her talent and exceptional focus have jettisoned her to be a well-recognized and accomplished artist in a very short period of time. Be sure to visit Kathy’s work at the Beckish Senior Center between March 15-April 15.
SAVE THE DATE!

COME JOIN US FOR

Horace W. Porter School’s

"Afternoon of the Arts"

Thursday, March 12th

4:00-7:00 pm

We invite you to come celebrate H.W. Porter School’s Related Arts programs for Grades Pre-K - 8 for an afternoon of fun!

HIGHLIGHTS INCLUDE:

- Visual Art Show (2-D & 3-D Art)
- Glow-in-the-dark Art Gallery (Donorschoose.org grant)
- New Books Galore-Come Explore!
- Art Show Scavenger Hunt in Spanish
- NJAHS Free Face Painting
- PTO “Souper Bowl” Soup Contest
- Drama acts from Frozen Jr.
- Traveling Minstrel 4th Grade Flutists!
- Jazz Band Performance!
- Sewing Arts Demonstrations
- Dodge Ball Tournament for Grades 5-8

Parents can take home the 3-D artwork ONLY at the end of the evening!

DETAILS ON BACK OF THIS FLYER!
"An Afternoon of the Arts"

Related Arts Team Event
March 12, 2020
4-7PM

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<tr>
<th>Time</th>
<th>Related Arts Content Area</th>
<th>Location in School</th>
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<tbody>
<tr>
<td>4-7 PM</td>
<td>Visual Art Show</td>
<td>Atrium, Cafetorium, halls, art room, Library Conference Room</td>
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<tr>
<td>4-7 PM</td>
<td>&quot;New Books Galore--Come Explore!&quot; View our new book collection and take out some books!</td>
<td>Library</td>
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<tr>
<td>4-7 PM</td>
<td>Art Show Scavenger Hunt in Spanish (extra credit participation) parents invited!</td>
<td>Art Show</td>
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<tr>
<td>4-7 PM</td>
<td>NJAHS free face painting</td>
<td>Cafetorium</td>
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<td>6-8 PM</td>
<td>PTO-&quot;Souper Bowl&quot; Soup Contest</td>
<td>Cafetorium</td>
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<td>4:45-5:15</td>
<td>Drama Acts from &quot;Frozen Jr.&quot;</td>
<td>Library Atrium</td>
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<td>4:15-4:30</td>
<td>Traveling Minstrel 4th grade flutists (Kathy Francs' band)</td>
<td>Library Atrium</td>
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<td>4:30-4:45</td>
<td>Jazz Band</td>
<td>Library Atrium (Cafe)</td>
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<td>4:45-5:15</td>
<td>Sewing Arts Demonstrations with Mrs. Jardim and students</td>
<td>Art Rm 500</td>
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<tr>
<td>5:15-6</td>
<td>American Heart Association Dodgeball Tournament Grades 5-6</td>
<td>Gym</td>
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<tr>
<td>6-6:45</td>
<td>American Heart Association Dodgeball Tournament Grades 7-8</td>
<td>Gym</td>
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Movies for March
Bring a Friend!

Thursday, March 5th
The Art of Racing in the Rain

Thursday, March 26th
The Bear

Movies start at 1pm
Popcorn and refreshments will be provided!
Note From the Director & Patty Flubacher

A few changes are going to be made to our current exercise schedule. **Starting January 2020, Silversneakers pre-registration will be required.** Minimum of 10 participants required to start the class. At any time during the year, should the #'s drop below 8 participants, the instructor reserves the right to cancel these classes. Lets keep these classes going, bring a friend, family member, or neighbor.

**Zumba Gold Monday 9:30-10:30am**

**Silversneakers Tuesday 1:15-2 pm**

**Silversneakers 11:45-12:30 pm at Yeoman hall.**

I hope everyone has enjoyed the Holiday Season and is ready to get in shape and shed those few extra holiday pounds! If you have any question please feel free to call Bernadette at 860-228-0759 or Patty at 860-617-8897.

**Special note: Please visit WFSB Channel 3 for Beckish Senior Center storm closings and delays. Also, make sure Patty has your email so she can let you know if class is canceled due to inclement weather.**
Events

Silver Sneakers Activity for Health Zumba Gold Is Here!!!!

WHERE: Beckish Senior Center
DATE: 
EVERY MONDAY 9:30—10:30
EVERY FRIDAY 8:45am—9:30am
(please arrive early to register)

FEE: FREE CLASS with Qualifying Medical Insurance!!
(10) CLASSES $30  $5 WALK IN
Check eligibility with:
Patty Flubacher 860-617-8897 or at www.silversneakers.com

Bring a Friend!!
LET’S DANCE DANCE DANCE

NOTE: Please wear appropriate sneakers for class. Sandals, flip flops and slippers are not permitted for class. Pre-registration is required.
Please call Patty at (860) 617-8897
Thank you!
The new Silversneakers FLEX program brings fitness to your favorite places for FREE! Patricia Flubacher is a licensed FLEX instructor with 25 years of experience in community fitness. Come out and play in these new classes offered in your area.

