

TOWN OF COLUMBIA
Meeting Minutes
Youth Services Committee
Wednesday, January 9, 2019 – 5:30 p.m.
Adella G. Urban Administrative Offices Conference Room

Attendance: Carol Wiggins, Maureen Allen, Greg DeCarli, Dan Leavitt, Bill O'Brien, Alyssa Gwinnell, Melissa Petrone, Denise Morrell, Marc Volza

Absent: Rebecca Allen

Audience: Cheri Rivard-Lentz

1. CALL TO ORDER

The Meeting was called to order at 5:30.

2. Motion to add to the agenda: Hebron got talent and AHM community mental health fun

- a. Seconded by Denise Morrell
- b. approved unanimously

3. APPROVAL OF MINUTES OF NOVEMBER 14, 2018 MEETING

The Approval of the minutes for the 11/14/2018 were approved unanimously without revision.

4. AUDIENCE OF CITIZENS

5. CORRESPONDENCE

6. OLD BUSINESS

- a. None

7. NEW BUSINESS

Free training on an opioid screening tool through the Southeast Regional Action Council (SERAC)

SBIRT: Expert training which is a screening tool for adolescents to see if they are at risk. There is a 3-hour training. They will come out free of charge to give training. It is a PowerPoint training specific for adolescent girls, alcohol, prescription drugs, marijuana. Appropriate for clinicians and guidance counselors. Perhaps this is good for professional development at the schools.

Update from Andover Hebron Marlborough Youth and Family Services (AHM)

Denise described the purpose of the mental health application. She described that it can be used for both mental health treatment but also for creative purposes for things such as dance or

horse back lessons. Word of mouth is the major advertisement. Alyssa asked Cheri to come up with an email to send to staff at Porter and the high schools.

Hebron's got Talent. Fun event and is a fundraiser for the applications. Comedy show and fundraising goes to RHAM high school project graduation. Power of Words program is coming up and HS kids run the day for MS kids. It is about being kind and preventing mean and unkind behavior.

Update from Resident Trooper

No information at this time

Update from Horace W. Porter School

Porter Pride is January 18th

"No One Eats Alone" day on February 15th in order to end social isolation

Update from Columbia Parks and Recreation

Middle of basketball season

After school program at Porter is going well

Life Guard applications have just opened so anyone who is 15 or older. They need to have their initial certification before the season starts. The information is on the town website under employment.

8. COMMITTEE MEMBER COMMENTS

Additional discussion of SBIRT and appropriateness of

9. ADJOURNMENT

The motion to adjourn was made by Denise Morrell and seconded by Marc Volza at 6:17pm and approved unanimously.