NEW TIMES ON FRIDAYS
Classes are held at the Beckish Senior Center on Tuesdays and Yeomans Hall on Fridays.

Tuesdays @ Beckish : 1:15 — 2pm
Fridays @ Yeomans Hall: 11:45am — 12:30pm

Patty Flubacher—860-617-8897
pflubacher@yahoo.com
FACEBOOK: Fitness with Patty

NOTE: Please wear appropriate sneakers for class. Sandals, flip flops and slippers are not permitted. Pre-registration is required. Please call Patty at (860) 617-8897
Thank you!
E V E N T S

THIS IS THE PLACE TO HELP YOU GET HEALTHIER AND LEARN HOW!

Beckish Senior Center
188 Route 66
Columbia, Ct

Tue 9:30am weight 10:00am Meeting

Only $32 Annually—Chapter Dues $3.00 Weekly, 1st Meeting FREE

ALICE DESAUTELS 860-228-9229 OR CHERYL LACOSSE 203-215-6160
Anyone can attend the talks! Please join us and bring a friend or neighbor!

Healthy Brain Series

Presented by Adrianne DeVivo, CDP, Dementia Specialist with the Hartford Healthcare Center for Healthy Aging, this four-part series will offer tips to keep your brain sharp and activities to challenge the mind, all while having fun. Participants are encouraged to attend all sessions.

Join us for this **free** four-week series:

**February 3**rd - **March 3**rd 12:15pm – 1pm
(no meeting Feb 17**th**, March 10 snow date)

- **February 3**: Intro – Eat Brain Foods & Stay Hydrate
- **February 10**: Challenge Your Mind Daily
- **February 24**: Count Sheep – Be Creative and Have Fun
- **March 3**: Coping with Changes and remaining positive

---

RSVP to Beckish Senior Center 860-228-0759
Chair Yoga & Pilates

Thursday Mornings at 9am
Cost: $20.00 a month or $7.00 walk in

Join Tina on Thursday mornings at 9am with some mindful Chair Yoga and Pilates. This class will help with balance, strength and relieve tension. Yoga is an excellent way for older adults to loosen and stretch painful muscles, reduce stress, and improve circulation. It also reduces anxiety, helps lower blood pressure, protects joints, and builds strength and balance.

Yoga Class

Join Tina Catanzaro as she takes you through a journey of self-exploration in a 1 hour all levels yoga class that will challenge your body, mind and spirit. Please bring a yoga mat, blanket, pillow, and water bottle.

Monday's 1:30-2:30pm
$5 per class by month Or $7 walk-in fee

Here is a little bit about Tina:
Tina Catanzaro has been a recognized fitness instructor in the community for 26 years. Teaching many different modalities of classes and populations, her warm personality and positive energy makes her students feel motivated and welcome.
E V E N T S & M O R E

FREE TAX PREP

FILING OF IRS TAXES
THURSDAYS

March 5th and March 19th

9am—1pm

1 Hour appointments only—Please sign-up and leave your telephone number
When you sign-up please take a form and have it filled out prior to your appointment to make sure the day runs smoothly and on time.
AARP
“Smart Driver Class”

Wednesday March 18th & May 20th
from 9am to 1pm

Please sign up if you are interested in taking the class. Cost is $15.00 per AARP member and $20.00 Non AARP Member. Payment is due at the time of class.

Lynn
Hair Cuts

$10.00 Hair Cuts

Lynn will be at the Beckish Senior Center every 5 weeks.

Monday, March 2, 2020
Monday, April 6, 2020

First appointment is at 8:30am and every 15 minutes after. Please call or come in to sign up for your hair cut today.
Events

Tami’s Reflexology & Therapeutic Massage

Thursday, March 5, 2020

Thursday, March 19, 2020

8am to 4pm

Call for an appointment (860) 228-0759
Questions and concerns please call Tami at (949) 293-2977

$22.00 for 25 minute Reflexology or Massage
$44 for 50 minutes Reflexology or Massage

Tami is a LMT (Licensed Massage Therapist) who also practices Relaxation Reflexology. Reflexology is a deeply relaxing therapy of the foot and lower leg done by gentle manipulation. Reflexology increases circulation, lymph flow, joint mobility and balance.

Maureen Allen Recipe

Chicken and Dressing Casserole

Cook by steam one large stewing chicken. (I steam 2 pound boneless/skinless chicken breast.)

Sauté: ¼ cup chopped celery

½ cup diced onion cut small

2 tablespoons chopped parsley

½ cup butter

2 cans cream of chicken soup

Add 1 teaspoon poultry dressing to

6 cups day old bread, broken into small pieces. Add sautéed vegetables to bread mixture, toss with fork.

Add ¼ teaspoon salt, 1 teaspoon poultry dressing and parsley. Sprinkle in 3 tablespoons cream of chicken soup. Toss lightly. Turn into greased casserole and cover with half the soup and all the steamed cubed chicken.

Spread remaining cream of chicken soup over chicken. Bake at 350 degrees for 20 – 25 minutes.
With Camille Lord
Variety of music and tons of FUN!

WHERE:
BECKISH SENIOR CENTER
188 ROUTE 66 COLUMBIA

WHEN: April 14th 2020
EVERY TUESDAY NIGHT AT 7 PM
COST: $5.00 PER CLASS

Line dancing will resume on April 21, 2020

THE CLASS IS OPEN TO **EVERYONE** COME JOIN IN THE FUN! CLASSES RANGE FROM BEGINNER AND UP… DON’T BE SHY, AND COME CHECK IT OUT!

PLEASE CALL BERNADETTE AT (860) 228-0759 FOR MORE INFO
The Beckish Senior Center is looking to re-start the walking group on: **Wednesday’s morning at 8:00 AM.**

The group will meet at the Beckish Senior Center and carpool to Lebanon Green. We will go **ONLY if the weather is 40° or higher.** Otherwise, we will use the Beckish Senior Center’s fitness room where there is an elliptical, treadmill and other exercise equipment. The exercise room is also equipped with a TV with videos and music.

**Some fun facts to know**

Did you know that walking helps to keep your weight steady. Also it lowers your risk of heart disease, stroke, colon cancer and diabetes. In addition it strengthens your bones, and prevents osteoporosis and osteoarthritis, and helps reduce blood pressure in some people with hypertension. Plus you get the chance of socializing with your neighbors along with the opportunity of meeting new people.

**Any Questions please call Bob Fowler at: 860-614-8585**
Town Recreation Dept Info

Exercise Programs

ZUMBA AT YEOMANS HALL
Mondays & Wednesdays at 7pm
$6 walk-in
10-punch pass for $50.00 or 20-punch pass for $90.00

FIT-FUSION AT YEOMANS HALL
During summer months of August & September class will be held at Beckish Senior Center
Mondays & Wednesdays at 4:30pm
$6 walk-in
10 punch pass for $50.00

YOGA AT YEOMANS HALL
Thursdays from 7-8:00pm
$5 walk-in or pre-pay for all 8 classes
Pay at door or purchase online or at Recreation Department

Town of Columbia Recreation Department
Director: Mark Volza
Hours: Mon– Wed 8am–4pm
Thursdays—8am—7pm
Fridays—Closed
Mailing Address and location:
Town of Columbia
Recreation Department
323 Jonathan Trumbull Highway
Columbia, CT. 06237
COLUMBIA LIONS

Join Us
We Serve Our Community

We Serve

The Columbia Lions Club meets on the 2nd and 4th Mondays, 6:30PM at the Columbia Senior Center.

Lions serve. It’s that simple, and it has been since Lions first began in 1917. Our club is a place where individuals join together to give their valuable time and effort to improving our community and the world.

It is also a great way to develop personal friendships and gain valuable leadership skills.

We Serve
Our Good Reaches Our Community And Spans The Globe

Interested in learning about your local Columbia Lions Club? Thinking about joining this world wide organization of volunteers that serve their communities?

If you are interested in membership, contact a Lion or the Columbia Lions Membership Chairperson, Arlene Snyder at snyderam@comcast.net or at 860-989-0985.
Suggested Donations for Round Trips:

Trips to the Beckish Senior Center are Free.

$2.00 within the town of Andover, Bolton, Coventry, Hebron, Lebanon, Mansfield, Marlborough, Willimantic, Colchester, and Windham.

$5.00 within the towns of Glastonbury, Manchester, Norwich and Vernon, Lisbon, North East Area.

$10.00 for UConn Medical Center, Farmington, Hartford Hospitals and VA Hospital Newington, Bloomfield, Avon and East Hartford.

$3.00 pp group outings sponsored by the Beckish Senior Center and CSO, Columbia Senior Organization.

Trip information is updated monthly in the GEM Newsletter available at the Beckish Senior Center, Town Hall, Saxton B. Little Library, and many local businesses. The Newsletter can also be found on the Town Website along with other general information at www.columbiact.org.

Suggestions are always welcome; they should be addressed to the Senior Center Director, Bernadette Derring at 860-228-0759 or 188 Route 66 Columbia CT 06237.
Columbia Transportation

Schedule & Info

The New Senior Transportation Program Schedule 2020:

Mondays – Friday 8:00am to 3pm

Mon—Wed—Fri—Medical and Lunch rides all day
Tuesdays & Thursdays -All day shopping/errands/banking

4th Thursday of every month is reserved for Social Wellness Trips sponsored by The Beckish Senior Center/CSO, inc.

Transportation is provided for doctor appointments, shopping, banking, and lunch and social/wellness trips. All riders must be ready fifteen (15) minutes prior to pickup time. Out of town appointments should be made as morning appointments since the vehicle needs to be made available for local appointments as well. The vehicle ends transporting at 3:00pm. Please call Margaret Verizzi, the Dispatcher/Program Assistant at 860-228-0759, and press option 2 to schedule your ride. Please be patient as we are all new to this program, the schedule will find its rhythm as we move along!

In case of inclement weather, the vehicle will not enter your driveway unless it is clear from snow/ice. Unless you are able to come up to the main road your trip may be cancelled. If the Beckish Senior Center is closed due to weather the van will not run. Closings will be posted on WFSB channel 3. In case of delayed opening or early closing please contact the van dispatcher to confirm van use by calling 860-228-0759.
From the desk of Margaret Verizzi-Dispatcher,

I am pleased to announce that Pat Morris has accepted the position of part-time van driver. Pat has numerous years of driving experience and will be driving for the Columbia Senior Center on Mondays and Fridays. Welcome Pat!

Also, I am pleased to announce that Lisa McDonald has accepted the position of part-time dispatcher. Lisa is well known for her work in the Tax and Assessor’s Office. Lisa will assist you with scheduling your rides on Wednesday and Friday. Welcome Lisa!

Columbia’s Transportation Program Schedule

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<th>Wednesday</th>
<th>Thursday</th>
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<tbody>
<tr>
<td>Medical Rides</td>
<td>Social/Wellness</td>
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<td>8am – 11:30am</td>
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<td>8am – 11:30am</td>
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<td>Grocery Shopping &amp; Banking</td>
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<td>Walmart, Aldi’s, Stop &amp; Shop</td>
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Please be reminded that any articles for THE GEM must be to Bernadette no later than the 15th of each month to insure their inclusion in the following month’s newsletter. Thank you for your cooperation.

Columbia Seniors Organization, Inc.
President - Sheran Smith
Vice-President - Pat Lanza
Secretary - John Allen
Treasurer - Margaret Schatz
Member at Large: Yvon Desautels

All seniors are invited to attend our meetings. Please see calendar for date/times

The Beckish Senior Center will be closed on Friday, April 10th for Good Friday!

PLEASE NOTE: When donations are made and intended for the organization, the checks must be made out to: COLUMBIA SENIORS ORGANIZATION, INC. or CSO, INC. The Town Administrator has been authorized by the Board of Selectman to contact donors and ask their intent for the donation if the check is made out otherwise. Thank you.

Just a reminder: A Social Services agent, is here as a representative of the ACCESS Agency every Tuesday from 8:30 AM to 3:00 PM. They can direct you to programs that are available throughout the community and in the Town of

WASH YOUR HANDS
Columbia Seniors Organization

CSO Board Members

President: Sheran Smith
Vice President: Pat Lanza
Treasurer: Margaret Schatz
Secretary: John Allen
Member at Large: Yvon Desautels
Finance/Budget: Pat Lanza
Membership—Vacant
Gifts/Memorial—Sheran Smith
Publicity—Vacant
Way & Means—Pat Lanza/Sheran Smith
Program Committee—Maureen Allen

Committees & Chairmen

Get up & Go—Margaret Schatz/John Allen/Henriette Sardi
Women's Club—Gert Naumec
Bridge Group—Noreen Steele/John Allen
Duplicate Bridge—Noreen Steele/John Allen/George Waller
Quilting—Kathleen King/Alice Desautels
Book Club—Su Epstein
Pool Group—Yvon Desautels
Set Back—Beverly Taft
Wood Carving—Art Austin
Movie—Maureen Allen
Art Committee—John Allen/Margaret Schatz/Henriette Sardi/Janice Knight/Andrea Stannard/Kathy Tolsdorf
... AND MUCH MORE

Dr. Morgan the

Colchester Foot Specialist

Thursday, April 23, 2020
1- 2:30pm

Podiatry

Please call to set up an appointment or stop in. If you have any questions please call Bernadette at 860-228-0759